

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 11-11 50 Free</b>							
1	29.50	L	F	Shalea Hamilton	11	BEST NMA	09/02/2024 Infinity Gala 2024
2	30.53	L	F	Jessica Jansen van Vuuren	11	SEAL UMD	21/03/2024 SA Level 3 Regional Age Group
3	30.69	L	F	Aqeelah Williams	11	WCA CPT	19/04/2024 SA Schools Swimming Championship
4	31.33	L	F	Shiloh Cruywagen	11	SEAL UMD	21/03/2024 SA Level 3 Regional Age Group
5	31.50	L	F	Carinke Wessels	11	BLOT MAN	21/03/2024 SA Level 3 Regional Age Group
6	31.54	L	F	Barcelona Xaba	11	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
7	31.61	L	F	Lumka Zamisa	11	MP EZD	19/04/2024 SA Schools Swimming Championship
8	31.68	L	F	Alize Engelbrecht	11	CSA EZD	20/03/2024 SA Level 3 Regional Age Group
9	31.72	L	F	Riley Haupt	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group
10	31.89	L	P	Arya De Sousa	11	TRAZ TSH	20/03/2024 SA Level 3 Regional Age Group
11	32.26	L	P	Christie Snyders	11	VALS FDD	21/03/2024 SA Level 3 Regional Age Group
12	32.36	L	P	Alexis Visser	11	MAKO EKU	20/03/2024 SA Level 3 Regional Age Group
13	32.39	L	F	Victoria Meyburgh	11	CA EKU	26/01/2024 EGA Last Chance 2024
14	32.60	L	P	Chisi Magubbwi	11	MDOL JHB	30/11/2023 CGA Championships 2023
15	32.64	L	F	Sisanda Palframan	11	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
16	32.82	L	P	Johané Burger	11	ROA EDD	21/03/2024 SA Level 3 Regional Age Group
17	32.84	L	F	Evie du Plessis	11	BLOT MAN	21/03/2024 SA Level 3 Regional Age Group
18	32.92	L	F	Megan Palmer	11	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
19	32.99	L	P	Mackenzie Raffle	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group
20	33.01	L	F	Erin Neumann	11	GSA CPT	24/06/2023 PEA Winter Gala 2023
21	33.07	L	P	Noa Sebastiao	11	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
22	33.14	L	F	Nicoline Du Preez	11	LSM EZD	23/02/2024 NW School Championships 2024
23	33.29	L	P	Wilhelmina Erasmus	11	LP CCD	19/04/2024 SA Schools Swimming Championship
24	33.40	L	P	Milani Butau	11	BEST NMA	09/02/2024 Infinity Gala 2024
25	33.43	L	P	Katryn Landsberg	11	INFA NMA	09/02/2024 Infinity Gala 2024
26	33.46	L	P	Ava Bosch	11	BAS EKU	15/03/2024 SA National Junior Age Group
27	33.56	L	P	Oyama Baqwa	11	SGUL ETH	21/03/2024 SA Level 3 Regional Age Group
28	33.59	L	P	Emma Van Deventer	11	KZNA ETH	19/04/2024 SA Schools Swimming Championship
29*	33.61	L	P	Anke Carstens	11	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
29*	33.61	L	F	Megan Jacobs	11	WSTV ETH	24/11/2023 Westville-Seals LC Championships
31	33.63	L	P	Ruvarashe Chibharo	11	TYGE CPT	21/03/2024 SA Level 3 Regional Age Group
32	33.67	L	P	Laila Christie	11	USC BUF	09/02/2024 Infinity Gala 2024
33	33.69	L	P	Nabeeha Raja	11	SPS BUF	19/04/2024 SA Schools Swimming Championship
34	33.78	L	F	Zethembiso Mbambo	11	PSCP UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
35	33.80	L	P	Xinyue Huang	11	NSFED	21/03/2024 SA Level 3 Regional Age Group
36	33.85	L	P	Mikaela Lotz	11	PAC TSH	20/03/2024 SA Level 3 Regional Age Group
37	33.94	L	P	Georgia Sabbagha	11	PAQU CED	21/03/2024 SA Level 3 Regional Age Group
38	34.00	L S	F	Anna Horn	11	XCEL CPT	24/11/2023 CTA A & B CHAMPS 2023
39	34.24	L	P	Mienke Kok	11	INFA NMA	09/02/2024 Infinity Gala 2024
40*	34.26	L	F	Olivia Meyburgh	11	CA EKU	28/10/2023 EGA Summer 2 2023
40*	34.26	L	F	Jua Jonker	11	UNAT	23/02/2024 NW School Championships 2024
42	34.38	L	P	Chloe Rautenbach	11	UNI EZD	20/03/2024 SA Level 3 Regional Age Group
43	34.40	L S	F	Anja Boshoff	11	TYGE CPT	05/10/2023 42nd Freda Barnard Invitational Gala
44	34.46	L	F	Jasmine Woodburn	11	MDOL JHB	12/01/2024 2024 Grand Prix Invitation Swimming
45	34.49	L	P	Lara Ainslie	11	LINR JHB	24/03/2024 SA Level 2 Regional Age Group Champs
46	34.55	L	F	Kate Chesire	11	MDOL JHB	24/03/2024 SA Level 2 Regional Age Group Champs
47	34.65	L	F	Abigail Paice	11	SOUL EKU	24/03/2024 SA Level 2 Regional Age Group Champs
48	34.74	L	F	Ava Ziegelmann	11	SEAL UMD	24/11/2023 Westville-Seals LC Championships
49	34.75	L	F	Inge Du Plessis	11	LSTZN CCD	27/01/2024 Limpopo School Champs
50	34.77	L	P	Phillipa Williams	11	SOUL EKU	20/03/2024 SA Level 3 Regional Age Group
51	34.78	L S	P	Amelie Billson	11	CASC CPT	14/12/2023 Western Cape LC-A Championship 2023
52	34.81	L	F	Uma Pearson-Adams	11	SAAW CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
53*	34.90	L	P	Sarah-Kate Odendaal	11	QUIC CPT	21/03/2024 SA Level 3 Regional Age Group
53*	34.90	L	F	Karliia Degenaar	11	TUKS TSH	26/01/2024 NTS Level 3+ January Age Group 2024
55	34.91	L	P	Kathryn Nolan	11	MDOL JHB	20/03/2024 SA Level 3 Regional Age Group
56	34.93	L	F	Mienke Kok	11	INFA NMA	12/08/2023 Madibaz Swim Meet 2023
57	34.94	L	F	Gia Stedall	11	WWOL TSH	01/12/2023 2023 The Tshwane Mayor's Gala
58	35.08	L	P	Katherine Harrop-Allin	11	CSC TSH	12/12/2023 NTS Championships 2023

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
59	35.09	L	F	Liane Van Zyl	11	UPSK ZMD	26/03/2024 SA Level 2 Regional Age Group Champs
60	35.13	L	P	Lily Hoar	11	KLOO ETH	21/03/2024 SA Level 3 Regional Age Group
61	35.15	L	F	Ineke Van Maarleveld	11	ACAAQ CCD	01/12/2023 Limpopo Champs
62	35.21	L	F	Annabella Venter	11	VRC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
63	35.27	L	F	Danika Steyn	11	KSC EZD	01/12/2023 Mpumalanga Championships 2023
64*	35.29	L	F	Shelby Schoeman	11	SOUL EKU	24/03/2024 SA Level 2 Regional Age Group Champs
64*	35.29	L	P	Peighton Le Roux	11	SOUL EKU	24/03/2024 SA Level 2 Regional Age Group Champs
66	35.34	L	F	Sophia Winterbach	11	ASA ILD	14/12/2023 KZNA 2023 Championships Incorp SSA
67	35.38	L	F	Lia van Heerden	11	BS LLD	26/03/2024 SA Level 2 Regional Age Group Champs
68	35.43	L	F	Lea du Plooy	11	PSA ZLD	02/12/2023 Stingrays Swim Champs 2023
69*	35.45	L	P	Hlumisa Mfabe	11	USC BUF	09/02/2024 Infinity Gala 2024
69*	35.45	L	F	Nokutenda Tembo	11	KNYA EDD	17/02/2024 EDEN 5th A-League Gala 2024
71	35.50	L	F	Kirsten Cupido	11	VINE CPT	18/11/2023 CTA QUALIFYING MEET 2
72*	35.51	L	P	Mikayla Oliver	11	PAC TSH	12/12/2023 NTS Championships 2023
72*	35.51	L	P	Sage Lindsay	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group
74	35.52	L	P	Jadine Grobler	11	TKS WBD	24/03/2024 SA Level 2 Regional Age Group Champs
75*	35.53	L	F	Rirhandzu Chauke	11	DORE JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
75*	35.53	L	P	Olivia Nel	11	CLSC WCD	21/03/2024 SA Level 3 Regional Age Group
77	35.55	L	F	Riley Sanders	11	HPS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
78	35.58	L	P	Jamie Els	11	AQDO CPT	21/03/2024 SA Level 3 Regional Age Group
79	35.70	L	F	Emilie Conradie	11	SAAW CPT	10/02/2024 WCA-B Champs - 2024
80	35.75	L	F	Olivia Kruger	11	QSAW CED	10/02/2024 WCA-B Champs - 2024
81	35.77	L	F	Gabrielle Brooks	11	INFA NMA	15/12/2023 NMBA Championships 2023
82*	35.82	L	P	Ilè Ferreira	11	ZASC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
82*	35.82	L	P	Lara Rosenstrauch	11	HTSA CPT	21/03/2024 SA Level 3 Regional Age Group
84	35.96	L	F	Jessica Arenz	11	MANT CPT	21/01/2024 CTA BMEET 4
85	35.98	L	F	Destheonique Julius	11	KALA	26/03/2024 SA Level 2 Regional Age Group Champs
86	36.07	L	F	Beate Van Niekerk	11	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
87	36.10	L	F	Nandile Shabalala	11	AQUA BUF	05/04/2024 SA Level 2 Regional Age Group Champs
88	36.18	L	F	Samantha Wilson	11	COLJ NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
89	36.23	L	F	Mikaela Van Heerden	11	TUKS TSH	02/02/2024 NTS Level 1+2 February Age Group
90*	36.29	L	F	Paula Ouko	11	DORE JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
90*	36.29	L	P	Taylor-Rose Botes	11	CA EKU	24/03/2024 SA Level 2 Regional Age Group Champs
92*	36.34	L	P	Mattae Morel	11	SWIFT EKU	20/03/2024 SA Level 3 Regional Age Group
92*	36.34	L	P	Brooklyn Terwin	11	USC BUF	09/02/2024 Infinity Gala 2024
92*	36.34	L	F	Lize De Wet	11	LSPHA MP	27/01/2024 Limpopo School Champs
95*	36.35	L	P	Ayvah Jacob	11	HASC JHB	20/03/2024 SA Level 3 Regional Age Group
95*	36.35	L	F	Mawande Makumbe	11	TUKS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
97	36.37	L	P	Sophia Hutchison	11	FAAC	21/03/2024 SA Level 3 Regional Age Group
98	36.43	L	F	Arabella Symington	11	WSTV ETH	24/11/2023 Westville-Seals LC Championships
99	36.45	L	P	Nee'lah Steyn	11	UWCA CPT	21/03/2024 SA Level 3 Regional Age Group
100	36.46	L	F	Jaimey Shaw	11	PAHS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
101	36.50	L	F	Lauren Kleinhans	11	AA JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
102*	36.52	L	P	Sloan Warner	11	INFA NMA	09/02/2024 Infinity Gala 2024
102*	36.52	L	P	Mila Hinteregger	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group
104	36.53	L	F	Wilhandi Meyer	11	BULS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
105	36.69	L	P	Paige Jansen van Vuuren	11	SEAL UMD	21/03/2024 SA Level 3 Regional Age Group
106	36.75	L	F	Lene Klopper	11	QUIC CPT	10/02/2024 WCA-B Champs - 2024
107	36.76	L	F	Charlotte Jones	11	SFSC CPT	10/02/2024 WCA-B Champs - 2024
108	36.79	L	P	Emma Ristow	11	USC BUF	09/02/2024 Infinity Gala 2024
109	36.81	L	F	Saffiya Emjedi	11	SAAW CPT	10/02/2024 WCA-B Champs - 2024
110	36.82	L	P	Isabella Knight	11	WATR JHB	24/03/2024 SA Level 2 Regional Age Group Champs
111	36.84	L	F	Jada Hendricks	11	TYGE CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
112	36.85	L	P	Khalalelo Ratlhogo	11	ESP EKU	20/03/2024 SA Level 3 Regional Age Group
113	36.86	L	F	Emma du Toit	11	BULS MAN	06/12/2023 Free State Champs 2023
114	36.88	L	F	Mia Vorster	11	WELA LLD	27/10/2023 Neptune Prestige Gala
115	36.91	L	P	Ava Grebe	11	CUHE OBD	21/03/2024 SA Level 3 Regional Age Group
116	36.93	L	F	Madison Edwards	11	VIPS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
117	36.94	L	F	Emma Grobler	11	LAD UTD	05/04/2024 SA Level 2 Regional Age Group Champs

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	Time	P/F/S	Name	Age/Yr			
118	36.96	L	F	Annabel Van Reenen	11	ACSA	ETH 27/01/2024 Ushaka Champs 2024
119	36.98	L	P	Alivia Nel	11	CRSC	JHB 20/03/2024 SA Level 3 Regional Age Group
120	37.04	L	F	Hope Churchman	11	SEAL	UMD 05/04/2024 SA Level 2 Regional Age Group Champs
121	37.05	L	F	Gia Collen	11	RFA	TSH 01/12/2023 2023 The Tshwane Mayor's Gala
122	37.08	L	F	Harley Knudsen	11	CA	EKU 26/01/2024 EGA Last Chance 2024
123	37.18	L	F	Kylie Pringle	11	AFIN	JHB 14/10/2023 CGA Level 2 + Gala Oct 2023
124	37.19	L	F	Emily Koegelenberg	11	XCEL	CPT 17/02/2024 Swartland Invitational Gala 2024
125	37.23	L	F	Taylor Ten Napel	11	BEAV	ETH 24/11/2023 Westville-Seals LC Championships
126*	37.24	L	P	Alyssa Coetzer	11	AZON	ETH 05/04/2024 SA Level 2 Regional Age Group Champs
126*	37.24	L	F	Grizelda Janse van Rensburg	11	NWUC	KKD 26/03/2024 SA Level 2 Regional Age Group Champs
128	37.27	L	F	Zoe Andrews	11	CA	EKU 02/03/2024 AG Level 1 Regional Age Group
129	37.29	L	P	Lyla Delany	11	TRAZ	TSH 24/03/2024 SA Level 2 Regional Age Group Champs
130	37.32	L	P	Kyla Short	11	ESP	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
131	37.40	L	F	Lika Baird	11	GHS	BP 23/02/2024 NW School Championships 2024
132	37.42	L	P	Miané Logan	11	TUKS	TSH 24/03/2024 SA Level 2 Regional Age Group Champs
133*	37.44	L	F	Sophie Kretzmann	11	HPPS	BUF 30/01/2024 Buffalo City Primary School Trials 2024
133*	37.44	L	F	Mikayla Wilensky	11	ASAC	CPT 18/11/2023 CTA QUALIFYING MEET 2
135*	37.47	L	F	Charlotte Hofinger	11	ASAC	CPT 10/02/2024 WCA-B Champs - 2024
135*	37.47	L	F	Kiela Isted	11	SGUL	ETH 24/11/2023 Westville-Seals LC Championships
137	37.49	L	F	Michaela Fourie	11	NSAD	EZD 13/10/2023 MP AGE GROUP 2
138*	37.51	L	F	Kalica Cornelissen	11	KTS	13/01/2024 AGE GROUP 4 KATHU 2024
138*	37.51	L	P	Arelí Muyaka	11	MP	EZD 19/04/2024 SA Schools Swimming Championship
140	37.53	L	F	Lienke Van Wyk	11	BULS	MAN 21/10/2023 Otters Prestige Gala 2023
141	37.59	L	F	Kayla Kleynhans	11	ROA	EDD 20/01/2024 EDEN 4th A-League Gala 2024
142	37.61	L	F	Alexis Kalapac	11	BLMA	CPT 10/02/2024 WCA-B Champs - 2024
143	37.63	L	F	Laila van Antwerpen	11	PAC	TSH 01/12/2023 2023 The Tshwane Mayor's Gala
144*	37.65	L	F	Marizelle Vermaak	11	GHS	BP 23/02/2024 NW School Championships 2024
144*	37.65	L	P	Willow Makwakwa	11	WWOL	TSH 24/03/2024 SA Level 2 Regional Age Group Champs
146	37.66	L	F	Lara Van Veelen	11	LSDW	CCD 27/01/2024 Limpopo School Champs
147	37.69	L	P	Thalia Naidoo	11	SWIM1	JHB 24/03/2024 SA Level 2 Regional Age Group Champs
148	37.70	L	P	Oyama Tuta	11	PELIC	MAN 26/03/2024 SA Level 2 Regional Age Group Champs
149*	37.76	L	F	Clara Duvenage	11	CA	EKU 02/03/2024 AG Level 1 Regional Age Group
149*	37.76	L	F	Gia Newkirk	11	TYGE	CPT 11/11/2023 Winelands SL4
149*	37.76	L	P	Tshegofatso Moabelo	11	BAS	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
152	37.77	L	F	Mikayla Jordaan	11	GREY	CPT 10/02/2024 WCA-B Champs - 2024
153	37.80	L	F	Rorisang Monareng	11	BLNE	MAN 27/10/2023 Neptune Prestige Gala
154	37.83	L	P	Morgan Kaschula	11	SPS	BUF 30/01/2024 Buffalo City Primary School Trials 2024
155	37.85	L	P	Esme Bowes	11	RFA	TSH 24/03/2024 SA Level 2 Regional Age Group Champs
156	37.87	L	P	Gia Botoulas	11	AFIN	JHB 30/11/2023 CGA Championships 2023
157	37.88	L	F	Zia Habib	11	MDOL	JHB 24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
158	37.93	L	F	Jaime Sprong	11	ASAC	CPT 10/02/2024 WCA-B Champs - 2024
159	37.94	L	P	Qhanyiya Sizani	11	WWOL	TSH 24/03/2024 SA Level 2 Regional Age Group Champs
160	38.05	L	P	Anastacia Coelho	11	CA	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
161	38.06	L	F	Zoe Kruger	11	LALE	GED 03/02/2024 Winelands SL final
162	38.15	L	P	Katelyn Naidoo	11	BON	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
163	38.16	L	P	Helene de Bruyn	11	BULS	MAN 26/03/2024 SA Level 2 Regional Age Group Champs
164	38.19	L	F	Tamika Abbey	11	PER	JHB 24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
165	38.30	L	P	Katie Van den Heever	11	UNI	EZD 01/12/2023 Mpumalanga Championships 2023
166	38.32	L	P	Andisani Ratshisusu	11	AA	JHB 24/03/2024 SA Level 2 Regional Age Group Champs
167	38.37	L	F	Isabella Haldane	11	FISH	EDD 24/06/2023 PEA Winter Gala 2023
168	38.44	L	F	Madison Sanan	11	PER	JHB 14/10/2023 CGA Level 2 + Gala Oct 2023
169	38.49	L	P	Mikayla Coleman	11	TCA	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
170	38.50	L	F	Tatum van Zijl	11	OHAN	ILD 24/11/2023 Westville-Seals LC Championships
171	38.51	L	P	Bukata Mwanza	11	ESP	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
172	38.52	L	F	Sienna Goedhals	11	SPS	BUF 30/01/2024 Buffalo City Primary School Trials 2024
173	38.54	L	F	Michaela Hirst	11	MCS	BP 23/02/2024 NW School Championships 2024
174	38.55	L	F	Anathi Qamba	11	FAC	EKU 26/01/2024 EGA Last Chance 2024
175	38.57	L	F	Dané de Kock	11	LSM	EZD 23/02/2024 NW School Championships 2024
176	38.62	L	F	Emily Green	11	UPL	EZD 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
177	38.65 L	F	Ella Adams	11	TYGE CPT	10/02/2024	WCA-B Champs - 2024
178	38.68 L S	F	Rachael Rodd	11	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
179	38.73 L	P	Racquelle Saporta	11	INFA NMA	09/02/2024	Infinity Gala 2024
180	38.74 L	P	Isabella Vreenegoor	11	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
181	38.83 L	P	Summer Moonsamy	11	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
182	38.87 L	P	Hiranya Moodley	11	USH KCD	05/04/2024	SA Level 2 Regional Age Group Champs
183	38.89 L	F	Luka Oosthuizen	11	STAQ CED	03/02/2024	Winelands SL final
184	38.92 L	P	Hester Janse van Rensburg	11	NWUC KKD	26/03/2024	SA Level 2 Regional Age Group Champs
185	38.98 L	F	Mila Barkhuysen	11	GREY CPT	10/02/2024	WCA-B Champs - 2024
186	39.03 L	F	Zanli Le Roux	11	AGAQ OBD	11/11/2023	Swartland Prestige Gala 2023
187	39.07 L	F	Kayleigh Brophy	11	AAS JHB	02/03/2024	AG Level 1 Regional Age Group
188*	39.09 L	P	Jessica Caldeira	11	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
188*	39.09 L	P	Makayla Stoltz	11	PER JHB	24/03/2024	SA Level 2 Regional Age Group Champs
190	39.11 L	F	Janli Bester	11	LSBOS WB	04/11/2023	Limpopo LS - Top 8 skole 2023
191	39.15 L	F	Miane Truter	11	SUMW NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
192	39.21 L	F	Ming-Xi Tsai	11	AA JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
193	39.24 L	F	Carlien Coetzee	11	PPARK BP	23/02/2024	NW School Championships 2024
194	39.26 L	F	Anja Arizon	11	UWCA CPT	10/02/2024	WCA-B Champs - 2024
195	39.30 L	F	Mia Witbooi	11	RETR CPT	10/02/2024	WCA-B Champs - 2024
196	39.31 L	F	Lheané Du Plessis	11	FISH EDD	17/02/2024	EDEN 5th A-League Gala 2024
197	39.33 L	P	Mijone Beyers	11	SWIFT EKU	24/03/2024	SA Level 2 Regional Age Group Champs
198	39.35 L	P	Liane Muller	11	INFA NMA	09/02/2024	Infinity Gala 2024
199	39.37 L	F	Emihle Mnumu	11	FRA KCD	03/02/2024	KCDA February Age Group 2024
200	39.38 L	F	Kayla-Anne Walker	11	CYBE CPT	10/02/2024	WCA-B Champs - 2024
201	39.48 L	F	Mudiwa Murangandi	11	TCA EKU	02/03/2024	AG Level 1 Regional Age Group
202	39.51 L	F	Mia Marais	11	TRAZ FSH	01/12/2023	2023 The Tshwane Mayor's Gala
203	39.54 L	F	Madeleine de Villiers	11	EXP FSH	01/12/2023	2023 The Tshwane Mayor's Gala
204	39.57 L	P	Suhanna White	11	AQUA BUF	05/04/2024	SA Level 2 Regional Age Group Champs
205	39.59 L	F	Tayla Scheepers	11	RFA FSH	02/02/2024	NTS Level 1+2 February Age Group
206	39.60 L	F	Anye Brink	11	QSAW CED	11/11/2023	Winelands SL4
207	39.61 L	F	Dione Smit	11	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
208	39.62 L	F	Leane Nel	11	EXP FSH	01/12/2023	2023 The Tshwane Mayor's Gala
209	39.63 L	F	Mieke Oosthuizen	11	HPS FSH	20/10/2023	NTS Level 3+ October Age Group 2023
210	39.68 L	F	Summer Fang	11	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
211*	39.69 L	F	Grace Johns	11	OHAN ILD	27/01/2024	Ushaka Champs 2024
211*	39.69 L	F	Sophia Duggan	11	PEAS NMA	23/09/2023	3rd A League Gala 2023
213	39.72 L	F	Gianna Onkruid	11	UWCA CPT	10/02/2024	WCA-B Champs - 2024
214	39.75 L	P	Rebecca Sam	11	HPS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
215	39.82 L	F	Taliyah Eveleigh	11	MCS BP	23/02/2024	NW School Championships 2024
216	39.84 L	F	Elmane' de Wet	11	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
217	39.88 L	F	Marni Snyman	11	ELRAS WBD	01/12/2023	Limpopo Champs
218	39.89 L S	P	Paballo Nkosi	11	FAC EKU	07/12/2023	EGA Summer Championships
219	39.90 L	F	Amelia-Rose Schutlzler	11	USC BUF	15/12/2023	NMBA Championships 2023
220	39.92 L	P	Emma Gibson-Taylor	11	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
221	40.02 L	P	Paige Oliphant	11	PAC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
222	40.04 L	F	Wilmie Fourie	11	UPSK ZMD	03/02/2024	NCASA SPRINTS 2024
223	40.10 L	F	Bailey Maralik	11	AFIN JHB	02/03/2024	AG Level 1 Regional Age Group
224*	40.13 L	F	Chenique Kooi	11	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
224*	40.13 L	F	Rebecca Joubert	11	COLJ NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
226	40.14 L	P	Lisasa Faltein	11	PEAS NMA	09/02/2024	Infinity Gala 2024
227	40.15 L	F	Nelda Strijdom	11	LSMSA VB	27/01/2024	Limpopo School Champs
228	40.18 L	F	Lize-Mari Vorster	11	WELL CED	03/02/2024	Winelands SL final
229	40.31 L	F	Nellamari Fourie	11	AGAQ OBD	11/11/2023	Swartland Prestige Gala 2023
230	40.33 L	F	Annabelle Martin	11	AQDO CPT	17/09/2023	CTA BMEET 3
231*	40.36 L	F	Retshepile Phalafala	11	MDOL JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
231*	40.36 L	F	Charné De Bruin	11	TUKS FSH	02/02/2024	NTS Level 1+2 February Age Group
233	40.39 L	P	Janel Van der Merwe	11	PRA GSD	24/03/2024	SA Level 2 Regional Age Group Champs
234	40.45 L	F	Mieke Jordaan	11	KTS	03/02/2024	NCASA SPRINTS 2024
235	40.54 L	F	Olwenvelo Ngema	11	FRA KCD	03/02/2024	KCDA February Age Group 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
236	40.58 L	P	Cayla Fourie	11	NAE EZD	01/12/2023	Mpumalanga Championships 2023
237	40.62 L	F	Entle Lehabe	11	TRAZ TSH	01/12/2023	2023 The Tshwane Mayor's Gala
238	40.65 L	F	Jenna Leppan	11	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
239	40.67 L	F	Eryn Botwood	11	CA EKV	02/03/2024	AG Level 1 Regional Age Group
240	40.70 L	F	Kaitlyn Haynes-Smart	11	VINE CPT	21/01/2024	CTA BMEET 4
241	40.71 L	F	Isabelle Kent	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024
242	40.74 L	F	Izeldi Van Niekerk	11	DOLFI MPD	01/12/2023	Limpopo Champs
243	40.79 L	F	Sydney Howes	11	GHS BP	23/02/2024	NW School Championships 2024
244	40.85 L	F	Elizabeth Willemse	11	VHD ZLD	09/12/2023	Uthukela District Age group Gala
245	40.87 L	F	Leah Wentzel	11	MARL CPT	17/02/2024	Swartland Invitational Gala 2024
246	40.89 L	F	Lume Fourie	11	TINC TSH	03/11/2023	NTS Level 1+2 November Age Group
247	40.91 L	F	Luah Theron	11	CSC TSH	03/11/2023	NTS Level 1+2 November Age Group
248	40.94 L	F	Mia (B) Venter	11	AWIN TSH	01/12/2023	2023 The Tshwane Mayor's Gala
249	40.95 L	P	Reatile Ntidi	11	NWUC KKD	26/03/2024	SA Level 2 Regional Age Group Champs
250	41.00 L	F	Noluthando Nkosi	11	NSAD EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
251	41.01 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	21/01/2024	CTA BMEET 4
252	41.05 L	P	Alexa Steenkamp	11	CPSC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
253	41.11 L	F	Tumisho Mojapelo	11	WWOL TSH	02/03/2024	AG Level 1 Regional Age Group
254	41.22 L	F	Isabel Smith	11	HARL BUF	24/11/2023	BCA Long Course Championships 2023
255	41.26 L	F	Lerina Thomas	11	SWAR WCD	10/02/2024	WCA-B Champs - 2024
256*	41.28 L S	F	Aneeqah Engelbrecht	11	PAQU CED	05/10/2023	42nd Freda Barnard Invitational Gala
256*	41.28 L	F	Lienka De Jager	11	BARR CPT	17/09/2023	CTA BMEET 3
258	41.29 L	F	Menieke Rowe-Rowe	11	BULS MAN	16/02/2024	Neptunes Last chance Gala
259	41.33 L	F	Jessieka Faul	11	ASAC CPT	10/02/2024	WCA-B Champs - 2024
260*	41.34 L	F	Kaylee Scheepers	11	WBSK WBD	21/10/2023	Limpopo Age Group 4
260*	41.34 L	F	Zizipho Ginindza	11	WWOL TSH	02/03/2024	AG Level 1 Regional Age Group
262	41.52 L	F	Addison-Jane Barker-Goldie	11	SAAW CPT	17/09/2023	CTA BMEET 3
263	41.58 L	F	Olivia Browne	11	MGSC UGD	24/11/2023	Westville-Seals LC Championships
264	41.70 L	P	Le-May Van Zyl	11	ELRAS WBD	24/03/2024	SA Level 2 Regional Age Group Champs
265	41.72 L	P	Leila Nell	11	SPS BUF	30/01/2024	Buffalo City Primary School Trials 2024
266	41.73 L	F	Lienke Bester	11	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
267	41.76 L	P	Wangai Githiri	11	ONYX EKV	24/03/2024	SA Level 2 Regional Age Group Champs
268	41.87 L	F	Leah Du Plessis	11	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
269	41.94 L	F	Dominic De Jager	11	USH KCD	27/01/2024	Ushaka Champs 2024
270	41.96 L	F	Zahraa Essack	11	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
271*	41.98 L	F	Ratang Tebeila	11	POLSC CCD	01/12/2023	Limpopo Champs
271*	41.98 L	F	Isabella Ralph	11	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
273	42.01 L	F	Rebecca Osler	11	VINE CPT	21/01/2024	CTA BMEET 4
274	42.04 L	F	Alexia Dippenaar	11	BS LLD	26/03/2024	SA Level 2 Regional Age Group Champs
275	42.06 L	P	Taylinn Boschoff	11	GPS EDD	30/01/2024	Buffalo City Primary School Trials 2024
276	42.09 L	F	Ella Myburg	11	COLJ NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
277	42.16 L	F	Kensi-Anne Missing	11	AFIN JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
278	42.22 L	F	Amelia Green	11	MAKO EKV	26/01/2024	EGA Last Chance 2024
279*	42.42 L	F	Tahlia Roelofs	11	VHD ZLD	24/11/2023	Westville-Seals LC Championships
279*	42.42 L	F	Katelyn Ubogu	11	DORE JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
281	42.46 L	F	Nyandano Madaba	11	FAC EKV	02/03/2024	AG Level 1 Regional Age Group
282	42.48 L	F	Liané Stoltz	11	UPL EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
283	42.49 L	F	Lisa Pienaar	11	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
284	42.58 L	F	Jessica Roets	11	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
285	42.65 L	F	Lexi Torlutter	11	SFSC CPT	03/02/2024	Winelands SL final
286	42.79 L	F	Zenande Mgwenya	11	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
287	42.80 L	F	Addison Bender	11	PSA ZLD	02/12/2023	Stingrays Swim Champs 2023
288	42.86 L	F	Ziyada Tekle	11	HARL BUF	27/01/2024	BCA January Age Group Gala 2024
289	42.89 L	F	Liné Schoeman	11	FISH EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
290*	42.90 L	F	Carli Puth	11	LSB BP	23/02/2024	NW School Championships 2024
290*	42.90 L	P	Ashlee Gericke	11	SPS BUF	30/01/2024	Buffalo City Primary School Trials 2024
292	42.93 L	F	Noko Phalafala	11	HPS TSH	02/03/2024	AG Level 1 Regional Age Group
293	42.99 L	F	Ivy Johnston	11	OHAN LLD	24/11/2023	Westville-Seals LC Championships
294	43.00 L	P	Ava van der Mescht	11	DESA NMA	09/02/2024	Infinity Gala 2024

## Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
295	43.02	L	F	Sofia O'Leary	11	BON EKU	15/09/2023 EGA Summer 1
296	43.12	L	F	Olivia Renaud	11	UNI EZD	02/02/2024 MP AGE GROUP 5 GALA
297	43.29	L	F	Roxanne Coetzee	11	GHS BP	23/02/2024 NW School Championships 2024
298	43.35	L	F	Anmari Du Toit	11	QSAW CED	11/11/2023 Swartland Prestige Gala 2023
299	43.39	L	P	Larique Pretorius	11	KALA	26/03/2024 SA Level 2 Regional Age Group Champs
300	43.45	L	F	Amogelang Kutu	11	SS MPD	11/11/2023 Limpopo Age Group 5
301	43.64	L	F	Skyla Gaudin	11	FRA KCD	21/10/2023 Froggies Championships 2023
302	43.65	L	F	Mabel Savage	11	GSA CPT	18/11/2023 CTA QUALIFYING MEET 2
303	43.70	L S	P	Elsa Massawe	11	BAS EKU	07/12/2023 EGA Summer Championships
304	43.88	L	P	Willow Halse	11	CAMB P BUF	30/01/2024 Buffalo City Primary School Trials 2024
305	43.94	L	F	Ruvarashe Mendu	11	INFA NMA	12/08/2023 Madibaz Swim Meet 2023
306	44.14	L S	P	Azania Mabaso	11	SOUL EKU	07/12/2023 EGA Summer Championships
307	44.34	L	F	Lienke Nauhaus	11	QSAW CED	11/11/2023 Swartland Prestige Gala 2023
308	44.41	L	F	Madyson Botha	11	BLSS MAN	16/02/2024 Neptunes Last chance Gala
309	44.53	L	F	Nicolene Filo	11	RFA TSH	02/03/2024 AG Level 1 Regional Age Group
310	44.54	L	F	Ndimenhle Bhengu	11	PSCP UMD	24/11/2023 Westville-Seals LC Championships
311	44.62	L	F	Khanya Ramone	11	CKDP KK	23/02/2024 NW School Championships 2024
312	44.75	L	F	Mosa Seboko	11	WSS LLD	03/02/2024 Heidedal Welkom Gala 2
313	44.93	L	F	Thatohatsi Masomba	11	THOK EKU	02/03/2024 AG Level 1 Regional Age Group
314	44.94	L	P	Malin Swart	11	GPS EDD	30/01/2024 Buffalo City Primary School Trials 2024
315	45.14	L	F	Machayda Titus	11	WEST CPT	17/02/2024 Swartland Invitational Gala 2024
316*	45.32	L	F	Livi Engelbrecht	11	PAC TSH	03/11/2023 NTS Level 1+2 November Age Group
316*	45.32	L	F	Khanyisa Mqeke	11	WELA LLD	02/03/2024 FSA Level 1 2024
318	45.37	L	P	Abigail Phillips	11	SPS BUF	30/01/2024 Buffalo City Primary School Trials 2024
319	45.38	L	F	Alexis Krouse	11	HPPS BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
320	45.39	L	F	Caitlin De Wet	11	PAHS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
321	45.46	L	F	Anika Bester	11	STGR XRD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
322	45.59	L	F	Masego Monakedi	11	FISH EDD	17/02/2024 EDEN 5th A-League Gala 2024
323	45.80	L	P	Lea Kotzé	11	NWUC KKD	06/12/2023 NWS Championships 2023/24
324	45.85	L	F	Zoe Katiyo	11	AAS JHB	02/03/2024 AG Level 1 Regional Age Group
325	45.96	L	F	Leandi Liebenberg	11	SS MPD	01/12/2023 Limpopo Champs
326	46.05	L	F	Mianke Prinsloo	11	LSJM SKD	04/11/2023 Limpopo LS - Top 8 skole 2023
327	46.07	L	F	Basse Molai	11	BULS MAN	11/11/2023 Bull Sharks Gala
328	46.19	L	F	Maia Nel	11	LALE CED	11/11/2023 Winelands SL4
329	46.33	L	F	Murendwa Tshikota	11	LSWBA WB	27/01/2024 Limpopo School Champs
330	46.43	L	F	Holly-Rae Ayerst	11	BEST NMA	23/09/2023 3rd A League Gala 2023
331	46.44	L	F	Livia Vancoillie	11	QUIC CPT	21/01/2024 CTA BMEET 4
332	46.58	L	F	Erinn Mare	11	CPSC TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
333	46.72	L	F	Imke Swanepoel	11	FISH EDD	17/02/2024 EDEN 5th A-League Gala 2024
334	46.78	L	F	Hayden Kreuzsch	11	CPPS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
335	46.85	L	F	Miyanke Landmann	11	BETH FDD	02/03/2024 FSA Level 1 2024
336	47.05	L	F	Amy Erasmus	11	PELIC MAN	02/03/2024 FSA Level 1 2024
337	47.25	L S	P	Beersheba Negash	11	BARA EKU	07/12/2023 EGA Summer Championships
338	47.26	L S	F	Cara van Wyk	11	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
339	47.30	L	F	Dominique Birkenstock	11	JAQ EKU	02/03/2024 AG Level 1 Regional Age Group
340	47.41	L	F	Amelie Polson	11	BEARS TSH	03/11/2023 NTS Level 1+2 November Age Group
341	47.61	L	F	Nola-Mari Buys	11	CPSC TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
342	47.65	L	F	Ava Tyson	11	CAMB P BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
343	47.82	L	F	Mia Tyson	11	CAMB P BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
344	47.98	L	F	Boikgantsho Mwase	11	RBOT BPD	11/11/2023 NWS Age Group 3 + 4
345	48.01	L	F	Hanaan Hendricks	11	TYGE CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
346*	48.04	L S	F	Emily Botha	11	ASAC CPT	24/11/2023 CTA A & B CHAMPS 2023
346*	48.04	L	F	Rifumo Mnisi	11	SWIFT EKU	02/03/2024 AG Level 1 Regional Age Group
348	48.10	L	F	Simingaye Shwababa	11	SPS BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
349*	48.23	L	F	Devon Powell	11	BLMA CPT	21/01/2024 CTA BMEET 4
349*	48.23	L	F	Lienke Mulke	11	FAAC	11/11/2023 AGE GROUP 1
351	48.29	L	F	Carly Dickinson	11	HHPS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
352	48.58	L	F	Daniella Gatangi	11	CPPS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
353	48.64	L	F	Zarah Matthee	11	KHAY CPT	21/01/2024 CTA BMEET 4

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
354*	48.72 L	F	Annemi Loots	11	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
354*	48.72 L	F	Karla Wolmarans	11	UPSK ZMD	13/01/2024	AGE GROUP 4 UPT 2024
356	48.85 L	F	Taila Erasmus	11	PELIC MAN	13/10/2023	Pelicans Gala
357*	48.96 L	F	Tshiamo Mlangeni	11	MPS NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
357*	48.96 L	F	Mieke Stoltz	11	WRP EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
359	49.02 L	F	Elihle Ntaka	11	UMSH ETH	16/02/2024	EDA Age Group Gala 6 2024
360	49.23 L	F	Emma Kennedy	11	FISH EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
361*	49.51 L	F	Ikageng Moloko	11	TUKS TSH	02/03/2024	AG Level 1 Regional Age Group
361*	49.51 L	F	Lily Lucas	11	KHAY CPT	21/01/2024	CTA BMEET 4
363	49.71 L	F	Roaluswa Monenzhe	11	CKDP KK	23/02/2024	NW School Championships 2024
364	49.77 L	F	Nyiko Chauke	11	SOSH TSH	01/12/2023	2023 The Tshwane Mayor's Gala
365	49.92 L	F	Mokgabo Monnana	11	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023
366	49.97 L	F	Ann Bency	11	NDLTS EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
367	50.33 L	F	Nandile Mtambeka	11	BHURS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
368	50.56 L	F	Heili Vorster	11	WATR JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
369	50.74 L	F	Sanelisiwe Blose	11	FRA KCD	28/10/2023	KCDA October Age Group Gala 2023
370	51.39 L S	F	Haylee Julius	11	KHAY CPT	05/10/2023	42nd Freda Barnard Invitational Gala
371	51.58 L	F	Lenè Mulder	11	HPS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
372	51.76 L	F	Khumo Goeieman	11	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
373	52.56 L	F	Tshegofa Tau	11	CPSC TSH	02/03/2024	AG Level 1 Regional Age Group
374	52.62 L	F	Nande Mtambeka	11	BHURS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
375	53.11 L	F	Ameah Mitchell	11	KHAY CPT	21/01/2024	CTA BMEET 4
376	53.16 L	F	Penelope Mullineux	11	AASC EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
377	53.63 L	F	Dunay Pretorius	11	FROS TMD	18/11/2023	Valsrivier Gala
378	54.01 L	F	Nalin Pillay	11	WEST CPT	17/09/2023	CTA BMEET 3
379	54.04 L S	F	Bea Koch	11	AGAQ OBD	05/10/2023	42nd Freda Barnard Invitational Gala
380	54.40 L	F	Jemma Lotter	11	TYGE CPT	17/09/2023	CTA BMEET 3
381	54.46 L	F	Amy Cloete	11	UWCA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
382	55.70 L	F	Karla Kriek	11	QSAW CED	21/01/2024	CTA BMEET 4
383	55.99 L	F	Alissa Nyambuki	11	BARR CPT	17/09/2023	CTA BMEET 3
384	56.05 L	F	Nobuhle Hlophe	11	POLSC CCD	21/10/2023	Limpopo Age Group 4
385	56.59 L	F	Ava Koortzen	11	FAAC	20/01/2024	AGE GROUP 5 KBY 2024
386	56.99 L	F	Lethabo Maletle	11	MATL KKD	11/11/2023	NWS Age Group 3 + 4
387	57.59 L	F	Elri de Wet	11	STGR XRD	20/01/2024	AGE GROUP 5 KBY 2024
388	58.13 L	F	Alexis Visagie	11	PEAS NMA	22/07/2023	1st A League Gala 2023
389	58.34 L	F	Relebohile Maduna	11	PELIC MAN	02/03/2024	FSA Level 1 2024
390	1:02.14 L	F	El dane Pretorius	11	KALA	03/02/2024	NCASA SPRINTS 2024
391	1:02.42 L	F	Anele Mmesi	11	ISSA NM	23/02/2024	NW School Championships 2024
392	1:04.01 L	F	Lwandisiwe Siqwede	11	VIPS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
393	1:08.62 L	F	Chloe Goliath	11	KTS	03/02/2024	NCASA SPRINTS 2024
394	1:08.83 L	F	Skye Mabie	11	PEAS NMA	24/06/2023	PEA Winter Gala 2023
395	1:09.78 L S	F	Elethu Maqabangqa	11	KHAY CPT	05/10/2023	42nd Freda Barnard Invitational Gala
396	1:16.02 L	F	Venice Beukes	11	KTS	24/11/2023	AGE GROUP 2 KATHU 2023
397	1:18.12 L	F	Oboikanyo Mokoke	11	ISSA NM	23/02/2024	NW School Championships 2024
398	1:33.56 L	F	Anmari Coetzee	11	KSSS JTD	02/12/2023	AGE GROUP 3 KATHU - 2023
<b>Women 11-11 100 Free</b>							
1	1:05.34 L	F	Shalea Hamilton	11	BEST NMA	19/04/2024	SA Schools Swimming Championship
2	1:07.86 L	F	Aqeelah Williams	11	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group
3	1:08.85 L	F	Victoria Meyburgh	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
4	1:09.09 L	P	Shiloh Cruywagen	11	KZNA ETH	19/04/2024	SA Schools Swimming Championship
5	1:09.27 L	F	Evie du Plessis	11	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
6	1:10.22 L	P	Riley Haupt	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
7	1:10.50 L	F	Arya De Sousa	11	TRAZ TSH	20/03/2024	SA Level 3 Regional Age Group
8	1:10.59 L	F	Mackenzie Raffle	11	CA EKU	26/01/2024	EGA Last Chance 2024
9	1:10.80 L	F	Lumka Zamisa	11	MP EZD	19/04/2024	SA Schools Swimming Championship
10	1:11.28 L	F	Jessica Jansen van Vuuren	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
11	1:11.45 L	F	Johané Burger	11	ROA EDD	20/01/2024	EDEN 4th A-League Gala 2024
12	1:11.69 L	F	Erin Neumann	11	GSA CPT	24/06/2023	PEA Winter Gala 2023
13	1:11.72 L	P	Ava Bosch	11	BAS EKU	15/03/2024	SA National Junior Age Group

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
14	1:11.89	L	F	Carinke Wessels	11	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
15	1:12.53	L	F	Georgia Sabbagha	11	PAQU CED	21/03/2024	SA Level 3 Regional Age Group
16	1:12.76	L	F	Wilhelmina Erasmus	11	ELRAS WBD	01/12/2023	Limpopo Champs
17	1:13.25	L	P	Xinyue Huang	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
18	1:13.44	L	F	Sisanda Palframan	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
19	1:13.55	L	P	Barcelona Xaba	11	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
20	1:13.58	L	P	Ruvarashe Chibharo	11	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
21	1:13.82	L	P	Alize Engelbrecht	11	CSA EZD	20/03/2024	SA Level 3 Regional Age Group
22	1:13.92	L	F	Roze Van Wyk	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
23	1:14.09	L	P	Mikaela Lotz	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
24	1:14.21	L	P	Jua Jonker	11	POTC KKD	20/03/2024	SA Level 3 Regional Age Group
25	1:14.26	L	P	Katherine Harrop-Allin	11	CSC TSH	20/03/2024	SA Level 3 Regional Age Group
26	1:14.32	L	F	Megan Palmer	11	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
27	1:14.34	L	P	Chisi Magubbwi	11	MDOL JHB	30/11/2023	CGA Championships 2023
28*	1:14.47	L	P	Noa Sebastiao	11	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
28*	1:14.47	L	P	Olivia Meyburgh	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
30	1:14.58	L	F	Oyama Baqwa	11	SGUL ETH	21/03/2024	SA Level 3 Regional Age Group
31	1:15.16	L	F	Megan Jacobs	11	WSTV ETH	24/11/2023	Westville-Seals LC Championships
32	1:15.24	L	P	Alexis Visser	11	MAKO EKU	20/03/2024	SA Level 3 Regional Age Group
33	1:15.29	L	F	Karliia Degenaar	11	TUKS TSH	26/01/2024	NTS Level 3+ Januaery Age Group 2024
34	1:15.46	L	P	Laila Christie	11	USC BUF	21/03/2024	SA Level 3 Regional Age Group
35	1:15.95	L	F	Ineke Van Maarleveld	11	ACAQ CCD	01/12/2023	Limpopo Champs
36	1:16.03	L	F	Emma Van Deventer	11	SGUL ETH	24/11/2023	Westville-Seals LC Championships
37	1:16.14	L	P	Kathryn Nolan	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
38	1:16.22	L	F	Anja Boshoff	11	TYGE CPT	05/10/2023	42nd Freda Barnard Invitational Gala
39	1:16.23	L	P	Anke Carstens	11	TUKS TSH	12/12/2023	NTS Championships 2023
40	1:16.75	L	P	Jasmine Woodburn	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
41	1:16.78	L	P	Amelie Billson	11	CASC CPT	21/03/2024	SA Level 3 Regional Age Group
42	1:16.94	L	F	Nicoline Du Preez	11	LSM EZD	23/02/2024	NW School Championships 2024
43	1:16.99	L	F	Chloe Rautenbach	11	UNI EZD	12/01/2024	2024 Grand Prix Invitation Swimming
44	1:17.17	L	P	Katryn Landsberg	11	INFA NMA	21/03/2024	SA Level 3 Regional Age Group
45	1:17.27	L	F	Grace Julies	11	XCEL CPT	10/02/2024	WCA-B Champs - 2024
46	1:17.34	L	F	Mienke Kok	11	INFA NMA	09/02/2024	Infinity Gala 2024
47	1:17.52	L	F	Uma Pearson-Adams	11	SAAW CPT	10/02/2024	WCA-B Champs - 2024
48	1:17.60	L	P	Jamie Els	11	AQDO CPT	21/03/2024	SA Level 3 Regional Age Group
49	1:17.67	L	P	Jazmin Anthony	11	PAQU CED	21/03/2024	SA Level 3 Regional Age Group
50	1:17.83	L	P	Sage Lindsay	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
51	1:17.87	L	F	Lily Hoar	11	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
52	1:17.91	L	F	Harley Knudsen	11	CA EKU	24/03/2024	SA Level 2 Regional Age Group Champs
53*	1:17.98	L	F	Christie Snyders	11	VALS FDD	06/12/2023	Free State Champs 2023
53*	1:17.98	L	F	Elah-Mae Budram	11	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
55	1:17.99	L	P	Abigail Paice	11	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs
56	1:18.06	L	P	Alivia Nel	11	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group
57	1:18.14	L	P	Ayvah Jacob	11	HASC JHB	20/03/2024	SA Level 3 Regional Age Group
58	1:18.21	L	F	Peighton Le Roux	11	SOUL EKU	24/11/2023	EGA Summer 4
59	1:18.32	L	F	Mienke Kok	11	INFA NMA	24/06/2023	PEA Winter Gala 2023
60	1:18.36	L	P	Arabella Symington	11	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
61	1:18.43	L	P	Danika Steyn	11	KSC EZD	20/03/2024	SA Level 3 Regional Age Group
62	1:18.61	L	F	Olivia Kruger	11	QSAW CED	10/02/2024	WCA-B Champs - 2024
63	1:18.66	L	P	Holli Tait	11	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
64	1:18.70	L	P	Laila van Antwerpen	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
65	1:18.82	L	P	Sarah-Kate Odendaal	11	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
66	1:18.91	L	F	Milani Butau	11	BEST NMA	09/02/2024	Infinity Gala 2024
67	1:18.92	L	P	Mikayla Oliver	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
68	1:19.02	L	P	Rirhandzu Chauke	11	DORE JHB	30/11/2023	CGA Championships 2023
69	1:19.07	L	F	Zethembiso Mbambo	11	PSCP UMD	24/11/2023	Westville-Seals LC Championships
70	1:19.08	L	F	Nee'lah Steyn	11	UWCA CPT	10/02/2024	WCA-B Champs - 2024
71	1:19.25	L	F	Shelby Schoeman	11	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs
72	1:19.35	L	P	Lara Ainslie	11	LINR JHB	24/03/2024	SA Level 2 Regional Age Group Champs



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
73	1:19.54	L	F	Inge Du Plessis	11	SS MPD	01/12/2023 Limpopo Champs
74	1:19.63	L	P	Jadine Grobler	11	TKS WBD	24/03/2024 SA Level 2 Regional Age Group Champs
75	1:19.71	L	F	Hlumisa Mfabe	11	USC BUF	09/02/2024 Infinity Gala 2024
76	1:19.86	L	P	Olivia Nel	11	CLSC WCD	21/03/2024 SA Level 3 Regional Age Group
77	1:19.90	L	P	Paige Jansen van Vuuren	11	SEAL UMD	21/03/2024 SA Level 3 Regional Age Group
78	1:19.99	L	F	Destheonique Julius	11	KALA	26/03/2024 SA Level 2 Regional Age Group Champs
79	1:20.04	L	F	Taylor Ten Napel	11	BEAV ETH	27/01/2024 Ushaka Champs 2024
80	1:20.05	L	F	Liane Van Zyl	11	UPSK ZMD	26/03/2024 SA Level 2 Regional Age Group Champs
81	1:20.06	L	P	Brooklyn Terwin	11	USC BUF	21/03/2024 SA Level 3 Regional Age Group
82	1:20.10	L	F	Emilie Conradie	11	SAAW CPT	10/02/2024 WCA-B Champs - 2024
83	1:20.16	L	F	Nicolene Anderson	11	SEAL UMD	05/04/2024 SA Level 2 Regional Age Group Champs
84	1:20.19	L	F	Lia van Heerden	11	BS LLD	26/03/2024 SA Level 2 Regional Age Group Champs
85	1:20.23	L	P	Annabella Venter	11	VRC FSH	24/03/2024 SA Level 2 Regional Age Group Champs
86	1:20.26	L	P	Mikayla Jordaan	11	GREY CPT	21/03/2024 SA Level 3 Regional Age Group
87*	1:20.35	L	P	Sophia Winterbach	11	ASA HLD	21/03/2024 SA Level 3 Regional Age Group
87*	1:20.35	L	P	Phillipa Williams	11	SOUL ECU	20/03/2024 SA Level 3 Regional Age Group
89	1:20.63	L	F	Mikayla Wilensky	11	ASAC CPT	10/02/2024 WCA-B Champs - 2024
90	1:20.64	L	F	Jessica Caldeira	11	CRSC JHB	24/03/2024 SA Level 2 Regional Age Group Champs
91	1:20.82	L S	F	Gabrielle Brooks	11	INFA NMA	26/01/2024 6th A League Gala 2024
92	1:20.97	L	P	Leane Nel	11	EXP FSH	24/03/2024 SA Level 2 Regional Age Group Champs
93	1:21.18	L	F	Anna Horn	11	XCEL CPT	17/02/2024 Swartland Invitational Gala 2024
94	1:21.25	L	F	Jessica Arenz	11	MANT CPT	10/02/2024 WCA-B Champs - 2024
95*	1:21.36	L	F	Mikaela Van Heerden	11	TUKS FSH	19/01/2024 NTS Level 1+2 January Age Group 2024
95*	1:21.36	L	F	Alyssa Coetzer	11	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
97	1:21.48	L	F	Mia Vorster	11	WELA LLD	06/12/2023 Free State Champs 2023
98	1:21.53	L	F	Oyama Tuta	11	PELIC MAN	26/03/2024 SA Level 2 Regional Age Group Champs
99	1:21.54	L	F	Lize De Wet	11	LSPHA MP	27/01/2024 Limpopo School Champs
100	1:21.58	L	P	Isabella Vreenegoor	11	CRSC JHB	24/03/2024 SA Level 2 Regional Age Group Champs
101	1:21.73	L	P	Khalalelo Rathogo	11	ESP ECU	20/03/2024 SA Level 3 Regional Age Group
102	1:21.82	L	F	Charlotte Hofinger	11	ASAC CPT	10/02/2024 WCA-B Champs - 2024
103	1:21.92	L	P	Lara Rosenstrauch	11	HTSA CPT	21/03/2024 SA Level 3 Regional Age Group
104	1:22.13	L	F	Samantha Wilson	11	COLJ NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
105	1:22.41	L	F	Saffiya Emjedi	11	SAAW CPT	10/02/2024 WCA-B Champs - 2024
106	1:22.44	L	P	Taylor-Rose Botes	11	CA ECU	24/03/2024 SA Level 2 Regional Age Group Champs
107	1:22.46	L	F	Riley Sanders	11	HPS FSH	01/12/2023 2023 The Tshwane Mayor's Gala
108	1:22.49	L	P	Beate Van Niekerk	11	TUKS FSH	24/03/2024 SA Level 2 Regional Age Group Champs
109	1:22.63	L	F	Kirsten Cupido	11	VINE CPT	24/11/2023 CTA A & B CHAMPS 2023
110	1:22.70	L	P	Kate Chesire	11	MDOL JHB	24/03/2024 SA Level 2 Regional Age Group Champs
111	1:22.80	L	F	Mila Hinteregger	11	CA ECU	26/01/2024 EGA Last Chance 2024
112	1:22.82	L	F	Annabel Van Reenen	11	ACSA ETH	27/01/2024 Ushaka Champs 2024
113	1:22.90	L	P	Mattae Morel	11	SWIFT ECU	20/03/2024 SA Level 3 Regional Age Group
114	1:22.94	L	F	Nokutenda Tembo	11	KNYA EDD	17/02/2024 EDEN 5th A-League Gala 2024
115	1:23.01	L	P	Zia Habib	11	MDOL JHB	24/03/2024 SA Level 2 Regional Age Group Champs
116	1:23.06	L	F	Lea du Plooy	11	PSA ZLD	02/12/2023 Stingrays Swim Champs 2023
117	1:23.14	L	F	Ella Adams	11	TYGE CPT	10/02/2024 WCA-B Champs - 2024
118	1:23.21	L	P	Qhanyiya Sizani	11	WWOL FSH	24/03/2024 SA Level 2 Regional Age Group Champs
119	1:23.49	L	P	Anastacia Coelho	11	CA ECU	24/03/2024 SA Level 2 Regional Age Group Champs
120	1:23.61	L	P	Mali Louw	11	WELL CED	21/03/2024 SA Level 3 Regional Age Group
121*	1:23.80	L	F	Sophie Kretzmann	11	USC BUF	24/11/2023 BCA Long Course Championships 2023
121*	1:23.80	L	P	Emma Ristow	11	USC BUF	21/03/2024 SA Level 3 Regional Age Group
123	1:23.89	L	P	Miané Logan	11	TUKS FSH	24/03/2024 SA Level 2 Regional Age Group Champs
124	1:24.01	L	F	Grizelda Janse van Rensburg	11	NWUC KKD	26/03/2024 SA Level 2 Regional Age Group Champs
125	1:24.06	L	P	Ilè Ferreira	11	ZASC FSH	24/03/2024 SA Level 2 Regional Age Group Champs
126	1:24.44	L	F	Emma Cullis	11	VINE CPT	24/11/2023 CTA A & B CHAMPS 2023
127	1:24.45	L	F	Gia Botoulas	11	AFIN JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
128	1:24.62	L	P	Areli Muyaka	11	HARB BPD	24/03/2024 SA Level 2 Regional Age Group Champs
129	1:24.67	L	F	Emily Koegelenberg	11	XCEL CPT	17/02/2024 Swartland Invitational Gala 2024
130	1:24.74	L	F	Alexis De Witt	11	TUKS FSH	20/10/2023 NTS Level 3+ October Age Group 2023
131	1:24.79	L	P	Willow Makwakwa	11	WWOL FSH	24/03/2024 SA Level 2 Regional Age Group Champs

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
132	1:24.89	L	F	Kayla Kleynhans	11	ROA EDD	18/11/2023 Eden LC Champs 2023
133	1:24.99	L	F	Jaimey Shaw	11	PEAS NMA	09/02/2024 Infinity Gala 2024
134	1:25.14	L	F	Sloan Warner	11	INFA NMA	09/02/2024 Infinity Gala 2024
135	1:25.31	L	F	Rebecca Joubert	11	COLJ NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
136	1:25.47	L	P	Anathi Qamba	11	FAC ECU	24/03/2024 SA Level 2 Regional Age Group Champs
137	1:25.48	L	F	Marizelle Vermaak	11	GHS BP	23/02/2024 NW School Championships 2024
138	1:25.50	L	F	Racquelle Saporta	11	INFA NMA	09/02/2024 Infinity Gala 2024
139	1:25.51	L	F	Hope Churchman	11	SEAL UMD	05/04/2024 SA Level 2 Regional Age Group Champs
140	1:25.68	L	F	Kayla-Anne Walker	11	CYBE CPT	10/02/2024 WCA-B Champs - 2024
141	1:25.85	L	P	Tshegofatso Moabelo	11	BAS ECU	24/03/2024 SA Level 2 Regional Age Group Champs
142	1:25.92	L	P	Kyla Short	11	ESP ECU	24/03/2024 SA Level 2 Regional Age Group Champs
143	1:25.94	L	F	Mikayla Coleman	11	TCA ECU	24/11/2023 EGA Summer 4
144	1:25.99	L	P	Tayla Scheepers	11	RFA FSH	24/03/2024 SA Level 2 Regional Age Group Champs
145	1:26.06	L	F	Dané de Kock	11	LSM EZD	23/02/2024 NW School Championships 2024
146	1:26.07	L	P	Ava Grebe	11	CUHE OBD	21/03/2024 SA Level 3 Regional Age Group
147	1:26.34	L	P	Tamika Abbey	11	PER JHB	24/03/2024 SA Level 2 Regional Age Group Champs
148*	1:26.37	L	F	Annabelle Martin	11	AQDO CPT	24/11/2023 CTA A & B CHAMPS 2023
148*	1:26.37	L	F	Nabeeha Raja	11	SPS BUF	30/01/2024 Buffalo City Primary School Trials 2024
150	1:26.44	L	P	Isabella Knight	11	WATR JHB	30/11/2023 CGA Championships 2023
151	1:26.48	L	P	Alexis Kalapac	11	BLMA CPT	21/03/2024 SA Level 3 Regional Age Group
152	1:26.53	L	F	Grace Johns	11	OHAN ILD	27/01/2024 Ushaka Champs 2024
153	1:26.98	L	P	Esme Bowes	11	RFA FSH	24/03/2024 SA Level 2 Regional Age Group Champs
154	1:27.15	L	P	Mieke Oosthuizen	11	HPS FSH	20/03/2024 SA Level 3 Regional Age Group
155	1:27.21	L	F	Lienke Van Wyk	11	BULS MAN	11/11/2023 Bull Sharks Gala
156	1:27.25	L	F	Zanli Le Roux	11	AGAQ OBD	10/02/2024 WCA-B Champs - 2024
157	1:27.26	L	F	Isabella Haldane	11	FISH EDD	18/11/2023 Eden LC Champs 2023
158	1:27.46	L	P	Rorisang Monareng	11	BLNE MAN	26/03/2024 SA Level 2 Regional Age Group Champs
159	1:27.57	L	F	Paula Ouko	11	DORE JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
160	1:27.67	L	P	Wilhandi Meyer	11	BULS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
161	1:27.72	L	F	Kalica Cornelissen	11	KTS	03/02/2024 NCASA SPRINTS 2024
162	1:27.80	L	F	Erika Slabber	11	CASC CPT	17/02/2024 Swartland Invitational Gala 2024
163	1:27.96	L	P	Paige Oliphant	11	PAC FSH	24/03/2024 SA Level 2 Regional Age Group Champs
164	1:28.01	L	F	Jada Hendricks	11	TYGE CPT	18/11/2023 CTA QUALIFYING MEET 2
165	1:28.17	L	F	Kayleigh Brophy	11	AAS JHB	02/03/2024 AG Level 1 Regional Age Group
166	1:28.19	L	F	Nellamari Fourie	11	AGAQ OBD	10/02/2024 WCA-B Champs - 2024
167	1:28.26	L	P	Mijone Beyers	11	SWIFT ECU	24/03/2024 SA Level 2 Regional Age Group Champs
168*	1:28.30	L	F	Chamé De Bruin	11	TUKS FSH	02/02/2024 NTS Level 1+2 February Age Group
168*	1:28.30	L	F	Lene Kloppe	11	QUIC CPT	10/02/2024 WCA-B Champs - 2024
170	1:28.39	L	F	Sophia Hutchison	11	FAAC	14/10/2023 FLAMINGO GALA 14 - 15 OCTOBER
171	1:28.42	L	P	Bukata Mwanza	11	ESP ECU	24/03/2024 SA Level 2 Regional Age Group Champs
172	1:28.44	L	F	Emma du Toit	11	BULS MAN	06/12/2023 Free State Champs 2023
173	1:28.57	L	F	Marni Snyman	11	ELRAS WBD	01/12/2023 Limpopo Champs
174	1:28.60	L	F	Mawande Makumbe	11	TUKS FSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
175*	1:28.67	L	P	Lienke Bester	11	HREF BP	06/12/2023 NWS Championships 2023/24
175*	1:28.67	L	F	Clara Duvenage	11	CA ECU	02/03/2024 AG Level 1 Regional Age Group
177*	1:28.82	L	P	Katie Van den Heever	11	UNI EZD	01/12/2023 Mpumalanga Championships 2023
177*	1:28.82	L	F	Morgan Kaschula	11	SPS BUF	30/01/2024 Buffalo City Primary School Trials 2024
179	1:28.91	L	P	Summer Moonsamy	11	BEAV ETH	05/04/2024 SA Level 2 Regional Age Group Champs
180	1:29.24	L	F	Charlotte Jones	11	SFSC CPT	03/02/2024 Winelands SL final
181	1:29.28	L	P	Lyla Delany	11	TRAZ FSH	24/03/2024 SA Level 2 Regional Age Group Champs
182	1:29.29	L	P	Emma Grobler	11	LAD UTD	05/04/2024 SA Level 2 Regional Age Group Champs
183	1:29.43	L	P	Helene de Bruyn	11	BULS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
184	1:29.47	L	F	Wilmie Fourie	11	UPSK ZMD	03/02/2024 NCASA SPRINTS 2024
185	1:29.50	L	F	Naomi Pearson	11	VINE CPT	18/11/2023 CTA QUALIFYING MEET 2
186	1:29.51	L	P	Ming-Xi Tsai	11	AA JHB	24/03/2024 SA Level 2 Regional Age Group Champs
187	1:29.75	L	P	Elizabeth Willemse	11	VHD ZLD	05/04/2024 SA Level 2 Regional Age Group Champs
188	1:29.77	L	P	Jenna Leppan	11	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
189	1:29.87	L	F	Mia Marais	11	TRAZ FSH	01/12/2023 2023 The Tshwane Mayor's Gala
190	1:29.89	L	F	Gia Newkirk	11	TYGE CPT	18/11/2023 CTA QUALIFYING MEET 2

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
191	1:29.99	L	F	Dione Smit	11	ASAC CPT	10/02/2024 WCA-B Champs - 2024
192	1:30.08	L	F	Sienna Goedhals	11	SPS BUF	30/01/2024 Buffalo City Primary School Trials 2024
193	1:30.10	L	F	Rachael Rodd	11	CASC CPT	17/02/2024 Swartland Invitational Gala 2024
194	1:30.11	L	F	Madeleine de Villiers	11	EXP TSH	16/02/2024 NTS February Open Age Group 2024
195	1:30.16	L	F	Lisasa Faltein	11	PEAS NMA	09/02/2024 Infinity Gala 2024
196*	1:30.21	L	F	Madison Sanan	11	PER JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
196*	1:30.21	L	P	Thalia Naidoo	11	SWIM1 JHB	24/03/2024 SA Level 2 Regional Age Group Champs
198	1:30.31	L	F	Amelia-Rose Schutzler	11	USC BUF	24/11/2023 BCA Long Course Championships 2023
199	1:30.34	L	F	Summer Fang	11	PEAS NMA	22/07/2023 1st A League Gala 2023
200	1:30.39	L	F	Chenique Kooi	11	TUKS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
201	1:30.47	L	P	Makayla Stoltz	11	PER JHB	24/03/2024 SA Level 2 Regional Age Group Champs
202	1:30.64	L	F	Lika Baird	11	GHS BP	23/02/2024 NW School Championships 2024
203	1:30.80	L	F	Paballo Nkosi	11	FAC EKU	02/03/2024 AG Level 1 Regional Age Group
204	1:31.32	L	F	Terri-Drew Sparks	11	AAS JHB	02/03/2024 AG Level 1 Regional Age Group
205	1:31.57	L	P	Hester Janse van Rensburg	11	NWUC KKD	06/12/2023 NWS Championships 2023/24
206	1:31.68	L	F	Zoe Kruger	11	LALE CED	11/11/2023 Winelands SL4
207	1:31.73	L	F	Carlien Coetzee	11	PPARK BP	23/02/2024 NW School Championships 2024
208	1:31.81	L	F	Lheané Du Plessis	11	FISH EDD	20/01/2024 EDEN 4th A-League Gala 2024
209	1:31.83	L	F	Zizipho Ginindza	11	WWOL TSH	02/03/2024 AG Level 1 Regional Age Group
210	1:31.92	L	P	Mia (B) Venter	11	AWIN TSH	24/03/2024 SA Level 2 Regional Age Group Champs
211	1:31.95	L	F	Elmane' de Wet	11	BULS MAN	06/12/2023 Free State Champs 2023
212	1:32.35	L	F	Janel Van der Merwe	11	PRA GSD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
213	1:32.52	L	F	Jaime Sprong	11	ASAC CPT	24/11/2023 CTA A & B CHAMPS 2023
214	1:32.56	L	F	Aneeqah Engelbrecht	11	PAQU CED	05/10/2023 42nd Freda Barnard Invitational Gala
215	1:32.80	L	F	Mudiwa Murangandi	11	TCA EKU	02/03/2024 AG Level 1 Regional Age Group
216	1:32.81	L	F	Lara Van Veelen	11	LSDW CCD	27/01/2024 Limpopo School Champs
217	1:32.93	L	P	Katelyn Naidoo	11	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
218	1:32.96	L	P	Emma Gibson-Taylor	11	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
219	1:33.16	L	F	Luah Theron	11	CSC TSH	16/02/2024 NTS February Open Age Group 2024
220	1:33.23	L S	F	Sophia Duggan	11	PEAS NMA	26/01/2024 6th A League Gala 2024
221*	1:33.34	L	F	Nelda Strijdom	11	LSMSA VB	27/01/2024 Limpopo School Champs
221*	1:33.34	L	P	Reatile Ntidi	11	NWUC KKD	26/03/2024 SA Level 2 Regional Age Group Champs
223	1:33.36	L	P	Le-May Van Zyl	11	ELRAS WBD	24/03/2024 SA Level 2 Regional Age Group Champs
224	1:33.70	L	P	Entle Lehabe	11	TRAZ TSH	24/03/2024 SA Level 2 Regional Age Group Champs
225	1:33.86	L	F	Lienka De Jager	11	BARR CPT	17/09/2023 CTA BMEET 3
226*	1:33.96	L	F	Emily Van't Slot	11	BLMA CPT	21/01/2024 CTA BMEET 4
226*	1:33.96	L	F	Emily Van't Slot	11	BLMA CPT	21/01/2024 CTA BMEET 4
226*	1:33.96	L	F	Emily Van't Slot	11	BLMA CPT	21/01/2024 CTA BMEET 4
229	1:33.97	L	F	Alexa Steenkamp	11	CPSC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
230	1:33.99	L	P	Retshepile Phalafala	11	MDOL JHB	24/03/2024 SA Level 2 Regional Age Group Champs
231	1:34.02	L	P	Cayla Fourie	11	NAE EZD	01/12/2023 Mpumalanga Championships 2023
232	1:34.12	L	P	Alexia Dippenaar	11	BS LLD	26/03/2024 SA Level 2 Regional Age Group Champs
233	1:34.14	L	F	Isabelle Kent	11	BLMA CPT	10/02/2024 WCA-B Champs - 2024
234	1:34.20	L	F	Nandile Shabalala	11	AQUA BUF	03/02/2024 Uthukela District February 2024 Age
235	1:34.22	L	F	Isabel Smith	11	HARL BUF	24/11/2023 BCA Long Course Championships 2023
236	1:34.51	L	P	Hiranya Moodley	11	USH KCD	05/04/2024 SA Level 2 Regional Age Group Champs
237	1:34.68	L	F	Noluthando Nkosi	11	NSAD EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
238	1:34.71	L	P	Rebecca Sam	11	HPS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
239	1:34.80	L	F	Tumisho Mojapelo	11	WWOL TSH	02/03/2024 AG Level 1 Regional Age Group
240	1:35.03	L	F	Leah Wentzel	11	MARL CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
241	1:35.04	L	P	Mieke Jordaan	11	KTS	26/03/2024 SA Level 2 Regional Age Group Champs
242	1:35.15	L	F	Katelyn Ubogu	11	DORE JHB	27/01/2024 CGA Level 2+ Gala 27 Jan 2024
243	1:35.24	L	F	Dominic De Jager	11	USH KCD	27/01/2024 Ushaka Champs 2024
244	1:35.31	L	P	Leandi Swarts	11	PSA ZLD	20/03/2024 SA Level 3 Regional Age Group
245	1:35.46	L	F	Bailey Maralik	11	AFIN JHB	02/03/2024 AG Level 1 Regional Age Group
246*	1:35.57	L	F	Taliyah Eveleigh	11	MCS BP	23/02/2024 NW School Championships 2024
246*	1:35.57	L	P	Izeldi Van Niekerk	11	DOLFI MPD	24/03/2024 SA Level 2 Regional Age Group Champs
248	1:35.79	L	F	Ava van der Mescht	11	DESA NMA	09/02/2024 Infinity Gala 2024
249	1:35.84	L	F	Lerina Thomas	11	SWAR WCD	10/02/2024 WCA-B Champs - 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
250	1:35.87 L	F	Jessieka Faul	11	ASAC CPT	10/02/2024	WCA-B Champs - 2024
251	1:35.90 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023
252	1:35.93 L	F	Tahlia Roelofsz	11	VHD ZLD	24/11/2023	Westville-Seals LC Championships
253	1:36.07 L	F	Juno Bouwer	11	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
254	1:36.22 L	F	Ella Myburgy	11	COLJ NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
255	1:36.36 L	F	Lume Fourie	11	TINC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
256	1:36.74 L	F	Olivia Renaud	11	UNI EZD	02/02/2024	MP AGE GROUP 5 GALA
257	1:37.03 L	F	Sydney Howes	11	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
258	1:37.18 L	F	Mila Barkhuysen	11	GREY CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
259	1:37.47 L	F	Zahraa Essack	11	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
260	1:38.01 L	F	Isabella Ralph	11	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
261	1:38.02 L	F	Mabel Savage	11	GSA CPT	18/11/2023	CTA QUALIFYING MEET 2
262	1:38.26 L	F	Ratang Tebeila	11	POLSC CCD	01/12/2023	Limpopo Champs
263	1:38.27 L	F	Ella Warren	11	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
264	1:38.35 L	F	Zenande Mgwanya	11	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
265	1:38.46 L	F	Zoe Lambropoulos	11	TRAZ TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
266	1:38.48 L	F	Nicolene Filo	11	RFA TSH	02/02/2024	NTS Level 1+2 February Age Group
267	1:38.82 L	P	Wangai Githiri	11	ONYX EKU	24/03/2024	SA Level 2 Regional Age Group Champs
268	1:39.32 L	F	Leah Du Plessis	11	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
269	1:39.37 L	F	Larique Pretorius	11	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
270	1:39.79 L	F	Liné Schoeman	11	FISH EDD	18/11/2023	Eden LC Champs 2023
271	1:39.94 L	F	Willow Halse	11	CAMBP BUF	30/01/2024	Buffalo City Primary School Trials 2024
272	1:40.16 L	F	Roxanne Coetzee	11	GHS BP	23/02/2024	NW School Championships 2024
273	1:40.24 L	P	Carli Puth	11	RBOT BPD	06/12/2023	NWS Championships 2023/24
274	1:40.46 L	P	Sofia O'Leary	11	BON EKU	07/12/2023	EGA Summer Championships
275	1:40.62 L	F	Michaela Hirst	11	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
276	1:40.64 L	F	Amelia Green	11	MAKO EKU	26/01/2024	EGA Last Chance 2024
277	1:40.78 L	F	Lexi Tortlutter	11	SFSC CPT	03/02/2024	Winelands SL final
278	1:40.79 L	F	Rebekah Johnson	11	AQDO CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
279	1:41.09 L	F	Leandi Liebenberg	11	SS MPD	01/12/2023	Limpopo Champs
280	1:41.31 L	F	Yu Xuan Jin	11	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
281	1:41.34 L	F	Amogelang Kutu	11	SS MPD	01/12/2023	Limpopo Champs
282	1:41.37 L	F	Addison-Jane Barker-Goldie	11	SAAW CPT	17/09/2023	CTA BMEET 3
283*	1:41.59 L	F	Anmari Du Toit	11	QSAW CED	05/10/2023	42nd Freda Barnard Invitational Gala
283*	1:41.59 L	P	Elsa Massawe	11	BAS EKU	07/12/2023	EGA Summer Championships
285	1:41.72 L	F	Noko Phalafala	11	HPS TSH	02/03/2024	AG Level 1 Regional Age Group
286	1:41.73 L	F	Ziyada Tekle	11	HARL BUF	27/01/2024	BCA January Age Group Gala 2024
287	1:41.75 L	F	Ruvarashe Mendu	11	INFA NMA	24/06/2023	PEA Winter Gala 2023
288	1:41.85 L	F	Liane Muller	11	INFA NMA	21/10/2023	4th A League Gala 2023
289	1:41.94 L	F	Emily Botha	11	ASAC CPT	21/01/2024	CTA BMEET 4
290	1:42.05 L	F	Livia Vancoillie	11	QUIC CPT	05/10/2023	42nd Freda Barnard Invitational Gala
291	1:42.75 L	F	Menieke Rowe-Rowe	11	BULS MAN	21/10/2023	Otters Prestige Gala 2023
292	1:43.02 L	F	Cara van Wyk	11	BARR CPT	24/11/2023	CTA A & B CHAMPS 2023
293	1:43.09 L	P	Lea Kotzé	11	NWUC KKD	06/12/2023	NWS Championships 2023/24
294	1:43.16 L	F	Livi Engelbrecht	11	PAC TSH	03/11/2023	NTS Level 1+2 November Age Group
295	1:43.32 L	F	Imke Swanepoel	11	FISH EDD	17/02/2024	EDEN 5th A-League Gala 2024
296	1:43.49 L	F	Ndimenhle Bhengu	11	PSCP UMD	24/11/2023	Westville-Seals LC Championships
297	1:44.55 L	F	Elihle Ntaka	11	UMSH ETH	21/01/2024	EDA Age Group Gala 5 2024
298*	1:44.87 L	F	Zoe Katiyo	11	AAS JHB	02/03/2024	AG Level 1 Regional Age Group
298*	1:44.87 L	F	Mosa Seboko	11	WSS LLD	03/11/2023	Heidedal Welkom Gala
300	1:45.08 L	F	Machayda Titus	11	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
301	1:45.11 L	F	Liané Stoltz	11	UPL EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
302	1:46.99 L	F	Ikageng Moloko	11	TUKS TSH	02/03/2024	AG Level 1 Regional Age Group
303	1:47.01 L	F	Sia Broncho	11	PER JHB	02/03/2024	AG Level 1 Regional Age Group
304	1:48.10 L	F	Lienke Nauhaus	11	QSAW CED	11/11/2023	Swartland Prestige Gala 2023
305	1:48.25 L	F	Dominique Birkenstock	11	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group
306	1:48.54 L	F	Basse Molai	11	BULS MAN	02/03/2024	FSA Level 1 2024
307	1:48.99 L	F	Beersheba Negash	11	BARA EKU	02/03/2024	AG Level 1 Regional Age Group
308	1:49.22 L	F	Ava Tyson	11	CAMBP BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
309	1:49.29	L	F	Holly-Rae Ayerst	11	BEST NMA	21/10/2023 4th A League Gala 2023
310	1:50.04	L	F	Maia Nel	11	LALE CED	11/11/2023 Winelands SL4
311	1:50.49	L	F	Taila Erasmus	11	PELIC MAN	02/03/2024 FSA Level 1 2024
312	1:50.62	L	F	Anje Fourie	11	NWUC KKD	11/11/2023 NWS Age Group 3 + 4
313	1:50.63	L	F	Erinn Mare	11	CPSC TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
314	1:51.31	L	F	Khanya Ramone	11	CKDP KK	23/02/2024 NW School Championships 2024
315	1:51.67	L	F	Skyla Gaudin	11	FRA KCD	21/10/2023 Froggies Championships 2023
316	1:51.98	L	F	Lenè Mulder	11	HPS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
317	1:52.43	L	F	Amelie Polson	11	BEARS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
318	1:52.51	L	F	Nyandano Madaba	11	FAC ECU	28/10/2023 EGA Summer 2 2023
319	1:52.58	L	F	Haylee Julius	11	KHAY CPT	17/09/2023 CTA BMEET 3
320	1:52.64	L	F	Anika Bester	11	STGR XRD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
321	1:52.79	L	F	Amy Erasmus	11	PELIC MAN	02/03/2024 FSA Level 1 2024
322	1:52.93	L	F	Kaitlyn Haynes-Smart	11	VINE CPT	11/11/2023 Swartland Prestige Gala 2023
323	1:52.94	L	F	Boikgantsho Mwase	11	RBOT BPD	11/11/2023 NWS Age Group 3 + 4
324	1:53.18	L	F	Annemi Loots	11	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
325	1:54.52	L	F	Lily Lucas	11	KHAY CPT	21/01/2024 CTA BMEET 4
326	1:54.59	L	F	Mia Tyson	11	CAMPB BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
327	1:54.67	L	F	Roaluswa Monenzhe	11	CKDP KK	23/02/2024 NW School Championships 2024
328	1:54.77	L	F	Karla Wolmarans	11	UPSK ZMD	20/01/2024 AGE GROUP 5 UPT 2024
329	1:54.80	L	F	Lienke Mulke	11	FAAC	14/10/2023 FLAMINGO GALA 14 - 15 OCTOBER
330	1:56.16	L	F	Miyanke Landmann	11	BETH FDD	02/03/2024 FSA Level 1 2024
331	1:56.91	L	F	Murendwa Tshikota	11	LSWBA WB	27/01/2024 Limpopo School Champs
332	1:58.21	L	F	Sanelisiwe Blose	11	FRA KCD	21/10/2023 Froggies Championships 2023
333	1:58.34	L	F	Heili Vorster	11	WATR JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
334	1:59.51	L	F	Ameah Mitchell	11	KHAY CPT	21/01/2024 CTA BMEET 4
335	1:59.80	L	F	Khanyisa Mqoke	11	WELA LLD	16/02/2024 Neptunes Last chance Gala
336	2:00.33	L	F	Thatohatsi Masomba	11	THOK ECU	02/03/2024 AG Level 1 Regional Age Group
337	2:00.85	L	F	Alissa Nyambuki	11	BARR CPT	17/09/2023 CTA BMEET 3
338	2:03.55	L	F	Tshiamo Mlangeni	11	MPS NGD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
339	2:04.85	L	F	Nandile Mtambeka	11	BHURS BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
340	2:06.00	L	F	Khumo Goeieman	11	KALA	11/11/2023 AGE GROUP 1 KATHU
341	2:08.17	L	P	Mokgabo Monnana	11	TLAC BPD	06/12/2023 NWS Championships 2023/24
342	2:08.57	L	F	Nobuhle Hlophe	11	POLSC CCD	21/10/2023 Limpopo Age Group 4
343	2:09.56	L	F	Elri de Wet	11	STGR XRD	20/01/2024 AGE GROUP 5 KBY 2024
344	2:09.95	L	F	Nalin Pillay	11	WEST CPT	05/10/2023 42nd Freda Barnard Invitational Gala
345	2:14.89	L	F	Nande Mtambeka	11	BHURS BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
346	2:16.59	L	F	Skye Mabie	11	PEAS NMA	24/06/2023 PEA Winter Gala 2023
347	2:18.04	L	F	Madison Thiaradt	11	EVO CPT	11/11/2023 Swartland Prestige Gala 2023
348	2:20.03	L	F	Alexis Visagie	11	PEAS NMA	22/07/2023 1st A League Gala 2023
349	2:31.38	L	F	El dane Pretorius	11	KALA	03/02/2024 NCASA SPRINTS 2024
350	2:34.20	L	F	Elethu Maqabangqa	11	KHAY CPT	17/09/2023 CTA BMEET 3

#### Women 11-11 200 Free

1	2:22.62	L	P	Shalea Hamilton	11	BEST NMA	19/04/2024 SA Schools Swimming Championship
2	2:26.77	L	P	Aqeelah Williams	11	WCA CPT	19/04/2024 SA Schools Swimming Championship
3	2:29.42	L	F	Evie du Plessis	11	BLOT MAN	21/03/2024 SA Level 3 Regional Age Group
4	2:30.00	L	F	Shiloh Cruywagen	11	SEAL UMD	21/03/2024 SA Level 3 Regional Age Group
5	2:31.31	L	P	Ava Bosch	11	BAS ECU	15/03/2024 SA National Junior Age Group
6	2:33.70	L	F	Erin Neumann	11	GSA CPT	24/06/2023 PEA Winter Gala 2023
7	2:34.58	L	F	Georgia Sabbagha	11	PAQU CED	21/03/2024 SA Level 3 Regional Age Group
8	2:34.61	L	P	Mackenzie Raffle	11	CA ECU	20/03/2024 SA Level 3 Regional Age Group
9	2:36.11	L	F	Arya De Sousa	11	TRAZ TSH	20/03/2024 SA Level 3 Regional Age Group
10	2:36.25	L	F	Riley Haupt	11	CA ECU	20/03/2024 SA Level 3 Regional Age Group
11	2:37.10	L	F	Emma Van Deventer	11	SGUL ETH	21/03/2024 SA Level 3 Regional Age Group
12	2:37.43	L	F	Roze Van Wyk	11	NSFED	21/03/2024 SA Level 3 Regional Age Group
13	2:38.56	L	F	Noa Sebastiao	11	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
14	2:38.77	L	F	Katherine Harrop-Allin	11	CSC TSH	20/03/2024 SA Level 3 Regional Age Group
15	2:38.88	L	F	Alexis Visser	11	MAKO ECU	20/03/2024 SA Level 3 Regional Age Group
16	2:39.57	L	P	Johané Burger	11	ROA EDD	21/03/2024 SA Level 3 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
17	2:39.85	L	F	Mikaela Lotz	11	PAC FSH	20/03/2024	SA Level 3 Regional Age Group
18	2:40.21	L	F	Oyama Baqwa	11	SGUL ETH	21/03/2024	SA Level 3 Regional Age Group
19	2:41.12	L	P	Jamie Els	11	AQDO CPT	21/03/2024	SA Level 3 Regional Age Group
20	2:41.46	L	P	Amelie Billson	11	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
21	2:42.82	L	P	Ruvarashe Chibharo	11	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
22	2:43.41	L	P	Victoria Meyburgh	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
23	2:43.83	L	F	Jessica Jansen van Vuuren	11	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
24	2:44.20	L	P	Anke Carstens	11	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
25	2:44.65	L	P	Alize Engelbrecht	11	CSA EZD	20/03/2024	SA Level 3 Regional Age Group
26	2:44.71	L	F	Megan Jacobs	11	WSTV ETH	24/11/2023	Westville-Seals LC Championships
27	2:44.82	L	F	Wilhelmina Erasmus	11	ELRAS WBD	01/12/2023	Limpopo Champs
28	2:46.24	L	F	Jua Jonker	11	UNAT	23/02/2024	NW School Championships 2024
29	2:46.46	L	F	Lumka Zamisa	11	PWC BP	23/02/2024	NW School Championships 2024
30	2:47.37	L	F	Carinke Wessels	11	BLOT MAN	06/12/2023	Free State Champs 2023
31	2:47.73	L	P	Kathryn Nolan	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
32	2:47.84	L	F	Karlia Degenaar	11	TUKS FSH	26/01/2024	NTS Level 3+ Januaery Age Group 2024
33	2:48.16	L	P	Laila Christie	11	USC BUF	21/03/2024	SA Level 3 Regional Age Group
34	2:48.42	L	F	Arabella Symington	11	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
35*	2:50.00	L	P	Chisi Magubbwi	11	MDOL JHB	30/11/2023	CGA Championships 2023
35*	2:50.00	L	F	Xinyue Huang	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
37	2:50.09	L	F	Ineke Van Maarleveld	11	ACAQ CCD	01/12/2023	Limpopo Champs
38	2:50.62	L	P	Nee'lah Steyn	11	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group
39	2:50.89	L	F	Sisanda Palframan	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
40	2:51.46	L	P	Olivia Meyburgh	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
41	2:51.80	L	F	Mikayla Oliver	11	PAC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
42	2:51.84	L	P	Olivia Nel	11	CLSC WCD	21/03/2024	SA Level 3 Regional Age Group
43	2:51.86	L	F	Olivia Kruger	11	QSAW CED	10/02/2024	WCA-B Champs - 2024
44	2:51.94	L	F	Barcelona Xaba	11	SASE JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
45	2:52.11	L	F	Lily Hoar	11	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
46	2:52.67	L	F	Uma Pearson-Adams	11	SAAW CPT	10/02/2024	WCA-B Champs - 2024
47	2:52.94	L	F	Nicoline Du Preez	11	NWS	27/01/2024	4 + 1 Inter Provincial Gala 2023
48*	2:53.42	L	P	Ayvah Jacob	11	HASC JHB	20/03/2024	SA Level 3 Regional Age Group
48*	2:53.42	L	F	Mikayla Jordaan	11	GREY CPT	10/02/2024	WCA-B Champs - 2024
50	2:53.48	L	P	Jasmine Woodburn	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
51	2:53.71	L	F	Inge Du Plessis	11	LSTZN CCD	27/01/2024	Limpopo School Champs
52	2:54.51	L	P	Phillipa Williams	11	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
53	2:55.28	L S	F	Anna Horn	11	XCEL CPT	24/11/2023	CTA A & B CHAMPS 2023
54	2:55.98	L	P	Elah-Mae Budram	11	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
55	2:56.03	L S	F	Megan Palmer	11	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
56	2:56.67	L	F	Liane Van Zyl	11	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
57	2:56.99	L	P	Sage Lindsay	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
58	2:57.32	L	P	Sophia Winterbach	11	ASA HLD	21/03/2024	SA Level 3 Regional Age Group
59	2:57.37	L	F	Destheonique Julius	11	KALA	10/02/2024	AGE GROUP 6 KATHU 2024
60	2:57.40	L	F	Jessica Arenz	11	MANT CPT	10/02/2024	WCA-B Champs - 2024
61	2:57.72	L	F	Charlotte Hofinger	11	ASAC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
62	2:57.86	L	F	Brooklyn Terwin	11	USC BUF	09/02/2024	Infinity Gala 2024
63	2:58.28	L	F	Kate Chesire	11	MDOL JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
64	2:58.56	L	F	Annabella Venter	11	VRC FSH	02/02/2024	NTS Level 1+2 February Age Group
65	2:58.73	L	F	Alivia Nel	11	CRSC JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
66	2:58.75	L S	F	Leane Nel	11	EXP FSH	24/03/2024	SA Level 2 Regional Age Group Champs
67	2:59.12	L	F	Christie Snyders	11	VALS FDD	06/12/2023	Free State Champs 2023
68	2:59.15	L	F	Peighton Le Roux	11	TCA EKU	11/11/2023	EGA Summer 3
69	2:59.33	L S	F	Jessica Caldeira	11	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
70	2:59.59	L	F	Nokutenda Tembo	11	KNYA EDD	17/02/2024	EDEN 5th A-League Gala 2024
71	3:00.03	L	F	Alexis De Witt	11	TUKS FSH	16/02/2024	NTS February Open Age Group 2024
72	3:00.04	L S	F	Jadine Grobler	11	TKS WBD	24/03/2024	SA Level 2 Regional Age Group Champs
73	3:00.33	L	F	Ella Adams	11	TYGE CPT	10/02/2024	WCA-B Champs - 2024
74	3:00.65	L	F	Emma Cullis	11	VINE CPT	10/02/2024	WCA-B Champs - 2024
75	3:00.83	L	P	Sarah-Kate Odendaal	11	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
76	3:01.04	L S	F	Abigail Paice	11	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs
77	3:01.06	L	P	Alyssa Coetzer	11	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
78	3:01.27	L	F	Hlumisa Mfabe	11	USC BUF	15/12/2023	NMBA Championships 2023
79	3:01.57	L	F	Sophie Kretzmann	11	USC BUF	24/11/2023	BCA Long Course Championships 2023
80	3:01.58	L S	F	Zia Habib	11	MDOL JHB	24/03/2024	SA Level 2 Regional Age Group Champs
81	3:01.86	L S	F	Mikaela Van Heerden	11	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
82*	3:02.01	L	F	Danika Steyn	11	KSC EZD	13/10/2023	MP AGE GROUP 2
82*	3:02.01	L	P	Chloe Rautenbach	11	UNI EZD	20/03/2024	SA Level 3 Regional Age Group
84	3:02.24	L S	F	Kyla Short	11	ESP EKU	24/03/2024	SA Level 2 Regional Age Group Champs
85	3:02.30	L	F	Miané Logan	11	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
86	3:02.43	L	F	Saffiya Emjedi	11	SAAW CPT	10/02/2024	WCA-B Champs - 2024
87	3:02.57	L	F	Emilie Conradie	11	SAAW CPT	10/02/2024	WCA-B Champs - 2024
88	3:02.62	L S	F	Grace Julies	11	XCEL CPT	24/11/2023	CTA A & B CHAMPS 2023
89	3:02.66	L S	F	Isabella Vreenegoor	11	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
90	3:02.98	L	F	Rirhandzu Chauke	11	DORE JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
91	3:03.03	L	F	Emily Koegelenberg	11	XCEL CPT	10/02/2024	WCA-B Champs - 2024
92	3:03.08	L	F	Mia Vorster	11	WELA LLD	27/10/2023	Neptune Prestige Gala
93	3:03.40	L S	F	Harley Knudsen	11	CA EKU	24/03/2024	SA Level 2 Regional Age Group Champs
94	3:03.58	L S	F	Beate Van Niekerk	11	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
95	3:03.72	L S	F	Gabrielle Brooks	11	INFA NMA	26/01/2024	6th A League Gala 2024
96	3:03.76	L	P	Lara Rosenstrauch	11	HTSA CPT	21/03/2024	SA Level 3 Regional Age Group
97	3:04.38	L	F	Sloan Warner	11	INFA NMA	09/02/2024	Infinity Gala 2024
98	3:04.82	L	F	Katryn Landsberg	11	INFA NMA	11/11/2023	5th A League Gala 2023
99	3:05.84	L	F	Mienke Kok	11	INFA NMA	24/06/2023	PEA Winter Gala 2023
100	3:05.85	L	P	Mila Hinteregger	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
101	3:06.09	L	F	Gia Stedall	11	WWOL TSH	01/12/2023	2023 The Tshwane Mayor's Gala
102	3:06.17	L	F	Emma du Toit	11	BULS MAN	16/02/2024	Neptunes Last chance Gala
103	3:06.20	L	F	Kirsten Cupido	11	VINE CPT	10/02/2024	WCA-B Champs - 2024
104	3:06.85	L	F	Kiela Isted	11	SGUL ETH	24/11/2023	Westville-Seals LC Championships
105	3:06.91	L	F	Grace Johns	11	OHAN LLD	05/04/2024	SA Level 2 Regional Age Group Champs
106	3:07.29	L	F	Ava Grebe	11	CUHE OBD	17/02/2024	Swartland Invitational Gala 2024
107	3:07.50	L S	F	Ilê Ferreira	11	ZASC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
108	3:07.51	L	F	Jada Hendricks	11	TYGE CPT	10/02/2024	WCA-B Champs - 2024
109	3:08.19	L	F	Qhanyiya Sizani	11	WWOL TSH	01/12/2023	2023 The Tshwane Mayor's Gala
110	3:08.42	L	F	Marizelle Vermaak	11	GHS BP	23/02/2024	NW School Championships 2024
111	3:08.64	L S	F	Willow Makwakwa	11	WWOL TSH	24/03/2024	SA Level 2 Regional Age Group Champs
112	3:08.67	L	P	Hope Churchman	11	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
113	3:08.68	L	F	Dione Smit	11	ASAC CPT	10/02/2024	WCA-B Champs - 2024
114	3:08.76	L	P	Mattae Morel	11	SWIFT EKU	20/03/2024	SA Level 3 Regional Age Group
115	3:08.78	L	F	Isabella Haldane	11	FISH EDD	18/11/2023	Eden LC Champs 2023
116	3:08.88	L	F	Lia van Heerden	11	BS LLD	06/12/2023	Free State Champs 2023
117	3:09.04	L	F	Tatum van Zijl	11	OHAN LLD	24/11/2023	Westville-Seals LC Championships
118	3:09.52	L S	F	Milani Butau	11	BEST NMA	05/10/2023	42nd Freda Barnard Invitational Gala
119	3:09.65	L	F	Zoe Andrews	11	CA EKU	02/03/2024	AG Level 1 Regional Age Group
120	3:09.77	L	F	Lienke Bester	11	HREF BP	10/02/2024	WCA-B Champs - 2024
121	3:09.85	L	F	Kayla Kleynhans	11	ROA EDD	18/11/2023	Eden LC Champs 2023
122	3:09.89	L	F	Dané de Kock	11	LSM EZD	23/02/2024	NW School Championships 2024
123	3:09.98	L	F	Oyama Tuta	11	FSA FS	27/01/2024	4 + 1 Inter Provincial Gala 2023
124	3:10.01	L	F	Tayla Scheepers	11	RFA TSH	02/02/2024	NTS Level 1+2 February Age Group
125	3:10.35	L	F	Charné De Bruin	11	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
126	3:11.61	L S	F	Riley Sanders	11	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
127	3:11.66	L S	P	Shelby Schoeman	11	SOUL EKU	07/12/2023	EGA Summer Championships
128	3:11.81	L	F	Alexis Kalapac	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024
129	3:12.16	L	F	Sophia Hutchison	11	FAAC	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
130	3:12.37	L	P	Isabella Knight	11	WATR JHB	30/11/2023	CGA Championships 2023
131	3:12.41	L	P	Madison Wissekerke	11	FRA KCD	05/04/2024	SA Level 2 Regional Age Group Champs
132	3:12.59	L S	F	Mijone Beyers	11	SWIFT EKU	24/03/2024	SA Level 2 Regional Age Group Champs
133	3:12.74	L	F	Areli Muyaka	11	HARB BPD	02/02/2024	NTS Level 1+2 February Age Group
134	3:12.78	L	F	Grizelda Janse van Rensburg	11	NWUC KKD	26/03/2024	SA Level 2 Regional Age Group Champs

### Individual Top Times

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
135	3:13.14	L S	P	Mikayla Coleman	11	TCA EKU	07/12/2023	EGA Summer Championships
136	3:13.28	L	F	Mia Marais	11	TRAZ FSH	01/12/2023	2023 The Tshwane Mayor's Gala
137	3:13.47	L	F	Emma Ristow	11	CPRIM BUF	03/02/2024	Buffalo City School Trials 2024
138	3:13.91	L	F	Amelia-Rose Schutlzler	11	CPRIM BUF	03/02/2024	Buffalo City School Trials 2024
139*	3:14.05	L S	F	Racquelle Saporta	11	INFA NMA	05/10/2023	42nd Freda Barnard Invitational Gala
139*	3:14.05	L S	F	Tshegofatso Moabelo	11	BAS EKU	24/03/2024	SA Level 2 Regional Age Group Champs
141	3:14.54	L S	F	Bukata Mwanza	11	ESP EKU	24/03/2024	SA Level 2 Regional Age Group Champs
142	3:14.59	L	P	Khalalelo Ratlhogo	11	ESP EKU	20/03/2024	SA Level 3 Regional Age Group
143	3:14.72	L	F	Nellamari Fourie	11	AGAQ QBD	11/11/2023	Swartland Prestige Gala 2023
144	3:14.88	L S	F	Tamika Abbey	11	PER JHB	24/03/2024	SA Level 2 Regional Age Group Champs
145	3:15.28	L	F	Laila van Antwerpen	11	PAC FSH	03/11/2023	NTS Level 1+2 November Age Group
146	3:16.75	L	F	Kaitlyn Haynes-Smart	11	VINE CPT	21/01/2024	CTA BMEET 4
147	3:16.79	L	F	Erika Slabber	11	CASC CPT	17/02/2024	Swartland Invitational Gala 2024
148	3:16.97	L S	F	Makayla Stoltz	11	PER JHB	24/03/2024	SA Level 2 Regional Age Group Champs
149	3:17.07	L S	F	Sophia Duggan	11	PEAS NMA	26/01/2024	6th A League Gala 2024
150	3:17.23	L	F	Wilmie Fourie	11	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
151	3:17.78	L	F	Elmane' de Wet	11	BULS MAN	06/12/2023	Free State Champs 2023
152	3:18.14	L	F	Wilhandi Meyer	11	BULS MAN	06/12/2023	Free State Champs 2023
153*	3:18.38	L S	F	Anathi Qamba	11	FAC EKU	24/03/2024	SA Level 2 Regional Age Group Champs
153*	3:18.38	L	F	Emma Grobler	11	LAD UTD	05/04/2024	SA Level 2 Regional Age Group Champs
155	3:18.43	L	F	Kayla-Anne Walker	11	CYBE CPT	21/01/2024	CTA BMEET 4
156	3:18.50	L	F	Ava van der Mescht	11	DESA NMA	09/02/2024	Infinity Gala 2024
157	3:19.31	L	F	Paige Oliphant	11	PAC FSH	03/11/2023	NTS Level 1+2 November Age Group
158	3:19.56	L	F	Helene de Bruyn	11	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
159	3:19.89	L	F	Lika Baird	11	GHS BP	23/02/2024	NW School Championships 2024
160	3:20.09	L	F	Janel Van der Merwe	11	PRA GSD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
161	3:20.32	L	F	Marni Snyman	11	ELRAS WBD	01/12/2023	Limpopo Champs
162	3:20.53	L	F	Laura Muller	11	LINR JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
163	3:20.66	L	F	Katie Van den Heever	11	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
164	3:20.72	L	F	Lene Klopper	11	QUIC CPT	10/02/2024	WCA-B Champs - 2024
165	3:21.00	L	F	Charlotte Jones	11	SFSC CPT	03/02/2024	Winelands SL final
166	3:21.02	L	F	Leah Wentzel	11	MARL CPT	17/02/2024	Swartland Invitational Gala 2024
167	3:21.12	L	F	Jaimey Shaw	11	PEAS NMA	24/06/2023	PEA Winter Gala 2023
168	3:21.71	L	F	Ming-Xi Tsai	11	AA JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
169	3:21.96	L	F	Zoe Kruger	11	LALE CED	11/11/2023	Winelands SL4
170	3:21.98	L	F	Mia Smit	11	KSC EZD	02/02/2024	MP AGE GROUP 5 GALA
171	3:22.22	L	F	Summer Fang	11	PEAS NMA	24/06/2023	PEA Winter Gala 2023
172	3:22.28	L	F	Isabel Smith	11	HARL BUF	24/11/2023	BCA Long Course Championships 2023
173	3:23.18	L	P	Elizabeth Willemse	11	VHD ZLD	05/04/2024	SA Level 2 Regional Age Group Champs
174	3:23.55	L	F	Esme Bowes	11	RFA FSH	01/12/2023	2023 The Tshwane Mayor's Gala
175	3:23.78	L	P	Zethembiso Mbambo	11	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
176	3:24.99	L S	F	Jaime Sprong	11	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
177	3:25.10	L	F	Emihle Mnunu	11	FRA KCD	03/02/2024	KCDA February Age Group 2024
178	3:25.15	L	P	Gia Botoulas	11	AFIN JHB	30/11/2023	CGA Championships 2023
179	3:25.56	L	F	Emma Gibson-Taylor	11	AZON ETH	24/11/2023	Westville-Seals LC Championships
180	3:25.69	L	F	Isabelle Kent	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024
181	3:25.85	L	F	Bonaventure Makore	11	ASAC CPT	21/01/2024	CTA BMEET 4
182	3:25.91	L	F	Nandile Shabalala	11	AQUA BUF	05/04/2024	SA Level 2 Regional Age Group Champs
183	3:26.30	L	F	Hiranya Moodley	11	USH KCD	02/12/2023	Stingrays Swim Champs 2023
184	3:26.34	L	F	Luah Theron	11	CSC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
185	3:26.35	L	F	Juno Bouwer	11	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
186	3:26.39	L	F	Lyla Delany	11	TRAZ FSH	01/12/2023	2023 The Tshwane Mayor's Gala
187	3:26.59	L S	F	Thalia Naidoo	11	SWIM1 JHB	24/03/2024	SA Level 2 Regional Age Group Champs
188	3:26.66	L S	F	Rebecca Sam	11	HPS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
189	3:27.27	L S	F	Zia-Bella Engelbrecht	11	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023
190	3:27.65	L	F	Gia Newkirk	11	TYGE CPT	21/01/2024	CTA BMEET 4
191	3:27.87	L	F	Lienke Van Wyk	11	BULS MAN	27/01/2024	Pelicans Gala 2024
192	3:27.89	L	F	Kensi-Anne Missing	11	AFIN JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
193	3:27.96	L	P	Paula Ouko	11	DORE JHB	30/11/2023	CGA Championships 2023



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
194	3:28.03	L S	F	Zanli Le Roux	11	AGAQ	05/10/2023 42nd Freda Barnard Invitational Gala
195	3:28.07	L	P	Mieke Jordaan	11	KTS	26/03/2024 SA Level 2 Regional Age Group Champs
196	3:28.32	L	F	Zoe Lambropoulos	11	TRAZ	03/11/2023 NTS Level 1+2 November Age Group
197	3:28.49	L	F	Kaylee Scheepers	11	WBSK	21/10/2023 Limpopo Age Group 4
198	3:28.98	L S	F	Jessieka Faul	11	ASAC	24/11/2023 CTA A & B CHAMPS 2023
199	3:28.99	L	F	Carlien Coetzee	11	PPARK	23/02/2024 NW School Championships 2024
200	3:29.97	L	F	Hester Janse van Rensburg	11	NWUC	06/12/2023 NWS Championships 2023/24
201	3:30.05	L	F	Mila Barkhuysen	11	GREY	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
202	3:30.69	L	F	Lauren Kleinhans	11	AA	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
203	3:30.72	L	F	Noluthando Nkosi	11	NSAD	01/12/2023 Mpumalanga Championships 2023
204	3:31.31	L	F	Le-May Van Zyl	11	ELRAS	01/12/2023 Limpopo Champs
205	3:31.35	L S	P	Paballo Nkosi	11	FAC	07/12/2023 EGA Summer Championships
206	3:31.42	L S	F	Alexa Steenkamp	11	CPSC	24/03/2024 SA Level 2 Regional Age Group Champs
207	3:32.21	L	F	Katelyn Ubogu	11	DORE	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
208*	3:32.35	L	F	Emily Van t Slot	11	BLMA	21/01/2024 CTA BMEET 4
208*	3:32.35	L	F	Emily Van't Slot	11	BLMA	21/01/2024 CTA BMEET 4
208*	3:32.35	L	F	Emily Van't Slot	11	BLMA	21/01/2024 CTA BMEET 4
211	3:32.49	L	P	Rorisang Monareng	11	BLNE	26/03/2024 SA Level 2 Regional Age Group Champs
212	3:33.02	L	F	Olwenvelo Ngema	11	FRA	03/02/2024 KCDA February Age Group 2024
213	3:33.18	L	F	Lara Van Veelen	11	TASC	21/10/2023 Limpopo Age Group 4
214	3:33.24	L	P	Retshepile Phalafala	11	MDOL	30/11/2023 CGA Championships 2023
215	3:33.26	L	F	Kalica Cornelissen	11	KTS	24/11/2023 AGE GROUP 2 KATHU 2023
216*	3:33.36	L	F	Izeldi Van Niekerk	11	DOLFI	01/12/2023 Limpopo Champs
216*	3:33.36	L S	F	Katelyn Naidoo	11	BON	24/03/2024 SA Level 2 Regional Age Group Champs
218	3:33.53	L	F	Andisani Ratshisusu	11	AA	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
219	3:33.67	L	F	Larika Pretorius	11	KALA	20/01/2024 AGE GROUP 5 KATHU 2024
220	3:33.84	L	F	Lisasa Faltein	11	PEAS	09/02/2024 Infinity Gala 2024
221	3:34.25	L	F	Lize-Mari Vorster	11	WELL	11/11/2023 Swartland Prestige Gala 2023
222	3:35.19	L	F	Lerina Thomas	11	SWAR	17/02/2024 Swartland Invitational Gala 2024
223	3:35.33	L	F	Anye Brink	11	QSAW	18/11/2023 CTA QUALIFYING MEET 2
224	3:35.34	L S	F	Liane Muller	11	INFA	26/01/2024 6th A League Gala 2024
225	3:35.37	L S	F	Sofia O'Leary	11	BON	24/03/2024 SA Level 2 Regional Age Group Champs
226	3:35.43	L	P	Alexia Dippenaar	11	BS	26/03/2024 SA Level 2 Regional Age Group Champs
227	3:35.54	L	F	Michaela Hirst	11	MCS	23/02/2024 NW School Championships 2024
228	3:35.64	L	F	Sydney Howes	11	HREF	06/12/2023 NWS Championships 2023/24
229	3:36.03	L	F	Cayla Fourie	11	NAE	01/12/2023 Mpumalanga Championships 2023
230	3:36.97	L	F	Nelda Strijdom	11	SS	01/12/2023 Limpopo Champs
231	3:38.25	L	F	Caelyn Kempgem	11	CRSC	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
232	3:38.29	L	F	Reatile Ntidi	11	PCS	23/02/2024 NW School Championships 2024
233	3:38.68	L	F	Entle Lehabe	11	TRAZ	02/02/2024 NTS Level 1+2 February Age Group
234	3:42.27	L	F	Tahlia Roelofsz	11	VHD	24/11/2023 Westville-Seals LC Championships
235	3:43.27	L	F	Ratang Tebeila	11	POLSC	01/12/2023 Limpopo Champs
236	3:44.55	L	F	Lexi Torlutter	11	SFSC	03/02/2024 Winelands SL final
237	3:45.88	L	F	Livi Engelbrecht	11	PAC	03/11/2023 NTS Level 1+2 November Age Group
238	3:45.99	L	F	Emily Botha	11	ASAC	21/01/2024 CTA BMEET 4
239	3:46.67	L	F	Kenna Lilley	11	TYGE	18/11/2023 CTA QUALIFYING MEET 2
240	3:47.23	L	F	Lheané Du Plessis	11	FISH	17/02/2024 EDEN 5th A-League Gala 2024
241	3:48.91	L S	F	Livia Vancoillie	11	QUIC	05/10/2023 42nd Freda Barnard Invitational Gala
242	3:49.84	L S	F	Hanaan Hendricks	11	TYGE	24/11/2023 CTA A & B CHAMPS 2023
243	3:50.99	L	F	Liné Schoeman	11	FISH	18/11/2023 Eden LC Champs 2023
244	3:51.13	L	F	Zizopho Ginindza	11	WWOL	03/11/2023 NTS Level 1+2 November Age Group
245	3:51.59	L	F	Imke Swanepoel	11	FISH	20/01/2024 EDEN 4th A-League Gala 2024
246	3:51.73	L	F	Addison Bender	11	PSA	02/12/2023 Stingrays Swim Champs 2023
247	3:52.22	L	F	Gianna Onkruid	11	UWCA	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
248	3:53.91	L	F	Noko Phalafala	11	HPS	02/03/2024 AG Level 1 Regional Age Group
249	3:53.99	L	F	Roaluswa Monenzhe	11	CKDP	23/02/2024 NW School Championships 2024
250	3:54.50	L S	F	Cara van Wyk	11	BARR	05/10/2023 42nd Freda Barnard Invitational Gala
251	3:56.35	L	F	Amelia Green	11	MAKO	11/11/2023 EGA Summer 3
252	3:58.97	L	F	Dominic De Jager	11	USH	28/10/2023 KCDA October Age Group Gala 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
253	3:59.37 L	F	Leandi Liebenberg	11	SS MPD	11/11/2023	Limpopo Age Group 5
254	3:59.46 L	F	Mosa Seboko	11	WSS LLD	27/10/2023	Neptune Prestige Gala
255	3:59.96 L	F	Elihle Ntaka	11	UMSH ETH	16/02/2024	EDA Age Group Gala 6 2024
256	4:00.35 L	F	Lienke Nauhaus	11	QSAW CED	11/11/2023	Swartland Prestige Gala 2023
257	4:02.15 L	F	Dominique Birkenstock	11	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group
258	4:02.63 L	F	Suhanna White	11	AQUA BUF	09/12/2023	Uthukela District Age group Gala
259	4:08.17 L S	P	Azania Mabaso	11	SOUL EKU	07/12/2023	EGA Summer Championships
260	4:10.64 L	F	Dané Schoeman	11	FISH EDD	20/01/2024	EDEN 4th A-League Gala 2024
261	4:12.34 L	F	Karla Wolmarans	11	UPSK ZMD	13/01/2024	AGE GROUP 4 UPT 2024
262	4:19.12 L	F	Anika Bester	11	STGR XRD	20/01/2024	AGE GROUP 5 KBY 2024
263	4:35.34 L	F	Machayda Titus	11	WEST CPT	18/11/2023	CTA QUALIFYING MEET 2
264	4:56.74 L	F	Nobuhle Hlophe	11	POLSC CCD	21/10/2023	Limpopo Age Group 4
265	4:57.62 L	F	Khumo Goeieman	11	KALA	11/11/2023	AGE GROUP 1 KATHU
<b>Women 11-11 400 Free</b>							
1	5:03.43 L	F	Shalea Hamilton	11	BEST NMA	19/04/2024	SA Schools Swimming Championship
2	5:12.02 L	F	Evie du Plessis	11	BLOT MAN	19/04/2024	SA Schools Swimming Championship
3	5:12.43 L	F	Aqeelah Williams	11	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group
4	5:21.62 L	F	Shiloh Cruywagen	11	SEAL UMD	21/01/2024	EDA Age Group Gala 5 2024
5	5:22.70 L	F	Erin Neumann	11	GSA CPT	24/06/2023	PEA Winter Gala 2023
6	5:27.36 L	F	Mackenzie Raffle	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
7	5:29.48 L	F	Jamie Els	11	AQDO CPT	21/03/2024	SA Level 3 Regional Age Group
8	5:31.81 L	F	Katherine Harrop-Allin	11	CSC TSH	20/03/2024	SA Level 3 Regional Age Group
9	5:33.12 L	F	Georgia Sabbagha	11	PAQU CED	21/03/2024	SA Level 3 Regional Age Group
10	5:33.13 L	F	Roze Van Wyk	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
11	5:34.97 L	F	Johané Burger	11	ROA EDD	21/03/2024	SA Level 3 Regional Age Group
12	5:35.95 L	F	Amelie Billson	11	CASC CPT	21/03/2024	SA Level 3 Regional Age Group
13	5:42.09 L	F	Oyama Baqwa	11	SGUL ETH	21/03/2024	SA Level 3 Regional Age Group
14	5:42.69 L	F	Ruvarashe Chibharo	11	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
15	5:45.98 L	F	Mikaela Lotz	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
16	5:47.70 L	F	Laila Christie	11	USC BUF	15/12/2023	NMBA Championships 2023
17	5:48.28 L	F	Grace Julies	11	XCEL CPT	21/03/2024	SA Level 3 Regional Age Group
18	5:49.09 L	F	Jazmin Anthony	11	PAQU CED	21/03/2024	SA Level 3 Regional Age Group
19	5:50.19 L	F	Anna Horn	11	XCEL CPT	21/03/2024	SA Level 3 Regional Age Group
20	5:55.75 L	F	Jasmine Woodburn	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
21	5:56.80 L	F	Mikayla Oliver	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
22	5:58.22 L	F	Jua Jonker	11	POTC KKD	20/03/2024	SA Level 3 Regional Age Group
23	6:00.17 L	F	Wilhelmina Erasmus	11	ELRAS WBD	01/12/2023	Limpopo Champs
24	6:00.44 L	F	Xinyue Huang	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
25	6:01.32 L	F	Alexis Visser	11	MAKO EKU	20/03/2024	SA Level 3 Regional Age Group
26	6:05.93 L	F	Ayvah Jacob	11	HASC JHB	20/03/2024	SA Level 3 Regional Age Group
27	6:06.81 L	F	Victoria Meyburgh	11	CA EKU	28/10/2023	EGA Summer 2 2023
28	6:09.51 L	F	Sage Lindsay	11	CA EKU	07/12/2023	EGA Summer Championships
29	6:10.75 L	F	Anke Carstens	11	TUKS TSH	16/02/2024	NTS February Open Age Group 2024
30	6:11.52 L	F	Olivia Meyburgh	11	CA EKU	07/12/2023	EGA Summer Championships
31	6:12.45 L	F	Nicoline Du Preez	11	NWUC KKD	20/03/2024	SA Level 3 Regional Age Group
32	6:13.37 L	F	Ineke Van Maarleveld	11	ACAA CCD	20/03/2024	SA Level 3 Regional Age Group
33	6:14.89 L	F	Lily Hoar	11	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
34	6:15.15 L	F	Brooklyn Terwin	11	USC BUF	15/12/2023	NMBA Championships 2023
35	6:19.72 L	F	Hlumisa Mfabe	11	USC BUF	15/12/2023	NMBA Championships 2023
36	6:23.54 L	F	Mila Hinteregger	11	CA EKU	26/01/2024	EGA Last Chance 2024
37	6:23.58 L	F	Alexis De Witt	11	TUKS TSH	16/02/2024	NTS February Open Age Group 2024
38	6:24.66 L	F	Saffiya Emjedi	11	SAAW CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
39	6:25.34 L	F	Sophie Kretzmann	11	USC BUF	09/02/2024	Infinity Gala 2024
40	6:25.66 L	F	Lumka Zamisa	11	HREF BP	06/12/2023	NWS Championships 2023/24
41	6:26.48 L	F	Jessica Arenz	11	MANT CPT	10/02/2024	WCA-B Champs - 2024
42	6:28.55 L	F	Mienke Kok	11	INFA NMA	24/06/2023	PEA Winter Gala 2023
43	6:32.71 L	F	Charné De Bruin	11	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
44	6:36.04 L	F	Lara Rosenstrauch	11	HTSA CPT	21/03/2024	SA Level 3 Regional Age Group
45	6:36.79 L	F	Ella Adams	11	TYGE CPT	10/02/2024	WCA-B Champs - 2024

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
46	6:38.72 L	F	Amelia-Rose Schutzler	11	USC BUF	09/02/2024	Infinity Gala 2024
47	6:39.49 L	F	Emma Ristow	11	CPRIM BUF	03/02/2024	Buffalo City School Trials 2024
48	6:39.76 L	F	Chloe Rautenbach	11	UNI EZD	13/10/2023	MP AGE GROUP 2
49	6:40.21 L	F	Liane Van Zyl	11	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
50	6:41.57 L	F	Jada Hendricks	11	TYGE CPT	10/02/2024	WCA-B Champs - 2024
51	6:45.15 L	F	Kayla Kleynhans	11	ROA EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
52	6:48.68 L	F	Marizelle Vermaak	11	GHS BP	23/02/2024	NW School Championships 2024
53	6:55.20 L	F	Khalalelo Ratlhogo	11	ESP EKU	20/03/2024	SA Level 3 Regional Age Group
54	7:00.29 L	F	Oyama Tuta	11	PELIC MAN	13/10/2023	Pelicans Gala
55	7:00.82 L	F	Lienke Bester	11	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
56	7:00.98 L	F	Mattae Morel	11	SWIFT EKU	07/12/2023	EGA Summer Championships
57	7:03.74 L	F	Nellamari Fourie	11	AGAQ OBD	10/02/2024	WCA-B Champs - 2024
58	7:05.58 L	F	Chenique Kooi	11	TUKS FSH	26/01/2024	NTS Level 3+ January Age Group 2024
59	7:10.76 L	F	Sophia Hutchison	11	FAAC	24/06/2023	PEA Winter Gala 2023
60	7:16.01 L S	F	Sarah-Kate Odendaal	11	QUIC CPT	05/10/2023	42nd Freda Barnard Invitational Gala
61	7:24.04 L	F	Izeldi Van Niekerk	11	DOLFI MPD	01/12/2023	Limpopo Champs
62	7:25.12 L	F	Kyla Short	11	ESP EKU	28/10/2023	EGA Summer 2 2023
63	7:31.29 L	F	Noluthando Nkosi	11	NSAD EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
64	7:39.56 L	F	Leandi Liebenberg	11	SS MPD	01/12/2023	Limpopo Champs
65	7:43.15 L	F	Kaylee Scheepers	11	LSWBA WB	27/01/2024	Limpopo School Champs
66	7:44.60 L	F	Bukata Mwanza	11	ESP EKU	28/10/2023	EGA Summer 2 2023
67	7:46.71 L S	F	Isabelle Kent	11	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
68	7:47.43 L	F	Sydney Howes	11	HREF BP	06/12/2023	NWS Championships 2023/24
69	7:49.52 L	F	Dominic De Jager	11	USH KCD	03/02/2024	KCDA February Age Group 2024
70	7:57.63 L S	F	Cara van Wyk	11	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
71	8:01.84 L S	F	Livia Vancoillie	11	QUIC CPT	05/10/2023	42nd Freda Barnard Invitational Gala
72	8:19.11 L	F	Wilmie Fourie	11	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
<b>Women 11-11 800 Free</b>							
1	10:47.93 L	F	Shalea Hamilton	11	BEST NMA	15/12/2023	NMBA Championships 2023
2	11:05.02 L	F	Aqeelah Williams	11	UWCA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
3	11:38.02 L	F	Jamie Els	11	AQDO CPT	14/12/2023	Western Cape LC-A Championship 2023
4	11:49.41 L	F	Amelie Billson	11	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
5	12:11.44 L	F	Johané Burger	11	ROA EDD	05/10/2023	42nd Freda Barnard Invitational Gala
6	12:30.13 L	F	Laila Christie	11	USC BUF	24/11/2023	BCA Long Course Championships 2023
7	14:23.35 L	F	Amelia-Rose Schutzler	11	USC BUF	24/11/2023	BCA Long Course Championships 2023
8	14:25.32 L	F	Brooklyn Terwin	11	USC BUF	24/11/2023	BCA Long Course Championships 2023
9	14:28.01 L	F	Lienke Bester	11	HREF BP	06/12/2023	NWS Championships 2023/24
10	15:17.63 L	F	Marizelle Vermaak	11	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
<b>Women 11-11 1500 Free</b>							
1	23:27.04 L	F	Johané Burger	11	ROA EDD	18/11/2023	Eden LC Champs 2023
<b>Women 11-11 50 Back</b>							
1	34.34 L S	F	Shalea Hamilton	11	BEST NMA	26/01/2024	6th A League Gala 2024
2	35.84 L	F	Victoria Meyburgh	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
3	36.39 L	F	Riley Haupt	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
4	37.27 L	P	Anja Boshoff	11	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
5	37.33 L	F	Barcelona Xaba	11	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
6	37.39 L	F	Carinke Wessels	11	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
7	37.41 L	F	Anke Carstens	11	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
8	37.65 L	F	Arya De Sousa	11	TRAZ FSH	20/03/2024	SA Level 3 Regional Age Group
9	37.70 L	F	Shiloh Cruywagen	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
10	38.18 L	F	Ava Bosch	11	BAS EKU	28/10/2023	EGA Summer 2 2023
11	38.27 L	F	Jessica Jansen van Vuuren	11	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorporate SSA
12	38.29 L	F	Wilhelmina Erasmus	11	LSBOS WB	27/01/2024	Limpopo School Champs
13	38.51 L	F	Sage Lindsay	11	CA EKU	26/01/2024	EGA Last Chance 2024
14	38.62 L	P	Rirhandzu Chauke	11	DORE JHB	20/03/2024	SA Level 3 Regional Age Group
15	38.67 L	F	Xinyue Huang	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
16	38.92 L	F	Alexis De Witt	11	TUKS FSH	12/12/2023	NTS Championships 2023
17	39.22 L	F	Karliia Degenaar	11	TUKS FSH	26/01/2024	NTS Level 3+ January Age Group 2024

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
18	39.28	L	F	Lily Hoar	11	KLOO	ETH	21/03/2024	SA Level 3 Regional Age Group
19	39.30	L	F	Megan Palmer	11	AFIN	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
20	39.34	L	P	Ineke Van Maarleveld	11	ACAA	CCD	20/03/2024	SA Level 3 Regional Age Group
21	39.35	L	F	Riley Sanders	11	HPS	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
22	39.43	L	P	Kylie Pringle	11	AFIN	JHB	30/11/2023	CGA Championships 2023
23	39.50	L	P	Laila Christie	11	USC	BUF	21/03/2024	SA Level 3 Regional Age Group
24	39.52	L	F	Megan Jacobs	11	WSTV	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
25	39.53	L	F	Alyssa Coetzer	11	AZON	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
26	39.54	L	F	Sophia Winterbach	11	ASA	ILD	21/03/2024	SA Level 3 Regional Age Group
27	39.55	L	P	Alize Engelbrecht	11	CSA	EZD	20/03/2024	SA Level 3 Regional Age Group
28	39.65	L	F	Danika Steyn	11	KSC	EZD	01/12/2023	Mpumalanga Championships 2023
29	39.67	L	F	Taylor Ten Napel	11	BEAV	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
30	39.73	L	F	Holli Tait	11	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
31	x39.74	L	F	Johané Burger	11	ROA	EDD	10/02/2024	WCA-B Champs - 2024
32	39.81	L	P	Georgia Sabbagha	11	PAQU	GED	21/03/2024	SA Level 3 Regional Age Group
33	39.88	L S	F	Lumka Zamisa	11	HREF	BP	06/12/2023	NWS Championships 2023/24
34	40.08	L	F	Ava Ziegelmann	11	SEAL	UMD	24/11/2023	Westville-Seals LC Championships
35*	40.18	L	P	Sarah-Kate Odendaal	11	QUIC	CPT	21/03/2024	SA Level 3 Regional Age Group
35*	40.18	L	P	Mienke Kok	11	INFA	NMA	09/02/2024	Infinity Gala 2024
37	40.29	L	F	Nicolene Anderson	11	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
38	40.31	L	P	Phillipa Williams	11	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
39	40.34	L	P	Sisanda Palframan	11	SEAL	UMD	21/03/2024	SA Level 3 Regional Age Group
40	40.43	L	F	Emma Van Deventer	11	SGUL	ETH	21/03/2024	SA Level 3 Regional Age Group
41	40.45	L	F	Uma Pearson-Adams	11	SAAW	CPT	17/02/2024	Swartland Invitational Gala 2024
42	40.46	L	P	Mikayla Oliver	11	PAC	TSH	20/03/2024	SA Level 3 Regional Age Group
43	40.50	L	P	Katryn Landsberg	11	INFA	NMA	09/02/2024	Infinity Gala 2024
44	40.58	L	P	Lia van Heerden	11	BS	LLD	26/03/2024	SA Level 2 Regional Age Group Champs
45*	40.66	L	F	Zethembiso Mbambo	11	PSCP	UMD	24/11/2023	Westville-Seals LC Championships
45*	40.66	L	F	Nicoline Du Preez	11	NWS		27/01/2024	4 + 1 Inter Provincial Gala 2023
47	40.75	L	P	Hlumisa Mfabe	11	USC	BUF	09/02/2024	Infinity Gala 2024
48*	40.83	L	P	Katherine Harrop-Allin	11	CSC	TSH	20/03/2024	SA Level 3 Regional Age Group
48*	40.83	L	P	Lara Ainslie	11	LINR	JHB	30/11/2023	CGA Championships 2023
50	40.93	L	F	Khalalelo Ratlhogo	11	ESP	EKU	07/12/2023	EGA Summer Championships
51	40.97	L	P	Milani Butau	11	BEST	NMA	09/02/2024	Infinity Gala 2024
52	40.98	L	F	Christie Snyders	11	VALS	FDD	06/12/2023	Free State Champs 2023
53	41.02	L	F	Grace Julies	11	XCEL	CPT	10/02/2024	WCA-B Champs - 2024
54	41.12	L	P	Inge Du Plessis	11	SS	MPD	20/03/2024	SA Level 3 Regional Age Group
55	41.20	L	P	Mikayla Coleman	11	TCA	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
56	41.25	L	F	Harley Knudsen	11	CA	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
57	41.42	L	F	Lize De Wet	11	LSPHA	MP	27/01/2024	Limpopo School Champs
58	41.44	L	P	Nabeeha Raja	11	SPS	BUF	19/04/2024	SA Schools Swimming Championship
59	41.46	L	F	Grace Johns	11	OHAN	ILD	05/04/2024	SA Level 2 Regional Age Group Champs
60	41.62	L	F	Dunay Pretorius	11	FROS	TMD	18/11/2023	Valsrivier Gala
61	41.79	L	P	Areli Muyaka	11	MP	EZD	19/04/2024	SA Schools Swimming Championship
62	41.83	L	F	Noa Sebastiao	11	TUKS	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
63	41.86	L	P	Mawande Makumbe	11	TUKS	TSH	12/12/2023	NTS Championships 2023
64	41.96	L	F	Tshegofatso Moabelo	11	BAS	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
65	41.97	L	P	Alexis Visser	11	MAKO	EKU	20/03/2024	SA Level 3 Regional Age Group
66	42.00	L	F	Lene Klopper	11	QUIC	CPT	10/02/2024	WCA-B Champs - 2024
67*	42.03	L	F	Kathryn Nolan	11	MDOL	JHB	12/01/2024	2024 Grand Prix Invitation Swimming
67*	42.03	L	P	Shelby Schoeman	11	SOUL	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
67*	42.03	L	P	Olivia Nel	11	CLSC	WCD	21/03/2024	SA Level 3 Regional Age Group
70*	42.12	L	P	Roze Van Wyk	11	NSFED		21/03/2024	SA Level 3 Regional Age Group
70*	42.12	L	F	Elah-Mae Budram	11	PSCP	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
72	42.15	L	P	Amelie Billson	11	CASC	CPT	21/03/2024	SA Level 3 Regional Age Group
73*	42.25	L	P	Jasmine Woodburn	11	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
73*	42.25	L	F	Jadine Grobler	11	TKS	WBD	24/03/2024	SA Level 2 Regional Age Group Champs
75*	42.28	L	F	Olivia Kruger	11	QSAW	GED	10/02/2024	WCA-B Champs - 2024
75*	42.28	L	F	Evie du Plessis	11	BLOT	MAN	15/09/2023	Bull Sharks Annual Gala

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
77	42.34	L	P	Mikaela Lotz	11	PAC	FSH	20/03/2024	SA Level 3 Regional Age Group
78	42.35	L	F	Mienke Kok	11	INFA	NMA	12/08/2023	Madibaz Swim Meet 2023
79	42.42	L	F	Tatum van Zijl	11	OHAN	ILD	27/01/2024	Ushaka Champs 2024
80	42.52	L	F	Mia Vorster	11	WELA	LLD	06/12/2023	Free State Champs 2023
81	42.53	L	F	Jua Jonker	11	POTC	KKD	21/10/2023	NWS Age Group 1 & 2 2023
82	42.54	L	F	Jaimey Shaw	11	PAHS	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
83	42.56	L	P	Aqeelah Williams	11	UWCA	CPT	21/03/2024	SA Level 3 Regional Age Group
84	42.71	L	F	Carlien Coetzee	11	PPARK	BP	23/02/2024	NW School Championships 2024
85	42.72	L	P	Ruvarashe Chibharo	11	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
86	42.77	L	P	Taylor-Rose Botes	11	CA	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
87	42.82	L	F	Mattae Morel	11	SWIFT	EKU	28/10/2023	EGA Summer 2 2023
88*	42.90	L	P	Jessica Caldeira	11	CRSC	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
88*	42.90	L	P	Olivia Meyburgh	11	CA	EKU	07/12/2023	EGA Summer Championships
90	42.99	L	F	Alexis Kalapac	11	BLMA	CPT	10/02/2024	WCA-B Champs - 2024
91	43.02	L	F	Samantha Wilson	11	COLJ	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
92*	43.19	L	F	Sophie Kretzmann	11	HPPS	BUF	30/01/2024	Buffalo City Primary School Trials 2024
92*	43.19	L	F	Kyla Short	11	ESP	EKU	24/11/2023	EGA Summer 4
94	43.24	L	F	Gia Newkirk	11	TYGE	CPT	11/11/2023	Winelands SL4
95	43.26	L	F	Morgan Kaschula	11	SPS	BUF	17/02/2024	Eastern Cape School Trials 2024
96	43.30	L	F	Nokutenda Tembo	11	KNYA	EDD	17/02/2024	EDEN 5th A-League Gala 2024
97	43.31	L	F	Sophia Hutchison	11	NC	FB	27/01/2024	4 + 1 Inter Provincial Gala 2023
98	43.32	L	F	Dané de Kock	11	POTC	KKD	21/10/2023	NWS Age Group 1 & 2 2023
99	43.34	L	F	Isabelle Kent	11	BLMA	CPT	10/02/2024	WCA-B Champs - 2024
100	43.38	L	P	Abigail Paice	11	SOUL	EKU	07/12/2023	EGA Summer Championships
101	43.40	L	F	Annabel Van Reenen	11	ACSA	ETH	27/01/2024	Ushaka Champs 2024
102*	43.41	L	F	Lea du Plooy	11	PSA	ZLD	02/12/2023	Stingrays Swim Champs 2023
102*	43.41	L	P	Tayla Scheepers	11	RFA	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
104	43.52	L	P	Chisi Magubbwi	11	MDOL	JHB	30/11/2023	CGA Championships 2023
105	43.53	L	P	Mila Hinteregger	11	CA	EKU	07/12/2023	EGA Summer Championships
106	43.58	L	F	Lienke Bester	11	GHS	BP	23/02/2024	NW School Championships 2024
107	43.62	L	F	Sloan Warner	11	INFA	NMA	22/07/2023	1st A League Gala 2023
108	43.63	L	F	Chenique Kooi	11	TUKS	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
109	43.65	L	P	Emma Ristow	11	USC	BUF	09/02/2024	Infinity Gala 2024
110	43.75	L	F	Mikaela Van Heerden	11	TUKS	FSH	03/11/2023	NTS Level 1+2 November Age Group
111	43.78	L	F	Leane Nel	11	EXP	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
112	43.85	L	F	Madison Edwards	11	VIPS	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
113*	43.86	L	P	Kate Chesire	11	MDOL	JHB	30/11/2023	CGA Championships 2023
113*	43.86	L	P	Anastacia Coelho	11	CA	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
115	43.87	L	F	Ivy Johnston	11	OHAN	ILD	27/01/2024	Ushaka Champs 2024
116	43.92	L	F	Gabrielle Brooks	11	NMBA	NM	13/01/2024	BCA Inter-District Championship Gala
117	44.04	L	F	Rebecca Brauteseth	11	OHAN	ILD	27/01/2024	Ushaka Champs 2024
118	44.10	L	F	Emily Koegelenberg	11	XCEL	CPT	17/02/2024	Swartland Invitational Gala 2024
119	44.16	L	P	Katie Van den Heever	11	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
120*	44.20	L	F	Anye Brink	11	QSAW	CED	10/02/2024	WCA-B Champs - 2024
120*	44.20	L S	F	Mikayla Jordaan	11	GREY	CPT	24/11/2023	CTA A & B CHAMPS 2023
122	44.22	L	F	Beate Van Niekerk	11	TUKS	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
123	44.23	L	P	Liane Van Zyl	11	UPSK	ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
124	44.25	L	P	Laila van Antwerpen	11	PAC	FSH	20/03/2024	SA Level 3 Regional Age Group
125	44.30	L	F	Saffiya Emjedi	11	SAAW	CPT	10/02/2024	WCA-B Champs - 2024
126	44.34	L	F	Isabella Haldane	11	FISH	EDD	18/11/2023	Eden LC Champs 2023
127	44.39	L	P	Tamika Abbey	11	PER	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
128	44.59	L	P	Cayla Fourie	11	NAE	EZD	01/12/2023	Mpumalanga Championships 2023
129	44.73	L	P	Zia Habib	11	MDOL	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
130	44.74	L	F	Jada Hendricks	11	TYGE	CPT	10/02/2024	WCA-B Champs - 2024
131	44.77	L	P	Alivia Nel	11	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
132	44.79	L	P	Hope Churchman	11	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
133	44.80	L	P	Lara Rosenstrauch	11	HTSA	CPT	21/03/2024	SA Level 3 Regional Age Group
134	44.86	L	F	Oyama Tuta	11	PELIC	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
135	45.02	L	P	Thalia Naidoo	11	SWIM1	JHB	24/03/2024	SA Level 2 Regional Age Group Champs

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
136	45.04	L	F	Sydney Howes	11	HREF BP	03/11/2023	NTS Level 1+2 November Age Group
137	45.12	L	P	Brooklyn Terwin	11	CPRIM BUF	30/01/2024	Buffalo City Primary School Trials 2024
138	45.25	L	F	Jessica Arenz	11	MANT CPT	10/02/2024	WCA-B Champs - 2024
139	45.28	L	F	Esme Bowes	11	RFA TSH	03/11/2023	NTS Level 1+2 November Age Group
140*	45.29	L	P	Katelyn Ubogu	11	DORE JHB	30/11/2023	CGA Championships 2023
140*	45.29	L	F	Arabella Symington	11	WSTV ETH	24/11/2023	Westville-Seals LC Championships
142	45.30	L	F	Helene de Bruyn	11	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
143*	45.45	L	F	Kayla Kleynhans	11	ROA EDD	20/01/2024	EDEN 4th A-League Gala 2024
143*	45.45	L	F	Mia (B) Venter	11	AWIN TSH	01/12/2023	2023 The Tshwane Mayor's Gala
145	45.48	L	P	Destheonique Julius	11	NC FB	19/04/2024	SA Schools Swimming Championship
146*	45.51	L	F	Kayleigh Brophy	11	AAS JHB	02/03/2024	AG Level 1 Regional Age Group
146*	45.51	L	P	Gia Botoulas	11	AFIN JHB	30/11/2023	CGA Championships 2023
148*	45.55	L	F	Emily Van't Slot	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024
148*	45.55	L	F	Emily Van't Slot	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024
148*	45.55	L	F	Emma du Toit	11	BULS MAN	06/12/2023	Free State Champs 2023
152	45.57	L	P	Retshepile Phalafala	11	MDOL JHB	30/11/2023	CGA Championships 2023
153	45.62	L	F	Oyama Baqwa	11	SGUL ETH	27/01/2024	Ushaka Champs 2024
154	45.69	L	F	Emilie Conradie	11	SAAW CPT	10/02/2024	WCA-B Champs - 2024
155	45.81	L	F	Qhanyiya Sizani	11	WWOL TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
156	45.83	L	F	Taliyah Eveleigh	11	MCS BP	23/02/2024	NW School Championships 2024
157	45.89	L	P	Ayvah Jacob	11	HASC JHB	30/11/2023	CGA Championships 2023
158	45.90	L	P	Makayla Stoltz	11	PER JHB	30/11/2023	CGA Championships 2023
159	45.99	L	F	Gia Collen	11	RFA TSH	03/11/2023	NTS Level 1+2 November Age Group
160	46.00	L	P	Olivia Renaud	11	UNI EZD	01/12/2023	Mpumalanga Championships 2023
161	46.02	L S	F	Jamie Els	11	AQDO CPT	05/10/2023	42nd Freda Barnard Invitational Gala
162	46.03	L	P	Peighton Le Roux	11	SOUL ECU	24/03/2024	SA Level 2 Regional Age Group Champs
163	46.08	L	P	Bukata Mwanza	11	ESP ECU	24/03/2024	SA Level 2 Regional Age Group Champs
164	46.20	L S	F	Kirsten Cupido	11	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023
165*	46.22	L	F	Summer Fang	11	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
165*	46.22	L	F	Luka Oosthuizen	11	STAQ CED	03/02/2024	Winelands SL final
167	46.26	L	P	Suhanna White	11	AQUA BUF	05/04/2024	SA Level 2 Regional Age Group Champs
168	46.28	L	F	Rachael Rodd	11	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
169	46.31	L	F	Ming-Xi Tsai	11	AA JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
170	46.38	L	F	Marni Snyman	11	LSBOS WB	04/11/2023	Limpopo LS - Top 8 skole 2023
171	46.63	L	F	Helena Calitz	11	LALE CED	03/02/2024	Winelands SL final
172	46.72	L	P	Rebecca Sam	11	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
173*	46.73	L	F	Zoe Lambropoulos	11	TRAZ TSH	03/11/2023	NTS Level 1+2 November Age Group
173*	46.73	L	F	Jenna Leppan	11	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
175	46.75	L	F	Ella Myburgy	11	COLJ NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
176	46.83	L	P	Leandi Swarts	11	PSA ZLD	20/03/2024	SA Level 3 Regional Age Group
177	46.87	L	P	Sienna Goedhals	11	SPS BUF	30/01/2024	Buffalo City Primary School Trials 2024
178	46.90	L	P	Elmane' de Wet	11	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
179	46.98	L	F	Leah Du Plessis	11	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
180	47.06	L	F	Paige Oliphant	11	PAC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
181*	47.09	L	F	Ilè Ferreira	11	ZASC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
181*	47.09	L	F	Mieke Jordaan	11	KTS	24/11/2023	AGE GROUP 2 KATHU 2023
183	47.14	L	F	Miané Logan	11	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
184	47.17	L	F	Lara Van Veelen	11	LSDW CCD	27/01/2024	Limpopo School Champs
185	47.33	L	F	Michaela Hirst	11	MCS BP	23/02/2024	NW School Championships 2024
186	47.42	L	F	Summer Moonsamy	11	BEAV ETH	27/01/2024	Ushaka Champs 2024
187	47.44	L	F	Terri-Drew Sparks	11	AAS JHB	02/03/2024	AG Level 1 Regional Age Group
188	47.50	L	P	Grizelda Janse van Rensburg	11	NWUC KKD	26/03/2024	SA Level 2 Regional Age Group Champs
189	47.52	L	F	Isabella Vreenegoor	11	CRSC JHB	28/02/2024	Crusaders Night Gala 5
190	47.57	L	F	Lyla Delany	11	TRAZ TSH	01/12/2023	2023 The Tshwane Mayor's Gala
191	47.64	L	P	Izeldi Van Niekerk	11	DOLFI MPD	24/03/2024	SA Level 2 Regional Age Group Champs
192	47.65	L	F	Zanli Le Roux	11	AGAQ OBD	11/11/2023	Swartland Prestige Gala 2023
193	47.75	L	F	Jaime Sprong	11	ASAC CPT	17/09/2023	CTA BMEET 3
194	47.76	L S	F	Zia-Bella Engelbrecht	11	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
195	47.77	L	P	Liane Muller	11	INFA NMA	09/02/2024 Infinity Gala 2024
196	47.81	L	F	Livi Engelbrecht	11	PAC FSH	02/03/2024 AG Level 1 Regional Age Group
197	47.83	L	F	Larike Pretorius	11	KALA	20/01/2024 AGE GROUP 5 KATHU 2024
198	47.90	L	P	Mia Smit	11	KSC EZD	01/12/2023 Mpumalanga Championships 2023
199	47.94	L	F	Paballo Nkosi	11	FAC EKU	28/10/2023 EGA Summer 2 2023
200	47.97	L	F	Janel Van der Merwe	11	PRA GSD	01/12/2023 Mpumalanga Championships 2023
201*	48.05	L	F	Tahlia Roelofsz	11	VHD ZLD	09/12/2023 Uthukela District Age group Gala
201*	48.05	L	F	Luah Theron	11	CSC FSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
203	48.06	L	F	Racquelle Saporta	11	INFA NMA	15/12/2023 NMBA Championships 2023
204	48.39	L	P	Katelyn Naidoo	11	BON EKU	24/03/2024 SA Level 2 Regional Age Group Champs
205	48.41	L	F	Lienke Van Wyk	11	BULS MAN	21/10/2023 Otters Prestige Gala 2023
206	48.42	L	F	Sophia Duggan	11	PEAS NMA	23/09/2023 3rd A League Gala 2023
207	48.44	L	P	Clara Duvenage	11	CA EKU	07/12/2023 EGA Summer Championships
208	48.47	L	F	Dione Smit	11	ASAC CPT	10/02/2024 WCA-B Champs - 2024
209	48.50	L	F	Kalica Cornelissen	11	KTS	03/02/2024 NCASA SPRINTS 2024
210	48.51	L S	F	Jessieka Faul	11	ASAC CPT	24/11/2023 CTA A & B CHAMPS 2023
211	48.54	L	F	Zenande Mgwenya	11	UNI EZD	29/09/2023 MP AGE GROUP 1 29.09.2023 -
212	48.55	L	F	Ava Grebe	11	CUHE OBD	10/02/2024 WCA-B Champs - 2024
213	48.68	L	F	Emma Gibson-Taylor	11	AZON ETH	24/11/2023 Westville-Seals LC Championships
214	48.75	L	F	Nellamari Fourie	11	AGAQ OBD	11/11/2023 Swartland Prestige Gala 2023
215	48.76	L	F	Kenna Lilley	11	TYGE CPT	18/11/2023 CTA QUALIFYING MEET 2
216	48.90	L	F	Madison Wissekerke	11	FRA KCD	05/04/2024 SA Level 2 Regional Age Group Champs
217	48.91	L S	F	Livia Vancoillie	11	QUIC CPT	05/10/2023 42nd Freda Barnard Invitational Gala
218	48.92	L	F	Kiela Isted	11	SGUL ETH	24/11/2023 Westville-Seals LC Championships
219	49.06	L	F	Isabella Ralph	11	DSG NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
220	49.10	L	P	Le-May Van Zyl	11	ELRAS WBD	24/03/2024 SA Level 2 Regional Age Group Champs
221	49.11	L	F	Mijone Beyers	11	SWIFT EKU	28/10/2023 EGA Summer 2 2023
222	49.26	L	F	Michaela Fourie	11	NSAD EZD	13/10/2023 MP AGE GROUP 2
223*	49.38	L	F	Anathi Qamba	11	FAC EKU	26/01/2024 EGA Last Chance 2024
223*	49.38	L	F	Paige Jansen van Vuuren	11	SEAL UMD	24/11/2023 Westville-Seals LC Championships
225	49.48	L	P	Amelia Green	11	MAKO EKU	07/12/2023 EGA Summer Championships
226	49.58	L	F	Emily Green	11	UPL EZD	02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
227	49.59	L	F	Bailey Maralik	11	AFIN JHB	02/03/2024 AG Level 1 Regional Age Group
228	49.66	L	F	Madeleine de Villiers	11	EXP FSH	02/02/2024 NTS Level 1+2 February Age Group
229	49.67	L	F	Ella Adams	11	TYGE CPT	10/02/2024 WCA-B Champs - 2024
230	49.73	L	F	Alexa Steenkamp	11	CPSC FSH	01/12/2023 2023 The Tshwane Mayor's Gala
231	49.79	L	F	Amelie Polson	11	BEARS FSH	03/11/2023 NTS Level 1+2 November Age Group
232	49.96	L	P	Willow Makwakwa	11	WWOL FSH	24/03/2024 SA Level 2 Regional Age Group Champs
233	49.98	L	F	Lea Kotzé	11	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
234	50.10	L	F	Lerina Thomas	11	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
235	50.17	L	F	Rorisang Monareng	11	BLNE MAN	06/12/2023 Free State Champs 2023
236	50.25	L	F	Zahraa Essack	11	ATLA JHB	02/03/2024 AG Level 1 Regional Age Group
237*	50.26	L	F	Isabella Knight	11	WATR JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
237*	50.26	L	F	Maia Nel	11	LALE CED	11/11/2023 Winelands SL4
239	50.32	L S	F	Mia Witbooi	11	RETR CPT	24/11/2023 CTA A & B CHAMPS 2023
240	50.40	L	F	Madysen Botha	11	BLSS MAN	06/12/2023 Free State Champs 2023
241*	50.42	L	F	Ryleigh-Jae Pelser	11	SPS BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
241*	50.42	L	F	Wilhandi Meyer	11	BULS MAN	15/09/2023 Bull Sharks Annual Gala
243	50.51	L	F	Lika Baird	11	HREF BP	11/11/2023 NWS Age Group 3 + 4
244	50.53	L	F	Amy Erasmus	11	PELIC MAN	26/08/2023 kovsie Sprint Gala
245	50.66	L	F	Leila Nell	11	SPS BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
246	50.68	L	P	Ava van der Mescht	11	DESA NMA	09/02/2024 Infinity Gala 2024
247	50.70	L	F	Elizabeth Willemse	11	VHD ZLD	24/11/2023 Westville-Seals LC Championships
248	50.73	L	F	Hester Janse van Rensburg	11	NWUC KKD	11/11/2023 NWS Age Group 3 + 4
249	50.74	L	F	Caitlin De Wet	11	PAHS NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
250	50.84	L	F	Lize-Mari Vorster	11	WELL CED	11/11/2023 Swartland Prestige Gala 2023
251	50.85	L	F	Noko Phalafala	11	HPS FSH	03/11/2023 NTS Level 1+2 November Age Group
252	50.93	L	F	Isabel Smith	11	HARL BUF	24/11/2023 BCA Long Course Championships 2023
253*	50.94	L	F	Amelia-Rose Schutzler	11	USC BUF	17/02/2024 Eastern Cape School Trials 2024

## Individual Top Times

**Times since: 01-May-23**  
**Number of Top Times: All**

**Times until: 30-Apr-24**  
**Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
253*	50.94 L	F	Tumisho Mojapelo	11	WWOL	FSH	02/03/2024 AG Level 1 Regional Age Group
253*	50.94 L	P	Alexia Dippenaar	11	BS	LLD	26/03/2024 SA Level 2 Regional Age Group Champs
256	50.95 L	F	Zoe Kruger	11	LALE	GED	03/02/2024 Winelands SL final
257	50.97 L	F	Hiranya Moodley	11	USH	KCD	27/01/2024 Ushaka Champs 2024
258	51.11 L	F	Dominic De Jager	11	USH	KCD	27/01/2024 Ushaka Champs 2024
259	51.21 L	F	Imke Swanepoel	11	FISH	EDD	20/01/2024 EDEN 4th A-League Gala 2024
260	51.22 L	F	Addison-Jane Barker-Goldie	11	SAAW	CPT	17/09/2023 CTA BMEET 3
261	51.43 L	F	Skyla Gaudin	11	FRA	KCD	21/10/2023 Froggies Championships 2023
262	51.49 L	F	Anja Arizon	11	UWCA	CPT	10/02/2024 WCA-B Champs - 2024
263	51.57 L	F	Noluthando Nkosi	11	NSAD	EZD	03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
264	51.66 L	F	Nelda Strijdom	11	LSMSA	VB	27/01/2024 Limpopo School Champs
265	51.72 L	F	Dominique Birkenstock	11	JAQ	EKU	02/03/2024 AG Level 1 Regional Age Group
266	51.76 L	F	Leandi Liebenberg	11	SS	MPD	21/10/2023 Limpopo Age Group 4
267*	51.81 L	F	Zoe Katiyo	11	AAS	JHB	02/03/2024 AG Level 1 Regional Age Group
267*	51.81 L	F	Nandile Shabalala	11	AQUA	BUF	03/02/2024 Uthukela District February 2024 Age
269	51.84 L	P	Reatile Ntidi	11	NWUC	KKD	26/03/2024 SA Level 2 Regional Age Group Champs
270	52.16 L	F	Lienka De Jager	11	BARR	CPT	17/09/2023 CTA BMEET 3
271	52.17 L	F	Marizelle Vermaak	11	HREF	BP	03/11/2023 NTS Level 1+2 November Age Group
272	52.29 L	F	Karusha Gounder	11	LEGC	ETH	24/11/2023 Westville-Seals LC Championships
273	52.30 L	F	Kaitlyn Haynes-Smart	11	VINE	CPT	21/01/2024 CTA BMEET 4
274	52.37 L	P	Sofia O'Leary	11	BON	EKU	24/03/2024 SA Level 2 Regional Age Group Champs
275	52.39 L	F	Lacey-May Higgs	11	CPPS	NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
276	52.41 L	F	Roxanne Coetzee	11	GHS	BP	23/02/2024 NW School Championships 2024
277	52.43 L	F	Liné Schoeman	11	FISH	EDD	18/11/2023 Eden LC Champs 2023
278	52.71 L	F	Wilmie Fourie	11	UPSK	ZMD	20/01/2024 AGE GROUP 5 UPT 2024
279	52.76 L	F	Mika Roxo	11	SUNN	FSH	03/11/2023 NTS Level 1+2 November Age Group
280	52.89 L	F	Leah Wentzel	11	MARL	CPT	17/02/2024 Swartland Invitational Gala 2024
281	52.91 L	F	Nyandano Madaba	11	FAC	EKU	02/03/2024 AG Level 1 Regional Age Group
282	53.01 L	F	Carli Puth	11	LSB	BP	23/02/2024 NW School Championships 2024
283	53.06 L	F	Emma Grobler	11	KZNA	ETH	09/12/2023 Uthukela District Age group Gala
284*	53.07 L	F	Alexis Krouse	11	HPPS	BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
284*	53.07 L S	F	Holly-Rae Ayerst	11	BEST	NMA	26/01/2024 6th A League Gala 2024
286	53.24 L	F	Abigail Phillips	11	SPS	BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
287	53.33 L	F	Lisasa Faltein	11	PEAS	NMA	15/12/2023 NMBA Championships 2023
288	53.39 L	F	Kaylee Scheepers	11	LSWBA	WB	27/01/2024 Limpopo School Champs
289	53.46 L S	F	Aneeqah Engelbrecht	11	PAQU	GED	05/10/2023 42nd Freda Barnard Invitational Gala
290	53.66 L S	F	Emily Botha	11	ASAC	CPT	24/11/2023 CTA A & B CHAMPS 2023
291	53.84 L	P	Elsa Massawe	11	BAS	EKU	07/12/2023 EGA Summer Championships
292	53.92 L	P	Malin Swart	11	GPS	EDD	30/01/2024 Buffalo City Primary School Trials 2024
293	54.10 L	F	Mabel Savage	11	GSA	CPT	18/11/2023 CTA QUALIFYING MEET 2
294	54.39 L	F	Gianna Onkruid	11	UWCA	CPT	10/02/2024 WCA-B Champs - 2024
295	54.41 L	F	Rifumo Mnisi	11	SWIFT	EKU	28/10/2023 EGA Summer 2 2023
296	54.46 L S	F	Haylee Julius	11	KHAY	CPT	05/10/2023 42nd Freda Barnard Invitational Gala
297	54.90 L	F	Nicolene Filo	11	RFA	FSH	02/02/2024 NTS Level 1+2 February Age Group
298	54.94 L	F	Ruvarashe Mendu	11	INFA	NMA	24/06/2023 PEA Winter Gala 2023
299	55.05 L	F	Entle Lehabe	11	TRAZ	FSH	03/11/2023 NTS Level 1+2 November Age Group
300	55.08 L	F	Lisa Pienaar	11	LSKP	WB	04/11/2023 Limpopo LS - Top 8 skole 2023
301	55.26 L	F	Dané Schoeman	11	FISH	EDD	20/01/2024 EDEN 4th A-League Gala 2024
302	55.53 L	F	Simingaye Shwababa	11	SPS	BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
303	55.75 L	F	Mudiwa Murangandi	11	TCA	EKU	02/03/2024 AG Level 1 Regional Age Group
304	55.95 L S	F	Cara van Wyk	11	BARR	CPT	24/11/2023 CTA A & B CHAMPS 2023
305	56.11 L	F	Rebecca Joubert	11	COLJ	NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
306	56.14 L	F	Wyllow Halse	11	CAMPB	BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
307	56.21 L	F	Hayden Kreuzsch	11	CPPS	NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
308	56.23 L	F	Anmari Du Toit	11	QSAW	GED	11/11/2023 Swartland Prestige Gala 2023
309	56.25 L	F	Taila Erasmus	11	PELIC	MAN	02/03/2024 FSA Level 1 2024
310	56.38 L	F	Ava Tyson	11	CAMPB	BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
311	56.57 L	F	Ilandri Meiring	11	LSJM	SKD	04/11/2023 Limpopo LS - Top 8 skole 2023
312*	56.87 L	F	Ratang Tebeila	11	POLSC	CCD	01/12/2023 Limpopo Champs



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

Time	P/F/S	Name	Age/Yr
312*	56.87 L	F Beersheba Negash	11 BARA EKU 28/10/2023 EGA Summer 2 2023
314	57.25 L	F Karla Wolmarans	11 UPSK ZMD 10/02/2024 AGE GROUP 6 UPT - 2024
315	57.27 L	F Sanelisiwe Bloese	11 FRA KCD 28/10/2023 KCDA October Age Group Gala 2023
316	57.28 L	F Devon Powell	11 BLMA CPT 17/02/2024 Swartland Invitational Gala 2024
317	57.30 L	F Morgan Martins	11 LSKP WB 04/11/2023 Limpopo LS - Top 8 skole 2023
318	57.38 L	F Zizopho Ginindza	11 WWOL TSH 02/03/2024 AG Level 1 Regional Age Group
319	57.54 L	F Amogelang Kutu	11 SS MPD 01/12/2023 Limpopo Champs
320	57.65 L	F Mieke Stoltz	11 WRP EZD 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
321	57.75 L	F Basse Molai	11 BULS MAN 02/03/2024 FSA Level 1 2024
322	58.03 L	F Lienke Nauhaus	11 QSAW CED 11/11/2023 Swartland Prestige Gala 2023
323	58.35 L	F Mosa Seboko	11 WSS LLD 03/02/2024 Heidedal Welkom Gala 2
324	58.64 L	F Annemi Loots	11 SWAR WCD 17/02/2024 Swartland Invitational Gala 2024
325	58.70 L	F Khanya Ramone	11 CKDP KK 23/02/2024 NW School Championships 2024
326	58.85 L	F Alissa Nyambuki	11 BARR CPT 17/09/2023 CTA BMEET 3
327	59.10 L	F Daniella Gatang'i	11 CPPS NMA 03/02/2024 Nelson Mandela Bay Schools Trials & 1st
328	59.13 L	F Nola-Mari Buys	11 CPSC TSH 19/01/2024 NTS Level 1+2 January Age Group 2024
329	59.17 L	P Wangai Githiri	11 ONYX EKU 07/12/2023 EGA Summer Championships
330	59.20 L	F Anje Fourie	11 NWUC KKD 11/11/2023 NWS Age Group 3 + 4
331	59.33 L	F Hanaan Hendricks	11 TYGE CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
332	59.35 L	F Lheané Du Plessis	11 FISH EDD 20/01/2024 EDEN 4th A-League Gala 2024
333	59.44 L	F Khanyisa Mqoke	11 WELA LLD 27/10/2023 Neptune Prestige Gala
334	59.54 L	F Machayda Titus	11 WEST CPT 17/02/2024 Swartland Invitational Gala 2024
335	59.55 L	F Lethabo Maletle	11 MATL KKD 11/11/2023 NWS Age Group 3 + 4
336	59.71 L	F Roaluswa Monenzhe	11 CKDP KK 23/02/2024 NW School Championships 2024
337	59.91 L	F Ikageng Moloko	11 TUKS TSH 01/12/2023 2023 The Tshwane Mayor's Gala
338	59.93 L	F Nobuhle Hlophe	11 POLSC CCD 01/12/2023 Limpopo Champs
339	1:00.05 L	F Tshiamo Mlangeni	11 MPS NGD 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
340	1:00.46 L	F Rebekah Johnson	11 AQDO CPT 17/09/2023 CTA BMEET 3
341	1:00.59 L	F Liané Stoltz	11 UPL EZD 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
342	1:00.68 L	F Murendwa Tshikota	11 LSWBA WB 27/01/2024 Limpopo School Champs
343	1:00.71 L	F Mokgabo Monnana	11 LEBII BP 23/02/2024 NW School Championships 2024
344*	1:00.73 L	F Addison Bender	11 PSA ZLD 02/12/2023 Stingrays Swim Champs 2023
344*	1:00.73 L	F Carly Dickinson	11 HHPS NMA 03/02/2024 Nelson Mandela Bay Schools Trials & 1st
346	1:00.91 L	F Lenè Mulder	11 HPS TSH 01/12/2023 2023 The Tshwane Mayor's Gala
347	1:01.04 L	F Karla Kriek	11 QSAW CED 21/01/2024 CTA BMEET 4
348	1:01.11 L	F Penelope Mullineux	11 AASC EZD 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
349	1:01.28 L	F Jemma Lotter	11 TYGE CPT 17/09/2023 CTA BMEET 3
350	1:02.13 L	F Menieke Rowe-Rowe	11 BULS MAN 27/10/2023 Neptune Prestige Gala
351	1:02.68 L	F Elri de Wet	11 STGR XRD 20/01/2024 AGE GROUP 5 KBY 2024
352	1:02.93 L	F Nalin Pillay	11 WEST CPT 17/09/2023 CTA BMEET 3
353	1:03.02 L	F Lienke Mulke	11 FAAC 11/11/2023 AGE GROUP 1
354	1:03.29 L	F Olwenvelo Ngema	11 FRA KCD 27/01/2024 Ushaka Champs 2024
355	1:03.41 L	F Madison Thiaradt	11 EVO CPT 11/11/2023 Swartland Prestige Gala 2023
356	1:03.42 L S	F Boikgantsho Mwase	11 RBOT BPD 06/12/2023 NWS Championships 2023/24
357	1:03.43 L	F Ava Koortzen	11 FAAC 20/01/2024 AGE GROUP 5 KBY 2024
358	1:03.47 L	F Skye Mabie	11 PEAS NMA 24/06/2023 PEA Winter Gala 2023
359	1:04.06 L	F Alexis Visagie	11 PEAS NMA 24/06/2023 PEA Winter Gala 2023
360	1:04.36 L	F Ann Bency	11 NDLTS EZD 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
361	1:04.52 L	F Amy Cloete	11 UWCA CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
362	1:04.83 L	F Miyanke Landmann	11 BETH FDD 02/03/2024 FSA Level 1 2024
363	1:05.15 L	F Nande Mtambeka	11 BHURS BUF 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
364	1:05.88 L S	F Emma Kennedy	11 FISH EDD 05/10/2023 42nd Freda Barnard Invitational Gala
365	1:06.09 L	F Zarah Matthee	11 KHAY CPT 21/01/2024 CTA BMEET 4
366	1:06.41 L	F Tshegofa Tau	11 CPSC TSH 02/03/2024 AG Level 1 Regional Age Group
367	1:06.57 L	F Relebohile Maduna	11 PELIC MAN 16/02/2024 Neptunes Last chance Gala
368	1:07.81 L	F Anele Mmelesi	11 ISSA NM 23/02/2024 NW School Championships 2024
369	1:08.71 L	F Khumo Goeieman	11 KALA 11/11/2023 AGE GROUP 1 KATHU
370	1:10.27 L	F Lily Lucas	11 KHAY CPT 21/01/2024 CTA BMEET 4
371	1:10.39 L	F Nandile Mtambeka	11 BHURS BUF 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
372	1:11.15	L	F	Charlotte Bezuidenhout	11	LSKP WB	04/11/2023 Limpopo LS - Top 8 skole 2023
373	1:11.59	L	F	Thatohatsi Masomba	11	THOK EKU	02/03/2024 AG Level 1 Regional Age Group
374	1:12.65	L	F	Elethu Maqabangqa	11	KHAY CPT	17/09/2023 CTA BMEET 3
375	1:12.87	L	F	El dane Pretorius	11	KALA	03/02/2024 NCASA SPRINTS 2024
376	1:14.43	L	F	Chloe Goliath	11	KTS	03/02/2024 NCASA SPRINTS 2024
377	1:20.91	L	F	Nyiko Chauke	11	SOSH TSH	01/12/2023 2023 The Tshwane Mayor's Gala
378	1:22.80	L	F	Oboikanyo Mokoke	11	ISSA NM	23/02/2024 NW School Championships 2024
379	1:58.99	L	F	Venice Beukes	11	KTS	24/11/2023 AGE GROUP 2 KATHU 2023
<b>Women 11-11 100 Back</b>							
1	1:15.41	L	F	Shalea Hamilton	11	BEST NMA	09/02/2024 Infinity Gala 2024
2	1:17.82	L	P	Riley Haupt	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group
3	1:18.15	L	P	Ava Bosch	11	BAS EKU	15/03/2024 SA National Junior Age Group
4	1:18.36	L	F	Victoria Meyburgh	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group
5	1:18.72	L	F	Evie du Plessis	11	BLOT MAN	19/04/2024 SA Schools Swimming Championship
6	1:19.52	L	F	Anja Boshoff	11	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
7	1:21.99	L	F	Barcelona Xaba	11	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
8	1:22.01	L	F	Carinke Wessels	11	BLOT MAN	21/03/2024 SA Level 3 Regional Age Group
9	1:22.24	L	F	Wilhelmina Erasmus	11	LP CCD	19/04/2024 SA Schools Swimming Championship
10	1:22.29	L	P	Lumka Zamisa	11	MP EZD	19/04/2024 SA Schools Swimming Championship
11	1:24.30	L	F	Shiloh Cruywagen	11	SEAL UMD	21/03/2024 SA Level 3 Regional Age Group
12	1:24.39	L	F	Georgia Sabbagha	11	PAQU CED	21/03/2024 SA Level 3 Regional Age Group
13	1:24.70	L	F	Anke Carstens	11	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
14	1:24.86	L	F	Sage Lindsay	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group
15	1:25.16	L	F	Megan Jacobs	11	WSTV ETH	24/11/2023 Westville-Seals LC Championships
16	1:26.14	L	F	Sarah-Kate Odendaal	11	QUIC CPT	10/02/2024 WCA-B Champs - 2024
17	1:26.34	L	F	Johané Burger	11	ROA EDD	20/01/2024 EDEN 4th A-League Gala 2024
18	1:26.35	L	F	Karliia Degenaar	11	TUKS TSH	12/12/2023 NTS Championships 2023
19	1:26.47	L	F	Jessica Jansen van Vuuren	11	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
20	1:26.50	L	F	Anna Horn	11	XCEL CPT	14/12/2023 Western Cape LC-A Championship 2023
21*	1:26.87	L	P	Ineke Van Maarleveld	11	ACAQ CCD	20/03/2024 SA Level 3 Regional Age Group
21*	1:26.87	L	F	Alexis De Witt	11	TUKS TSH	12/12/2023 NTS Championships 2023
23	1:27.08	L	F	Xinyue Huang	11	NSFED	21/03/2024 SA Level 3 Regional Age Group
24	1:27.18	L	P	Danika Steyn	11	KSC EZD	20/03/2024 SA Level 3 Regional Age Group
25	1:27.51	L	P	Rirhandzu Chauke	11	DORE JHB	20/03/2024 SA Level 3 Regional Age Group
26	1:27.52	L	P	Sophia Winterbach	11	ASA ILD	21/03/2024 SA Level 3 Regional Age Group
27	1:27.54	L	F	Laila Christie	11	USC BUF	09/02/2024 Infinity Gala 2024
28*	1:27.60	L	P	Kylie Pringle	11	AFIN JHB	30/11/2023 CGA Championships 2023
28*	1:27.60	L	F	Megan Palmer	11	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
30	1:27.91	L	F	Ava Ziegelmann	11	SEAL UMD	24/11/2023 Westville-Seals LC Championships
31	1:28.38	L	F	Mackenzie Raffle	11	CA EKU	15/09/2023 EGA Summer 1
32*	1:28.66	L	F	Harley Knudsen	11	CA EKU	24/03/2024 SA Level 2 Regional Age Group Champs
32*	1:28.66	L	F	Jua Jonker	11	POTC KKD	06/12/2023 NWS Championships 2023/24
34	1:28.78	L	F	Lia van Heerden	11	BS LLD	26/03/2024 SA Level 2 Regional Age Group Champs
35	1:28.84	L	F	Noa Sebastiao	11	TUKS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
36	1:28.92	L	F	Aqeelah Williams	11	UWCA CPT	18/11/2023 CTA QUALIFYING MEET 2
37	1:29.03	L	F	Inge Du Plessis	11	SS MPD	16/02/2024 NTS February Open Age Group 2024
38	1:29.06	L	P	Taylor Ten Napel	11	BEAV ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
39*	1:29.33	L	F	Holli Tait	11	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
39*	1:29.33	L	P	Nicolene Anderson	11	SEAL UMD	05/04/2024 SA Level 2 Regional Age Group Champs
41	1:29.36	L	P	Phillipa Williams	11	SOUL EKU	20/03/2024 SA Level 3 Regional Age Group
42	1:29.37	L	F	Milani Butau	11	BEST NMA	09/02/2024 Infinity Gala 2024
43	1:29.39	L	P	Kyla Short	11	ESP EKU	24/03/2024 SA Level 2 Regional Age Group Champs
44	1:29.43	L	F	Uma Pearson-Adams	11	SAAW CPT	17/02/2024 Swartland Invitational Gala 2024
45	1:30.22	L	F	Lily Hoar	11	KLOO ETH	21/03/2024 SA Level 3 Regional Age Group
46	1:30.35	L	F	Katherine Harrop-Allin	11	CSC TSH	05/10/2023 42nd Freda Barnard Invitational Gala
47	1:30.38	L	P	Amelie Billson	11	CASC CPT	14/12/2023 Western Cape LC-A Championship 2023
48	1:30.39	L	F	Katryn Landsberg	11	INFA NMA	21/10/2023 4th A League Gala 2023
49	1:30.41	L S	F	Khalalelo Ratlhogo	11	ESP EKU	07/12/2023 EGA Summer Championships
50	1:30.44	L	P	Alexis Visser	11	MAKO EKU	20/03/2024 SA Level 3 Regional Age Group

## Individual Top Times

Times since: 01-May-23

Times until: 30-Apr-24

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
51	1:30.46	L	P	Olivia Nel	11	CLSC	WCD	21/03/2024	SA Level 3 Regional Age Group
52	1:30.47	L	P	Nicoline Du Preez	11	NWUC	KKD	06/12/2023	NWS Championships 2023/24
53	1:30.64	L	F	Mattae Morel	11	SWIFT	EKU	26/01/2024	EGA Last Chance 2024
54	1:30.70	L	P	Kathryn Nolan	11	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
55	1:30.93	L	P	Mikayla Oliver	11	PAC	TSH	12/12/2023	NTS Championships 2023
56	1:31.26	L	F	Alize Engelbrecht	11	CSA	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
57	1:31.31	L	F	Mienke Kok	11	CPPS	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
58	1:31.34	L	P	Laila van Antwerpen	11	PAC	TSH	20/03/2024	SA Level 3 Regional Age Group
59*	1:31.65	L	F	Grace Julies	11	XCEL	CPT	17/02/2024	Swartland Invitational Gala 2024
59*	1:31.65	L	P	Jessica Caldeira	11	CRSC	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
61	1:31.78	L	P	Jasmine Woodburn	11	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
62	1:31.88	L	F	Lienke Bester	11	GHS	BP	23/02/2024	NW School Championships 2024
63	1:31.94	L	F	Sophie Kretzmann	11	USC	BUF	09/02/2024	Infinity Gala 2024
64	1:32.53	L	F	Leane Nel	11	EXP	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
65	1:32.87	L	F	Mienke Kok	11	INFA	NMA	12/08/2023	Madibaz Swim Meet 2023
66	1:33.01	L	F	Grace Johns	11	OHAN	ILD	27/01/2024	Ushaka Champs 2024
67	1:33.08	L	P	Mikayla Coleman	11	TCA	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
68	1:33.15	L	F	Olivia Kruger	11	QSAW	CED	03/02/2024	Winelands SL final
69	1:33.28	L	P	Mikayla Jordaan	11	GREY	CPT	21/03/2024	SA Level 3 Regional Age Group
70	1:33.31	L	F	Shelby Schoeman	11	SOUL	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
71	1:33.38	L	F	Mia Vorster	11	WELA	LLD	06/12/2023	Free State Champs 2023
72	1:33.53	L	F	Sisanda Palframan	11	SEAL	UMD	21/03/2024	SA Level 3 Regional Age Group
73	1:33.57	L	P	Lara Ainslie	11	LINR	JHB	30/11/2023	CGA Championships 2023
74	1:33.60	L	F	Kate Chesire	11	MDOL	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
75	1:33.69	L	F	Naomi Pearson	11	VINE	CPT	18/11/2023	CTA QUALIFYING MEET 2
76	1:34.04	L	F	Lene Kloppe	11	QUIC	CPT	10/02/2024	WCA-B Champs - 2024
77	1:34.56	L	F	Emily Koegelenberg	11	XCEL	CPT	17/02/2024	Swartland Invitational Gala 2024
78	1:34.77	L	P	Mieke Oosthuizen	11	HPS	TSH	20/03/2024	SA Level 3 Regional Age Group
79	1:34.85	L	P	Chisi Magubbwi	11	MDOL	JHB	30/11/2023	CGA Championships 2023
80	1:34.93	L	F	Alyssa Coetzer	11	AZON	ETH	24/11/2023	Westville-Seals LC Championships
81	1:34.98	L	F	Mia Marais	11	TRAZ	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
82	1:35.12	L	F	Jamie Els	11	AQDO	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
83	1:35.31	L	F	Olivia Meyburgh	11	CA	EKU	11/11/2023	EGA Summer 3
84	1:35.37	L	P	Alivia Nel	11	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
85	1:35.41	L	F	Morgan Kaschula	11	SPS	BUF	30/01/2024	Buffalo City Primary School Trials 2024
86	1:35.50	L	F	Isabella Haldane	11	FISH	EDD	18/11/2023	Eden LC Champs 2023
87	1:35.51	L	F	Sophia Hutchison	11	FAAC	EDD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
88	1:35.62	L	F	Gia Newkirk	11	TYGE	CPT	10/02/2024	WCA-B Champs - 2024
89	1:35.86	L	F	Brooklyn Terwin	11	USC	BUF	09/02/2024	Infinity Gala 2024
90	1:35.96	L	P	Areli Muyaka	11	HARB	BPD	24/03/2024	SA Level 2 Regional Age Group Champs
91	1:35.99	L	P	Hope Churchman	11	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
92	1:36.09	L	P	Charné De Bruin	11	TUKS	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
93	1:36.16	L	P	Anastacia Coelho	11	CA	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
94	1:36.35	L	F	Tayla Scheepers	11	RFA	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
95	1:36.41	L	P	Luah Theron	11	CSC	TSH	20/03/2024	SA Level 3 Regional Age Group
96	1:36.50	L	F	Hlumisa Mfabe	11	USC	BUF	09/02/2024	Infinity Gala 2024
97	1:36.66	L	P	Paula Ouko	11	DORE	JHB	30/11/2023	CGA Championships 2023
98*	1:36.84	L	F	Liane Van Zyl	11	NC	FB	27/01/2024	4 + 1 Inter Provincial Gala 2023
98*	1:36.84	L	P	Riley Sanders	11	HPS	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
100	1:37.04	L	F	Jaimey Shaw	11	PEAS	NMA	24/06/2023	PEA Winter Gala 2023
101	1:37.09	L	F	Ruvarashe Chibharo	11	TYGE	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
102	1:37.13	L	F	Charlotte Jones	11	SFSC	CPT	03/02/2024	Winelands SL final
103	1:37.15	L	F	Nokutenda Tembo	11	KNYA	EDD	17/02/2024	EDEN 5th A-League Gala 2024
104	1:37.20	L	P	Abigail Paice	11	SOUL	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
105	1:37.58	L	F	Kayla Kleynhans	11	ROA	EDD	20/01/2024	EDEN 4th A-League Gala 2024
106	1:37.59	L	P	Mikaela Lotz	11	PAC	TSH	12/12/2023	NTS Championships 2023
107	1:37.66	L	F	Chenique Kooi	11	TUKS	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
108	1:38.00	L	F	Emma Ristow	11	USC	BUF	15/12/2023	NMBA Championships 2023
109	1:38.01	L	F	Tatum van Zijl	11	OHAN	ILD	24/11/2023	Westville-Seals LC Championships

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
110	1:38.03	L S	F	Gabrielle Brooks	11	INFA NMA	26/01/2024 6th A League Gala 2024
111	1:38.04	L	F	Oyama Baqwa	11	SGUL ETH	27/01/2024 Ushaka Champs 2024
112	1:38.19	L	F	Jadine Grobler	11	TKS WBD	21/10/2023 Limpopo Age Group 4
113	1:38.20	L	F	Annabel Van Reenen	11	ACSA ETH	24/11/2023 Westville-Seals LC Championships
114	1:38.29	L	F	Mikaela Van Heerden	11	TUKS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
115	1:38.44	L	P	Tshegofatso Moabelo	11	BAS EKU	24/03/2024 SA Level 2 Regional Age Group Champs
116	1:38.45	L	F	Zia Habib	11	MDOL JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
117	1:38.54	L	F	Lara Rosenstrauch	11	HTSA CPT	10/02/2024 WCA-B Champs - 2024
118	1:38.63	L	P	Miané Logan	11	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
119	1:38.87	L	F	Elmane' de Wet	11	BULS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
120	1:38.93	L	F	Kayleigh Brophy	11	AAS JHB	02/03/2024 AG Level 1 Regional Age Group
121	1:38.97	L	F	Lea du Plooy	11	PSA ZLD	02/12/2023 Stingrays Swim Champs 2023
122	1:39.00	L	F	Dané de Kock	11	POTC KKD	06/12/2023 NWS Championships 2023/24
123	1:39.12	L	F	Alexis Kalapac	11	BLMA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
124*	1:39.30	L	P	Ayvah Jacob	11	HASC JHB	30/11/2023 CGA Championships 2023
124*	1:39.30	L	F	Retshepile Phalafala	11	MDOL JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
126	1:39.78	L	F	Summer Fang	11	PRIO NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
127	1:39.83	L	F	Mila Hinteregger	11	CA EKU	15/09/2023 EGA Summer 1
128	1:39.86	L	P	Katie Van den Heever	11	UNI EZD	24/03/2024 SA Level 2 Regional Age Group Champs
129	1:39.99	L	F	Sydney Howes	11	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
130	1:40.23	L	F	Katelyn Ubogu	11	DORE JHB	27/01/2024 CGA Level 2+ Gala 27 Jan 2024
131*	1:40.41	L	P	Paige Oliphant	11	PAC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
131*	1:40.41	L	F	Emilie Conradie	11	SAAW CPT	10/02/2024 WCA-B Champs - 2024
133	1:40.45	L	F	Jessica Arenz	11	MANT CPT	24/11/2023 CTA A & B CHAMPS 2023
134	1:40.48	L	F	Terri-Drew Sparks	11	AAS JHB	02/03/2024 AG Level 1 Regional Age Group
135	1:40.54	L	F	Charlotte Hofinger	11	ASAC CPT	18/11/2023 CTA QUALIFYING MEET 2
136	1:40.62	L	F	Gia Collen	11	RFA TSH	01/12/2023 2023 The Tshwane Mayor's Gala
137	1:40.69	L	P	Makayla Stoltz	11	PER JHB	24/03/2024 SA Level 2 Regional Age Group Champs
138	1:40.76	L	P	Qhanyiya Sizani	11	WWOL TSH	24/03/2024 SA Level 2 Regional Age Group Champs
139	1:40.80	L	F	Sloan Warner	11	INFA NMA	24/06/2023 PEA Winter Gala 2023
140	1:40.93	L	F	Jada Hendricks	11	TYGE CPT	18/11/2023 CTA QUALIFYING MEET 2
141	1:41.14	L	F	Carlien Coetzee	11	PPARK BP	23/02/2024 NW School Championships 2024
142	1:41.17	L	P	Gia Botoulas	11	AFIN JHB	30/11/2023 CGA Championships 2023
143	1:41.18	L	F	Mia (B) Venter	11	AWIN TSH	01/12/2023 2023 The Tshwane Mayor's Gala
144	1:41.31	L	F	Peighton Le Roux	11	TCA EKU	11/11/2023 EGA Summer 3
145	1:41.46	L	F	Oyama Tuta	11	PELIC MAN	26/03/2024 SA Level 2 Regional Age Group Champs
146	1:41.48	L	F	Esme Bowes	11	RFA TSH	16/02/2024 NTS February Open Age Group 2024
147	1:42.00	L	F	Destheonique Julius	11	KALA	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
148	1:42.13	L	F	Clara Duvenage	11	CA EKU	02/03/2024 AG Level 1 Regional Age Group
149*	1:42.19	L	F	Cayla Fourie	11	NAE EZD	01/12/2023 Mpumalanga Championships 2023
149*	1:42.19	L	P	Bukata Mwanza	11	ESP EKU	24/03/2024 SA Level 2 Regional Age Group Champs
151	1:42.39	L	F	Ivy Johnston	11	OHAN ILD	24/11/2023 Westville-Seals LC Championships
152	1:42.45	L	P	Mijone Beyers	11	SWIFT EKU	24/03/2024 SA Level 2 Regional Age Group Champs
153	1:42.69	L	F	Jenna Leppan	11	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
154	1:42.93	L	F	Dione Smit	11	ASAC CPT	18/11/2023 CTA QUALIFYING MEET 2
155	1:42.99	L	P	Willow Makwakwa	11	WWOL TSH	24/03/2024 SA Level 2 Regional Age Group Champs
156	1:43.11	L	F	Racquelle Saporta	11	INFA NMA	15/12/2023 NMBA Championships 2023
157*	1:43.38	L	F	Emily Van't Slot	11	BLMA CPT	10/02/2024 WCA-B Champs - 2024
157*	1:43.38	L	F	Emily Van't Slot	11	BLMA CPT	10/02/2024 WCA-B Champs - 2024
157*	1:43.38	L	F	Emily Van t Slot	11	BLMA CPT	10/02/2024 WCA-B Champs - 2024
160	1:43.84	L	P	Thalia Naidoo	11	SWIM1 JHB	24/03/2024 SA Level 2 Regional Age Group Champs
161	1:43.87	L	F	Ilè Ferreira	11	ZASC TSH	02/02/2024 NTS Level 1+2 February Age Group
162	1:43.92	L	F	Isabel Smith	11	HARL BUF	01/12/2023 ECA Long Course Championships 2023
163	1:43.97	L	F	Livia Vancoillie	11	QUIC CPT	24/11/2023 CTA A & B CHAMPS 2023
164	1:44.28	L	F	Anye Brink	11	QSAW CED	21/01/2024 CTA BMEET 4
165	1:44.29	L	F	Taliyah Eveleigh	11	MCS BP	23/02/2024 NW School Championships 2024
166	1:44.79	L	P	Izeldi Van Niekerk	11	DOLFI MPD	24/03/2024 SA Level 2 Regional Age Group Champs
167	1:45.31	L	F	Kayla-Anne Walker	11	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
168	1:45.40	L	F	Lauren Kleinhans	11	AA JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb

## Individual Top Times

Times since: 01-May-23

Times until: 30-Apr-24

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
169	1:45.54	L	F	Grizelda Janse van Rensburg	11	NWUC	KKD	06/12/2023	NWS Championships 2023/24
170	1:45.59	L	F	Rachael Rodd	11	CASC	CPT	21/01/2024	CTA BMEET 4
171	1:45.79	L	F	Nabeeha Raja	11	SPS	BUF	30/01/2024	Buffalo City Primary School Trials 2024
172*	1:45.84	L	F	Ava Grebe	11	CUHE	QBD	21/01/2024	CTA BMEET 4
172*	1:45.84	L	F	Kalica Cornelissen	11	KTS		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
174	1:45.85	L	P	Rebecca Sam	11	HPS	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
175	1:46.24	L	F	Zia-Bella Engelbrecht	11	HTSA	CPT	10/02/2024	WCA-B Champs - 2024
176	1:46.33	L	P	Tamika Abbey	11	PER	JHB	30/11/2023	CGA Championships 2023
177	1:46.47	L	F	Tumisho Mojapelo	11	WWOL	TSH	02/03/2024	AG Level 1 Regional Age Group
178	1:46.50	L	F	Sienna Goedhals	11	SPS	BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
179	1:46.68	L	F	Alexa Steenkamp	11	CPSC	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
180	1:46.87	L	F	Emma du Toit	11	BULS	MAN	06/12/2023	Free State Champs 2023
181	1:46.92	L	F	Mieke Jordaan	11	KTS		03/02/2024	NCASA SPRINTS 2024
182	1:47.04	L	F	Michaela Hirst	11	HREF	BP	21/10/2023	NWS Age Group 1 & 2 2023
183	1:47.26	L	F	Marni Snyman	11	ELRAS	WBD	01/12/2023	Limpopo Champs
184	1:47.51	L	F	Jaime Sprong	11	ASAC	CPT	18/11/2023	CTA QUALIFYING MEET 2
185	1:47.62	L	F	Sofia O'Leary	11	BON	EKU	11/11/2023	EGA Summer 3
186	1:47.65	L	F	Mila Barkhuysen	11	GREY	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
187	1:48.09	L	F	Nellamari Fourie	11	AGAQ	QBD	05/10/2023	42nd Freda Barnard Invitational Gala
188	1:48.22	L	F	Ella Adams	11	TYGE	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
189	1:48.35	L	P	Le-May Van Zyl	11	ELRAS	WBD	24/03/2024	SA Level 2 Regional Age Group Champs
190	1:48.69	L	F	Liane Muller	11	INFA	NMA	21/10/2023	4th A League Gala 2023
191	1:48.83	L	F	Ava van der Mescht	11	DESA	NMA	09/02/2024	Infinity Gala 2024
192*	1:48.97	L	F	Ella Warren	11	SPS	BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
192*	1:48.97	L	F	Isabelle Kent	11	BLMA	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
194	1:49.21	L	F	Kenna Lilley	11	TYGE	CPT	18/11/2023	CTA QUALIFYING MEET 2
195	1:49.48	L	F	Juno Bouwer	11	TYGE	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
196	1:49.98	L	F	Elizabeth Willemse	11	VHD	ZLD	05/04/2024	SA Level 2 Regional Age Group Champs
197	1:50.23	L	F	Marizelle Vermaak	11	HREF	BP	21/10/2023	NWS Age Group 1 & 2 2023
198	1:50.38	L	F	Kaylee Scheepers	11	LSWBA	WB	27/01/2024	Limpopo School Champs
199	1:50.42	L	F	Janel Van der Merwe	11	PRA	GSD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
200	1:50.60	L	F	Wilmie Fourie	11	UPSK	ZMD	03/02/2024	NCASA SPRINTS 2024
201	1:50.66	L	F	Helene de Bruyn	11	BULS	MAN	06/12/2023	Free State Champs 2023
202	1:50.84	L	F	Michaela Fourie	11	NSAD	EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
203	1:51.12	L	F	Erinn Mare	11	CPSC	TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
204	1:51.14	L	F	Lexi Torlutter	11	SFSC	CPT	03/02/2024	Winelands SL final
205	1:51.20	L	F	Zahraa Essack	11	ATLA	JHB	02/03/2024	AG Level 1 Regional Age Group
206	1:51.22	L	F	Lume Fourie	11	TINC	TSH	03/11/2023	NTS Level 1+2 November Age Group
207	1:51.30	L	P	Alexia Dippenaar	11	BS	LLD	26/03/2024	SA Level 2 Regional Age Group Champs
208	1:51.59	L	F	Madeleine de Villiers	11	EXP	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
209	1:51.88	L	F	Lyla Delany	11	TRAZ	TSH	03/11/2023	NTS Level 1+2 November Age Group
210	1:51.89	L	P	Summer Moonsamy	11	BEAV	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
211	1:52.44	L	F	Andisani Ratshisusu	11	AA	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
212	1:52.85	L	F	Leah Du Plessis	11	DSG	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
213	1:53.24	L	F	Amelia-Rose Schutlzler	11	USC	BUF	09/02/2024	Infinity Gala 2024
214	1:53.32	L	F	Karusha Gounder	11	LEGC	ETH	24/11/2023	Westville-Seals LC Championships
215	1:53.42	L	F	Roxanne Coetzee	11	GHS	BP	23/02/2024	NW School Championships 2024
216	1:53.50	L	F	Lienka De Jager	11	BARR	CPT	17/09/2023	CTA BMEET 3
217	1:53.54	L	F	Ming-Xi Tsai	11	AA	JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
218	1:53.63	L	F	Lika Baird	11	HREF	BP	11/11/2023	NWS Age Group 3 + 4
219	1:54.25	L	F	Paballo Nkosi	11	FAC	EKU	11/11/2023	EGA Summer 3
220	1:54.33	L	F	Nicolene Filo	11	RFA	TSH	02/02/2024	NTS Level 1+2 February Age Group
221	1:54.34	L	F	Dominique Birkenstock	11	JAQ	EKU	02/03/2024	AG Level 1 Regional Age Group
222	1:54.59	L	F	Larique Pretorius	11	KALA		03/02/2024	NCASA SPRINTS 2024
223	1:54.68	L	F	Nyandano Madaba	11	FAC	EKU	02/03/2024	AG Level 1 Regional Age Group
224	1:55.19	L	F	Amelia Green	11	MAKO	EKU	11/11/2023	EGA Summer 3
225	1:55.32	L	F	Aneeqah Engelbrecht	11	PAQU	GED	05/10/2023	42nd Freda Barnard Invitational Gala
226	1:55.41	L	F	Leandi Liebenberg	11	LSTZN	CCD	27/01/2024	Limpopo School Champs
227	1:55.64	L	F	Zoe Katiyo	11	AAS	JHB	02/03/2024	AG Level 1 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
228	1:55.70	L	F	Noko Phalafala	11	HPS TSH	02/03/2024 AG Level 1 Regional Age Group
229	1:56.49	L	F	Holly-Rae Ayerst	11	BEST NMA	21/10/2023 4th A League Gala 2023
230	1:56.81	L S	P	Katelyn Naidoo	11	BON EKU	07/12/2023 EGA Summer Championships
231	1:57.19	L	F	Wyllow Halse	11	CAMPB BUF	30/01/2024 Buffalo City Primary School Trials 2024
232	1:57.30	L	F	Hiranya Moodley	11	USH KCD	27/01/2024 Ushaka Champs 2024
233	1:57.72	L	F	Mudiwa Murangandi	11	TCA EKU	02/03/2024 AG Level 1 Regional Age Group
234	1:58.22	L	F	Beersheba Negash	11	BARA EKU	11/11/2023 EGA Summer 3
235	1:58.49	L	P	Lea Kotzé	11	NWUC KKD	06/12/2023 NWS Championships 2023/24
236	1:58.62	L	F	Karla Wolmarans	11	UPSK ZMD	13/01/2024 AGE GROUP 4 UPT 2024
237	1:59.54	L	F	Liné Schoeman	11	FISH EDD	21/10/2023 EDEN 2nd A-League Gala 2023
238	1:59.71	L	F	Hester Janse van Rensburg	11	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
239	1:59.74	L	F	Dominic De Jager	11	USH KCD	27/01/2024 Ushaka Champs 2024
240	1:59.83	L	F	Yu Xuan Jin	11	TYGE CPT	24/11/2023 CTA A & B CHAMPS 2023
241	2:00.13	L	F	Emily Botha	11	ASAC CPT	21/01/2024 CTA BMEET 4
242	2:00.19	L	F	Amy Erasmus	11	PELIC MAN	02/03/2024 FSA Level 1 2024
243	2:00.51	L	F	Carli Puth	11	RBOT BPD	21/10/2023 NWS Age Group 1 & 2 2023
244	2:00.69	L	F	Cara van Wyk	11	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
245	2:00.71	L	F	Rorisang Monareng	11	BLNE MAN	03/02/2024 Heidedal Welkom Gala 2
246	2:01.09	L	F	Devon Powell	11	BLMA CPT	21/01/2024 CTA BMEET 4
247	2:01.17	L	F	Taila Erasmus	11	PELIC MAN	02/03/2024 FSA Level 1 2024
248	2:02.35	L	F	Heili Vorster	11	WATR JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
249	2:03.24	L	F	Isabella Ralph	11	PEAS NMA	23/09/2023 3rd A League Gala 2023
250	2:03.25	L	F	Noluthando Nkosi	11	NSAD EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
251	2:03.35	L	F	Madison Wissekerke	11	FRA KCD	21/10/2023 Froggies Championships 2023
252	2:03.63	L	F	Anathi Qamba	11	FAC EKU	15/09/2023 EGA Summer 1
253	2:03.95	L	F	Roaluswa Monenzhe	11	CKDP KK	23/02/2024 NW School Championships 2024
254	2:05.26	L	F	Ikageng Moloko	11	TUKS TSH	02/03/2024 AG Level 1 Regional Age Group
255	2:05.58	L	F	Amogelang Kutu	11	SS MPD	11/11/2023 Limpopo Age Group 5
256	2:05.75	L	P	Wangai Githiri	11	ONYX EKU	24/03/2024 SA Level 2 Regional Age Group Champs
257	2:06.58	L	F	Ratang Tebeila	11	POLSC CCD	01/12/2023 Limpopo Champs
258	2:07.04	L	F	Annemi Loots	11	SWAR WCD	17/02/2024 Swartland Invitational Gala 2024
259	2:08.83	L	F	Tshiamo Mlangeni	11	MPS NGD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
260	2:10.14	L	F	Addison Bender	11	PSA ZLD	02/12/2023 Stingrays Swim Champs 2023
261	2:10.15	L	F	Nobuhle Hlophe	11	POLSC CCD	01/12/2023 Limpopo Champs
262	2:10.57	L	F	Mosa Seboko	11	WSS LLD	06/12/2023 Free State Champs 2023
263	2:10.77	L	F	Lenè Mulder	11	HPS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
264	2:12.84	L	F	Khanya Ramone	11	CKDP KK	23/02/2024 NW School Championships 2024
265	2:13.53	L	F	Ann Bency	11	NDLTS EZD	02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
266	2:18.60	L	F	Alissa Nyambuki	11	BARR CPT	17/09/2023 CTA BMEET 3
267	2:20.47	L	F	Madison Thiaradt	11	EVO CPT	11/11/2023 Swartland Prestige Gala 2023
268	2:25.37	L	F	Murendwa Tshikota	11	LSWBA WB	27/01/2024 Limpopo School Champs
269	2:26.35	L	F	Lisasa Faltein	11	PEAS NMA	05/10/2023 42nd Freda Barnard Invitational Gala
270	2:27.12	L	F	Nalin Pillay	11	WEST CPT	05/10/2023 42nd Freda Barnard Invitational Gala
271	2:31.47	L	F	Gabriella Stein	11	SOUL EKU	15/09/2023 EGA Summer 1
272	2:32.35	L	F	Zizopho Ginindza	11	WWOL TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
273	2:34.92	L	F	Machayda Titus	11	WEST CPT	18/11/2023 CTA QUALIFYING MEET 2
274	2:43.59	L	F	Khumo Goeieman	11	KALA	03/02/2024 NCASA SPRINTS 2024
275	2:46.88	L	F	Anele Mmelesi	11	ISSA NM	23/02/2024 NW School Championships 2024
276	2:47.41	L	F	El dane Pretorius	11	KALA	03/02/2024 NCASA SPRINTS 2024
<b>Women 11-11 200 Back</b>							
1	2:43.04	L	F	Shalea Hamilton	11	BEST NMA	11/11/2023 5th A League Gala 2023
2	2:49.32	L S	P	Ava Bosch	11	BAS EKU	15/03/2024 SA National Junior Age Group
3	2:50.36	L	F	Anja Boshoff	11	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
4	2:52.21	L	P	Riley Haupt	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group
5	2:53.27	L S	F	Evie du Plessis	11	BLOT MAN	06/12/2023 Free State Champs 2023
6	2:55.01	L	F	Victoria Meyburgh	11	CA EKU	26/01/2024 EGA Last Chance 2024
7	2:56.52	L	F	Xinyue Huang	11	NSFED	21/03/2024 SA Level 3 Regional Age Group
8	2:57.27	L	F	Erin Neumann	11	GSA CPT	24/06/2023 PEA Winter Gala 2023
9	2:57.54	L	P	Sage Lindsay	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
10	2:57.77	L	P	Alexis De Witt	11	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
11	2:59.19	L	F	Johané Burger	11	ROA	EDD	20/01/2024	EDEN 4th A-League Gala 2024
12	2:59.23	L	F	Georgia Sabbagha	11	PAQU	CED	21/03/2024	SA Level 3 Regional Age Group
13	2:59.96	L	P	Barcelona Xaba	11	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
14	3:02.61	L	P	Lumka Zamisa	11	MP	EZD	19/04/2024	SA Schools Swimming Championship
15	3:03.13	L S	P	Megan Jacobs	11	WSTV	ETH	15/03/2024	SA National Junior Age Group
16	3:03.66	L	F	Karliá Degenaar	11	TUKS	FSH	26/01/2024	NTS Level 3+ Januarey Age Group 2024
17	3:04.32	L	P	Danika Steyn	11	KSC	EZD	20/03/2024	SA Level 3 Regional Age Group
18	3:04.38	L	F	Anna Horn	11	XCEL	CPT	17/02/2024	Swartland Invitational Gala 2024
19	3:04.76	L	F	Anke Carstens	11	TUKS	FSH	12/12/2023	NTS Championships 2023
20	3:04.83	L	F	Wilhelmina Erasmus	11	ELRAS	WBD	01/12/2023	Limpopo Champs
21	3:05.44	L	F	Carinke Wessels	11	FSA	FS	27/01/2024	4 + 1 Inter Provincial Gala 2023
22	3:06.25	L	P	Sarah-Kate Odendaal	11	QUIC	CPT	21/03/2024	SA Level 3 Regional Age Group
23	3:06.26	L	F	Lily Hoar	11	KLOO	ETH	21/03/2024	SA Level 3 Regional Age Group
24	3:06.31	L	F	Mikayla Oliver	11	PAC	FSH	16/02/2024	NTS February Open Age Group 2024
25	3:07.44	L	F	Jessica Jansen van Vuuren	11	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
26	3:07.62	L	P	Noa Sebastiao	11	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
27	3:08.65	L	P	Ineke Van Maarleveld	11	ACAQ	CCD	20/03/2024	SA Level 3 Regional Age Group
28	3:09.01	L	P	Olivia Nel	11	CLSC	WCD	21/03/2024	SA Level 3 Regional Age Group
29	3:09.63	L	F	Taylor Ten Napel	11	BEAV	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
30	3:09.87	L	P	Laila Christie	11	USC	BUF	21/03/2024	SA Level 3 Regional Age Group
31	3:10.39	L	F	Katherine Harrop-Allin	11	CSC	FSH	26/01/2024	NTS Level 3+ Januarey Age Group 2024
32	3:10.43	L	P	Grace Julies	11	XCEL	CPT	21/03/2024	SA Level 3 Regional Age Group
33	3:10.96	L	P	Rirhandzu Chauke	11	DORE	JHB	20/03/2024	SA Level 3 Regional Age Group
34	3:11.41	L	F	Kyla Short	11	ESP	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
35	3:12.15	L	P	Phillipa Williams	11	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
36	3:12.82	L	P	Kathryn Nolan	11	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
37	3:13.02	L	F	Amelie Billson	11	CASC	CPT	17/02/2024	Swartland Invitational Gala 2024
38	3:13.89	L	F	Holli Tait	11	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
39	3:14.18	L	P	Harley Knudsen	11	CA	EKU	07/12/2023	EGA Summer Championships
40	3:14.27	L	F	Uma Pearson-Adams	11	SAAW	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
41	3:14.28	L	F	Alyssa Coetzer	11	AZON	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
42	3:14.39	L	P	Jasmine Woodburn	11	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
43	3:14.50	L	F	Leane Nel	11	EXP	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
44	3:16.02	L	F	Jua Jonker	11	POTC	KKD	06/12/2023	NWS Championships 2023/24
45	3:16.05	L	F	Alexis Visser	11	MAKO	EKU	26/01/2024	EGA Last Chance 2024
46	3:16.32	L	P	Kylie Pringle	11	AFIN	JHB	30/11/2023	CGA Championships 2023
47	3:16.36	L	P	Lia van Heerden	11	BS	LLD	26/03/2024	SA Level 2 Regional Age Group Champs
48	3:19.15	L	F	Mikayla Jordaan	11	GREY	CPT	10/02/2024	WCA-B Champs - 2024
49	3:19.92	L	P	Luah Theron	11	CSC	FSH	20/03/2024	SA Level 3 Regional Age Group
50	3:21.11	L	P	Chisi Magubbwi	11	MDOL	JHB	30/11/2023	CGA Championships 2023
51	3:21.57	L	P	Alivia Nel	11	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
52	3:21.83	L	F	Olivia Meyburgh	11	CA	EKU	28/10/2023	EGA Summer 2 2023
53	3:22.19	L	F	Khalalelo Ratlhogo	11	ESP	EKU	26/01/2024	EGA Last Chance 2024
54	3:22.60	L	F	Lienke Bester	11	HREF	BP	06/12/2023	NWS Championships 2023/24
55	3:22.98	L	F	Laila van Antwerpen	11	PAC	FSH	16/02/2024	NTS February Open Age Group 2024
56	3:23.54	L	F	Areli Muyaka	11	HARB	BPD	24/03/2024	SA Level 2 Regional Age Group Champs
57	3:23.55	L	P	Paula Ouko	11	DORE	JHB	30/11/2023	CGA Championships 2023
58	3:25.95	L	F	Hope Churchman	11	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
59	3:26.24	L	F	Mattae Morel	11	SWIFT	EKU	28/10/2023	EGA Summer 2 2023
60	3:26.85	L	F	Emma Ristow	11	USC	BUF	17/02/2024	Eastern Cape School Trials 2024
61	3:27.20	L	F	Qhanyiya Sizani	11	WWOL	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
62	3:27.99	L	F	Kate Chesire	11	MDOL	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
63	3:28.63	L	F	Abigail Paice	11	SOUL	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
64	3:28.78	L	P	Nicoline Du Preez	11	NWUC	KKD	06/12/2023	NWS Championships 2023/24
65	3:29.15	L	F	Olivia Kruger	11	QSAW	CED	11/11/2023	Winelands SL4
66	3:29.28	L	F	Ruvarashe Chibharo	11	TYGE	CPT	10/02/2024	WCA-B Champs - 2024
67	3:29.46	L	F	Zia Habib	11	MDOL	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
68	3:30.10	L	P	Liane Van Zyl	11	UPSK	ZMD	26/03/2024	SA Level 2 Regional Age Group Champs

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
69	3:30.12 L	F	Esme Bowes	11	RFA FSH	24/03/2024	SA Level 2 Regional Age Group Champs
70	3:31.21 L	F	Milani Butau	11	BEST NMA	11/11/2023	5th A League Gala 2023
71	3:33.85 L	F	Mienke Kok	11	INFA NMA	24/06/2023	PEA Winter Gala 2023
72	3:34.04 L	F	Tshegofatso Moabelo	11	BAS EKV	24/03/2024	SA Level 2 Regional Age Group Champs
73	3:34.14 L	P	Shelby Schoeman	11	SOUL EKV	07/12/2023	EGA Summer Championships
74	3:34.73 L	F	Oyama Tuta	11	PELIC MAN	26/03/2024	SA Level 2 Regional Age Group Champs
75	3:34.80 L	F	Miané Logan	11	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
76	3:35.39 L	F	Jada Hendricks	11	TYGE CPT	10/02/2024	WCA-B Champs - 2024
77	3:36.00 L	F	Bukata Mwanza	11	ESP EKV	24/03/2024	SA Level 2 Regional Age Group Champs
78	3:36.11 L	F	Jessica Arenz	11	MANT CPT	10/02/2024	WCA-B Champs - 2024
79	3:36.29 L	F	Chenique Kooi	11	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
80	3:37.15 L	F	Sophia Hutchison	11	FAAC	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
81	3:37.62 L S	F	Livia Vancoillie	11	QUIC CPT	24/11/2023	CTA A & B CHAMPS 2023
82	3:38.59 L	F	Dione Smit	11	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
83	3:39.54 L	P	Jenna Leppan	11	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
84	3:39.79 L	F	Sydney Howes	11	HREF BP	03/11/2023	NTS Level 1+2 November Age Group
85	3:41.10 L	F	Kayla Kleynhans	11	ROA EDD	18/11/2023	Eden LC Champs 2023
86	3:41.16 L	F	Izeldi Van Niekerk	11	DOLFI MPD	24/03/2024	SA Level 2 Regional Age Group Champs
87	3:41.34 L	F	Oyama Baqwa	11	SGUL ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
88	3:42.16 L	P	Mijone Beyers	11	SWIFT EKV	07/12/2023	EGA Summer Championships
89	3:42.35 L	F	Nokutenda Tembo	11	KNYA EDD	20/01/2024	EDEN 4th A-League Gala 2024
90	3:42.39 L	F	Anastacia Coelho	11	CA EKV	24/11/2023	EGA Summer 4
91	3:42.77 L	F	Jaime Sprong	11	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
92	3:43.27 L	F	Ava van der Mescht	11	DESA NMA	09/02/2024	Infinity Gala 2024
93	3:43.41 L	F	Lara Rosenstrauch	11	HTSA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
94	3:45.07 L	F	Rebecca Sam	11	HPS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
95	3:45.82 L	F	Jadine Grobler	11	TKS WBD	21/10/2023	Limpopo Age Group 4
96	3:48.62 L	F	Marizelle Vermaak	11	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
97	3:49.97 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
98	3:50.90 L S	F	Emma du Toit	11	BULS MAN	06/12/2023	Free State Champs 2023
99	3:52.97 L	F	Lene Klopper	11	QUIC CPT	11/11/2023	Swartland Prestige Gala 2023
100	3:54.06 L	F	Wilmie Fourie	11	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
101	3:56.88 L	F	Lika Baird	11	GHS BP	23/02/2024	NW School Championships 2024
102	4:02.46 L	P	Paballo Nkosi	11	FAC EKV	07/12/2023	EGA Summer Championships
103	4:02.50 L	F	Amelia-Rose Schutzler	11	CPRIM BUF	03/02/2024	Buffalo City School Trials 2024
104	4:03.45 L	F	Janel Van der Merwe	11	PRA GSD	20/01/2024	MP AGE GROUP 4 GALA 20 JANUARY
105	4:07.17 L S	F	Alexia Dippenaar	11	BS LLD	06/12/2023	Free State Champs 2023
106	4:08.32 L	F	Ella Adams	11	TYGE CPT	11/11/2023	Winelands SL4
107	4:10.64 L	F	Larique Pretorius	11	KALA	02/12/2023	AGE GROUP 3 KATHU - 2023
108	4:13.89 L	F	Mia Witbooi	11	RETR CPT	17/02/2024	Swartland Invitational Gala 2024
109	4:27.33 L	F	Anathi Qamba	11	FAC EKV	28/10/2023	EGA Summer 2 2023
110	4:27.41 L S	F	Rorisang Monareng	11	BLNE MAN	06/12/2023	Free State Champs 2023
111	4:37.19 L	F	Hanaan Hendricks	11	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
112	4:53.03 L	P	Khanya Ramone	11	MATL KKD	06/12/2023	NWS Championships 2023/24

#### Women 11-11 50 Breast

1	38.33 L	F	Anna Horn	11	WCA CPT	19/04/2024	SA Schools Swimming Championship
2	39.18 L	F	Megan Jacobs	11	WSTV ETH	15/03/2024	SA National Junior Age Group
3	39.69 L	F	Barcelona Xaba	11	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
4	39.91 L	F	Roze Van Wyk	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
5	40.41 L	F	Sophia Hutchison	11	FAAC	21/03/2024	SA Level 3 Regional Age Group
6	40.80 L	F	Grace Julies	11	XCEL CPT	21/03/2024	SA Level 3 Regional Age Group
7	40.87 L	P	Sophia Winterbach	11	ASA HLD	21/03/2024	SA Level 3 Regional Age Group
8	40.91 L	F	Taylor Ten Napel	11	BEAV ETH	27/01/2024	Ushaka Champs 2024
9	41.03 L	F	Jessica Jansen van Vuuren	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
10	41.42 L	F	Erin Neumann	11	GSA CPT	24/06/2023	PEA Winter Gala 2023
11	41.53 L	F	Shalea Hamilton	11	BEST NMA	21/03/2024	SA Level 3 Regional Age Group
12	41.64 L	P	Xinyue Huang	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
13*	42.27 L	P	Gia Stedall	11	WWOL FSH	20/03/2024	SA Level 3 Regional Age Group
13*	42.27 L	F	Carinke Wessels	11	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group



## Individual Top Times

Times since: 01-May-23  
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Times until: 30-Apr-24  
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	Time	P/F/S	Name	Age/Yr				
15	42.30	L S	F	Mackenzie Raffle	11	CA EKU	07/12/2023	EGA Summer Championships
16	42.53	L	P	Chisi Magubbwi	11	MDOL JHB	30/11/2023	CGA Championships 2023
17*	42.70	L	P	Ava Bosch	11	BAS EKU	15/03/2024	SA National Junior Age Group
17*	42.70	L	F	Alexis De Witt	11	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
19	43.18	L	F	Evie du Plessis	11	BLOT MAN	06/12/2023	Free State Champs 2023
20	43.27	L	P	Jua Jonker	11	POTC KKD	20/03/2024	SA Level 3 Regional Age Group
21	43.35	L	F	Peighton Le Roux	11	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs
22	43.55	L	F	Taylor-Rose Botes	11	CA EKU	24/03/2024	SA Level 2 Regional Age Group Champs
23	43.72	L	F	Katherine Harrop-Allin	11	CSC TSH	05/10/2023	42nd Freda Barnard Invitational Gala
24	43.74	L	F	Chloe Rautenbach	11	UNI EZD	01/12/2023	Mpumalanga Championships 2023
25*	43.77	L	P	Kathryn Nolan	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
25*	43.77	L	P	Aqeelah Williams	11	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group
27	43.88	L	F	Laura Muller	11	LINR JHB	24/03/2024	SA Level 2 Regional Age Group Champs
28	43.96	L	P	Ruvarashe Chibharo	11	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
29	44.01	L	P	Emma Van Deventer	11	SGUL ETH	21/03/2024	SA Level 3 Regional Age Group
30	44.10	L	P	Mali Louw	11	WELL CED	21/03/2024	SA Level 3 Regional Age Group
31	44.19	L	F	Lize De Wet	11	LSPHA MP	27/01/2024	Limpopo School Champs
32	44.21	L	P	Alexis Kalapac	11	BLMA CPT	21/03/2024	SA Level 3 Regional Age Group
33	44.25	L	P	Chenique Kooi	11	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
34	44.51	L	P	Alexis Visser	11	MAKO EKU	20/03/2024	SA Level 3 Regional Age Group
35	44.65	L	P	Lara Van Veelen	11	TASC MPD	20/03/2024	SA Level 3 Regional Age Group
36	44.73	L	F	Isabella Vreenegoor	11	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
37	44.83	L	F	Sisanda Palframan	11	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
38	44.90	L	F	Ava Grebe	11	CUHE OBD	10/02/2024	WCA-B Champs - 2024
39	44.93	L	P	Madison Sanan	11	PER JHB	30/11/2023	CGA Championships 2023
40	44.95	L	P	Paige Jansen van Vuuren	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
41	44.96	L	P	Laila van Antwerpen	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
42	44.97	L	P	Leandi Swarts	11	PSA ZLD	20/03/2024	SA Level 3 Regional Age Group
43	44.98	L	F	Mila Hinteregger	11	CA EKU	15/09/2023	EGA Summer 1
44	45.13	L	F	Jazmin Anthony	11	PAQU CED	03/02/2024	Winelands SL final
45	45.14	L	F	Makayla Stoltz	11	PER JHB	24/03/2024	SA Level 2 Regional Age Group Champs
46	45.26	L	F	Ineke Van Maarleveld	11	ACAA CCD	01/12/2023	Limpopo Champs
47	45.33	L	F	Arya De Sousa	11	TRAZ TSH	26/01/2024	NTS Level 3+ January Age Group 2024
48	45.40	L	F	Mawande Makumbe	11	TUKS TSH	12/12/2023	NTS Championships 2023
49	45.65	L	P	Jasmine Woodburn	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
50	45.67	L	P	Mieke Oosthuizen	11	HPS TSH	20/03/2024	SA Level 3 Regional Age Group
51	45.70	L	F	Christie Snyders	11	VALS FDD	06/12/2023	Free State Champs 2023
52	45.89	L	P	Khalalelo Rathogo	11	ESP EKU	20/03/2024	SA Level 3 Regional Age Group
53	45.93	L	F	Emilie Conradie	11	SAAW CPT	10/02/2024	WCA-B Champs - 2024
54	45.95	L	F	Clara Duvenage	11	CA EKU	11/11/2023	EGA Summer 3
55	46.28	L	P	Mattae Morel	11	SWIFT EKU	20/03/2024	SA Level 3 Regional Age Group
56	46.32	L	F	Holli Tait	11	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
57	46.52	L	P	Emma Ristow	11	USC BUF	21/03/2024	SA Level 3 Regional Age Group
58	46.64	L	F	Lara Rosenstrauch	11	HTSA CPT	10/02/2024	WCA-B Champs - 2024
59	46.75	L	F	Sophia Boustred	11	STAQ CED	10/02/2024	WCA-B Champs - 2024
60	46.80	L	P	Rirhandzu Chauke	11	DORE JHB	20/03/2024	SA Level 3 Regional Age Group
61	46.82	L	F	Elah-Mae Budram	11	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
62*	46.85	L	P	Luah Theron	11	CSC TSH	20/03/2024	SA Level 3 Regional Age Group
62*	46.85	L	P	Isabella Knight	11	WATR JHB	24/03/2024	SA Level 2 Regional Age Group Champs
64	46.89	L	F	Alize Engelbrecht	11	CSA EZD	01/12/2023	Mpumalanga Championships 2023
65	46.96	L	F	Emma Cullis	11	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023
66	47.03	L	P	Mikaela Van Heerden	11	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
67	47.22	L	P	Areli Muyaka	11	MP EZD	19/04/2024	SA Schools Swimming Championship
68	47.34	L	P	Laila Christie	11	CPRIM BUF	30/01/2024	Buffalo City Primary School Trials 2024
69	47.35	L	F	Zia Habib	11	MDOL JHB	24/03/2024	SA Level 2 Regional Age Group Champs
70	47.36	L	F	Racquelle Saporta	11	INFA NMA	09/02/2024	Infinity Gala 2024
71	47.42	L	F	Thalia Naidoo	11	SWIM1 JHB	24/03/2024	SA Level 2 Regional Age Group Champs
72	47.46	L	F	Michaela Fourie	11	NSAD EZD	13/10/2023	MP AGE GROUP 2
73	47.52	L	P	Inge Du Plessis	11	SS MPD	20/03/2024	SA Level 3 Regional Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
74	47.53 L	F	Lumka Zamisa	11	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023	
75	47.59 L	P	Alivia Nel	11	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group	
76	47.67 L	F	Nandile Shabalala	11	AQUA BUF	05/04/2024	SA Level 2 Regional Age Group Champs	
77	47.70 L	P	Lia van Heerden	11	BS LLD	26/03/2024	SA Level 2 Regional Age Group Champs	
78	47.75 L	F	Katie Van den Heever	11	UNI EZD	24/03/2024	SA Level 2 Regional Age Group Champs	
79	47.79 L	F	Wilhandi Meyer	11	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs	
80	47.86 L	F	Rorisang Monareng	11	BLNE MAN	26/03/2024	SA Level 2 Regional Age Group Champs	
81	47.88 L	P	Sarah-Kate Odendaal	11	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group	
82	47.91 L	F	Noko Phalafala	11	HPS TSH	02/03/2024	AG Level 1 Regional Age Group	
83	47.93 L	P	Ayvah Jacob	11	HASC JHB	20/03/2024	SA Level 3 Regional Age Group	
84	48.05 L	F	Ziyada Tekle	11	SPS BUF	30/01/2024	Buffalo City Primary School Trials 2024	
85	48.08 L	F	Kalica Cornelissen	11	KTS	03/02/2024	NCASA SPRINTS 2024	
86*	48.13 L	F	Uma Pearson-Adams	11	SAAW CPT	21/01/2024	CTA BMEET 4	
86*	48.13 L	F	Anastacia Coelho	11	CA EKU	24/03/2024	SA Level 2 Regional Age Group Champs	
88	48.18 L	F	Madison Edwards	11	VIPS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
89	48.19 L	P	Hlumisa Mfabe	11	CPRIM BUF	30/01/2024	Buffalo City Primary School Trials 2024	
90*	48.28 L	F	Ashlee Gericke	11	SPS BUF	30/01/2024	Buffalo City Primary School Trials 2024	
90*	48.28 L	F	Morgan Kaschula	11	SPS BUF	30/01/2024	Buffalo City Primary School Trials 2024	
92	48.32 L	F	Mene Muller	11	VASTR BP	23/02/2024	NW School Championships 2024	
93	48.45 L	F	Mijone Beyers	11	SWIFT EKU	15/09/2023	EGA Summer 1	
94	48.53 L	F	Arabella Symington	11	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs	
95*	48.56 L	F	Jaimey Shaw	11	PEAS NMA	17/02/2024	Eastern Cape School Trials 2024	
95*	48.56 L	F	Jadine Grobler	11	TKS WBD	24/03/2024	SA Level 2 Regional Age Group Champs	
97	48.65 L	P	Hope Churchman	11	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs	
98	48.67 L	F	Madison Wissekerke	11	FRA KCD	05/04/2024	SA Level 2 Regional Age Group Champs	
99	48.73 L	F	Mikayla Wilensky	11	ASAC CPT	10/02/2024	WCA-B Champs - 2024	
100	48.90 L	F	Riley Haupt	11	CA EKU	11/11/2023	EGA Summer 3	
101	48.93 L	F	Hester Janse van Rensburg	11	BLS KK	23/02/2024	NW School Championships 2024	
102	48.99 L	P	Paula Ouko	11	DORE JHB	30/11/2023	CGA Championships 2023	
103	49.01 L	F	Nee'lah Steyn	11	UWCA CPT	24/11/2023	CTA A & B CHAMPS 2023	
104	49.17 L	F	Isabelle Kent	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024	
105	49.18 L	F	Anye Brink	11	QSAW CED	21/01/2024	CTA BMEET 4	
106	49.32 L	F	Zethembiso Mbambo	11	PSCP UMD	24/11/2023	Westville-Seals LC Championships	
107*	49.33 L	F	Oyama Baqwa	11	SGUL ETH	27/01/2024	Ushaka Champs 2024	
107*	49.33 L	F	Nicoline Du Preez	11	NWUC KKD	06/12/2023	NWS Championships 2023/24	
109	49.35 L	P	Milani Butau	11	BEST NMA	09/02/2024	Infinity Gala 2024	
110	49.39 L	F	Elmane' de Wet	11	BULS MAN	27/10/2023	Neptune Prestige Gala	
111	49.53 L	P	Sophie Kretzmann	11	HPPS BUF	30/01/2024	Buffalo City Primary School Trials 2024	
112	49.64 L	F	Beate Van Niekerk	11	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala	
113	49.65 L	F	Gabrielle Brooks	11	INFA NMA	15/12/2023	NMBA Championships 2023	
114	49.68 L	F	Gia Newkirk	11	TYGE CPT	10/02/2024	WCA-B Champs - 2024	
115	49.71 L	F	Lienke Van Wyk	11	BULS MAN	27/10/2023	Neptune Prestige Gala	
116	49.74 L	F	Charlotte Jones	11	SFSC CPT	03/02/2024	Winelands SL final	
117	49.82 L	F	Mia Vorster	11	WELA LLD	06/12/2023	Free State Champs 2023	
118	49.84 L	F	Wilhelmina Erasmus	11	ELRAS WBD	01/12/2023	Limpopo Champs	
119	49.88 L	F	Annabelle Martin	11	AQDO CPT	24/11/2023	CTA A & B CHAMPS 2023	
120	49.89 L	P	Lyla Delany	11	TRAZ TSH	24/03/2024	SA Level 2 Regional Age Group Champs	
121	49.97 L	F	Sloan Warner	11	INFA NMA	12/08/2023	Madibaz Swim Meet 2023	
122	50.03 L	F	Lexi Torlutter	11	SFSC CPT	03/02/2024	Winelands SL final	
123*	50.17 L	P	Kate Chesire	11	MDOL JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
123*	50.17 L	F	Anja Boshoff	11	TYGE CPT	05/10/2023	42nd Freda Barnard Invitational Gala	
125*	50.18 L	F	Mia Smit	11	KSC EZD	02/02/2024	MP AGE GROUP 5 GALA	
125*	50.18 L	F	Lisasa Faltein	11	PEAS NMA	15/12/2023	NMBA Championships 2023	
127*	50.34 L	F	Zoe Kruger	11	LALE CED	03/02/2024	Winelands SL final	
127*	50.34 L	F	Ming-Xi Tsai	11	AA JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024	
129	50.35 L	F	Jessica Arenz	11	MANT CPT	10/02/2024	WCA-B Champs - 2024	
130	50.37 L	F	Kirsten Cupido	11	VINE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet	
131*	50.38 L	P	Amelie Billson	11	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023	
131*	50.38 L	P	Suhanna White	11	AQUA BUF	05/04/2024	SA Level 2 Regional Age Group Champs	

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
133	50.42 L	P	Tshegofatso Moabelo	11	BAS EKU	24/03/2024	SA Level 2 Regional Age Group Champs
134	50.43 L	F	Danika Steyn	11	KSC EZD	01/12/2023	Mpumalanga Championships 2023
135	50.44 L	F	Janel Van der Merwe	11	PRA GSD	01/12/2023	Mpumalanga Championships 2023
136	50.70 L	F	Georgia Sabbagha	11	PAQU CED	05/10/2023	42nd Freda Barnard Invitational Gala
137	50.86 L	F	Ilè Ferreira	11	ZASC TSH	02/02/2024	NTS Level 1+2 February Age Group
138	50.90 L	F	Katelyn Naidoo	11	BON EKU	26/01/2024	EGA Last Chance 2024
139	50.93 L	F	Gianna Onkruid	11	UWCA CPT	10/02/2024	WCA-B Champs - 2024
140	50.94 L	P	Annabella Venter	11	VRC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
141	51.00 L	P	Tamika Abbey	11	PER JHB	24/03/2024	SA Level 2 Regional Age Group Champs
142	51.02 L	P	Chamé De Bruin	11	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
143	51.04 L	P	Leandi Liebenberg	11	SS MPD	24/03/2024	SA Level 2 Regional Age Group Champs
144	51.08 L	F	Miané Logan	11	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
145	51.10 L	F	Naomi Pearson	11	VINE CPT	18/11/2023	CTA QUALIFYING MEET 2
146	51.14 L	P	Jessica Caldeira	11	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
147	51.15 L	F	Gia Collen	11	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
148*	51.32 L	F	Madyson Botha	11	BLSS MAN	06/12/2023	Free State Champs 2023
148*	51.32 L	F	Karusha Gounder	11	LEGC ETH	24/11/2023	Westville-Seals LC Championships
150	51.34 L	F	Jada Hendricks	11	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
151	51.35 L	F	Tatum van Zijl	11	OHAN ILD	24/11/2023	Westville-Seals LC Championships
152	51.41 L	F	Noa Sebastiao	11	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
153	51.60 L	F	Helena Calitz	11	LALE CED	03/02/2024	Winelands SL final
154	51.65 L	P	Hiranya Moodley	11	USH KCD	05/04/2024	SA Level 2 Regional Age Group Champs
155	51.67 L	P	Grace Johns	11	OHAN ILD	05/04/2024	SA Level 2 Regional Age Group Champs
156	51.68 L	F	Jamie Els	11	AQDO CPT	16/09/2023	CTA A MEET 3
157	51.70 L	P	Mikayla Coleman	11	TCA EKU	24/03/2024	SA Level 2 Regional Age Group Champs
158	51.79 L	F	Ava Stevens	11	GPS EDD	30/01/2024	Buffalo City Primary School Trials 2024
159	51.83 L	F	Amelia-Rose Schutzler	11	USC BUF	15/12/2023	NMBA Championships 2023
160	51.95 L	P	Kyla Short	11	ESP EKU	24/03/2024	SA Level 2 Regional Age Group Champs
161	51.98 L	F	Emma Gibson-Taylor	11	AZON ETH	24/11/2023	Westville-Seals LC Championships
162*	51.99 L	F	Bukata Mwanza	11	ESP EKU	26/01/2024	EGA Last Chance 2024
162*	51.99 L	F	Zanli Le Roux	11	AGAQ OBD	10/02/2024	WCA-B Champs - 2024
164	52.02 L	F	Anke Carstens	11	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
165	52.03 L	P	Azania Mabaso	11	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs
166	52.05 L	P	Riley Sanders	11	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
167*	52.20 L	F	Nabeeha Raja	11	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
167*	52.20 L	F	Lienke Bester	11	HREF BP	06/12/2023	NWS Championships 2023/24
167*	52.20 L	P	Oyama Tuta	11	PELIC MAN	26/03/2024	SA Level 2 Regional Age Group Champs
170	52.37 L	F	Zoe Katiyo	11	AAS JHB	02/03/2024	AG Level 1 Regional Age Group
171	52.45 L	P	Brooklyn Terwin	11	CPRIM BUF	30/01/2024	Buffalo City Primary School Trials 2024
172	52.54 L	F	Mia Witbooi	11	RETR CPT	17/02/2024	Swartland Invitational Gala 2024
173	52.58 L	P	Summer Moonsamy	11	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
174	52.60 L	F	Olwenvelo Ngema	11	FRA KCD	27/01/2024	Ushaka Champs 2024
175	52.75 L	F	Dominique Birkenstock	11	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group
176	52.84 L	F	Livi Engelbrecht	11	PAC TSH	02/03/2024	AG Level 1 Regional Age Group
177	52.85 L	F	Saffiya Emjedi	11	SAAW CPT	18/11/2023	CTA QUALIFYING MEET 2
178	52.98 L	P	Helene de Bruyn	11	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
179	53.02 L	P	Phillipa Williams	11	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
180	53.04 L	F	Kayla Kleynhans	11	ROA EDD	20/01/2024	EDEN 4th A-League Gala 2024
181	53.07 L	F	Samantha Wilson	11	COLJ NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
182	53.08 L	F	Isabella Haldane	11	FISH EDD	18/11/2023	Eden LC Champs 2023
183	53.21 L	F	Ryleigh-Jae Pelser	11	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
184	53.24 L	F	Bailey Maralik	11	AFIN JHB	02/03/2024	AG Level 1 Regional Age Group
185	53.30 L	F	Isabella Ralph	11	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
186*	53.31 L	F	Olivia Meyburgh	11	CA EKU	15/09/2023	EGA Summer 1
186*	53.31 L	F	Emily Green	11	UPL EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
186*	53.31 L	F	Lume Fourie	11	TINC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
189	53.41 L	F	Dané de Kock	11	LSM EZD	23/02/2024	NW School Championships 2024
190	53.48 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	21/01/2024	CTA BMEET 4
191	53.50 L	P	Shelby Schoeman	11	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
192*	53.56 L	F	Mikayla Jordaan	11	GREY CPT	21/01/2024	CTA BMEET 4
192*	53.56 L	F	Destheonique Julius	11	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
194	53.70 L	F	Shayla Quin	11	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
195	53.80 L	P	Wangai Githiri	11	ONYX ECU	24/03/2024	SA Level 2 Regional Age Group Champs
196	53.84 L	P	Alexia Dippenaar	11	BS LLD	26/03/2024	SA Level 2 Regional Age Group Champs
197	53.93 L S	P	Abigail Paice	11	SOUL ECU	07/12/2023	EGA Summer Championships
198	54.06 L	F	Reatile Ntidi	11	PCS KK	23/02/2024	NW School Championships 2024
199	54.13 L	F	Madeleine de Villiers	11	EXP TSH	02/03/2024	AG Level 1 Regional Age Group
200	54.15 L	F	Lene Klopper	11	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
201	54.17 L	F	Emily Koegelenberg	11	XCEL CPT	17/02/2024	Swartland Invitational Gala 2024
202	54.21 L	F	Leane Nel	11	EXP TSH	01/12/2023	2023 The Tshwane Mayor's Gala
203	54.25 L	F	Nelda Strijdom	11	LSMSA VB	27/01/2024	Limpopo School Champs
204	54.38 L	F	Mia (B) Venter	11	AWIN TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
205	54.45 L	P	Rebecca Sam	11	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
206	54.48 L	F	Liane Van Zyl	11	UPSK ZMD	03/02/2024	NCASA SPRINTS 2024
207	54.56 L	F	Zahraa Essack	11	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
208	54.63 L	F	Sophia Duggan	11	PEAS NMA	23/09/2023	3rd A League Gala 2023
209	54.66 L	F	Wilmie Fourie	11	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
210	54.69 L	F	Zoe Andrews	11	CA ECU	02/03/2024	AG Level 1 Regional Age Group
211	54.75 L	F	Anmari Du Toit	11	QSAW CED	11/11/2023	Swartland Prestige Gala 2023
212	54.76 L	F	Marni Snyman	11	ELRAS WBD	01/12/2023	Limpopo Champs
213	54.80 L	F	Sydney Howes	11	GHS BP	23/02/2024	NW School Championships 2024
214	54.86 L	F	Zoe Lambropoulos	11	TRAZ TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
215	54.91 L	F	Mosa Seboko	11	WSS LLD	03/02/2024	Heidedal Welkom Gala 2
216*	54.94 L	F	Sage Lindsay	11	CA ECU	15/09/2023	EGA Summer 1
216*	54.94 L	P	Le-May Van Zyl	11	ELRAS WBD	24/03/2024	SA Level 2 Regional Age Group Champs
218	54.96 L	F	Juno Bouwer	11	TYGE CPT	05/10/2023	42nd Freda Barnard Invitational Gala
219	55.02 L	F	Isabel Smith	11	HARL BUF	24/11/2023	BCA Long Course Championships 2023
220	55.04 L	P	Andisani Ratshisusu	11	AA JHB	24/03/2024	SA Level 2 Regional Age Group Champs
221	55.05 L	F	Lize-Mari Vorster	11	WELL CED	03/02/2024	Winelands SL final
222	55.10 L	F	Carlien Coetzee	11	PPARK BP	23/02/2024	NW School Championships 2024
223	55.18 L	F	Victoria Meyburgh	11	CA ECU	15/09/2023	EGA Summer 1
224	55.34 L	P	Anathi Qamba	11	FAC ECU	24/03/2024	SA Level 2 Regional Age Group Champs
225	55.41 L	F	Jaime Sprong	11	ASAC CPT	17/09/2023	CTA BMEET 3
226	55.44 L	F	Michaela Hirst	11	MCS BP	23/02/2024	NW School Championships 2024
227	55.46 L	F	Leah Du Plessis	11	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
228	55.54 L	F	Mia Tyson	11	CAMBP BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
229	55.56 L	F	Olivia Nel	11	CLSC WCD	24/06/2023	PEA Winter Gala 2023
230	55.58 L	F	Holly-Rae Ayerst	11	BEST NMA	21/10/2023	4th A League Gala 2023
231	55.59 L	F	Tahlia Roelofsz	11	VHD ZLD	09/12/2023	Uthukela District Age group Gala
232	55.72 L	F	Lienke Nauhaus	11	QSAW CED	11/11/2023	Swartland Prestige Gala 2023
233	55.75 L	F	Addison-Jane Barker-Goldie	11	SAAW CPT	17/09/2023	CTA BMEET 3
234*	55.91 L	F	Mabel Savage	11	GSA CPT	18/11/2023	CTA QUALIFYING MEET 2
234*	55.91 L	F	Lheané Du Plessis	11	FISH EDD	18/11/2023	Eden LC Champs 2023
236	55.92 L	F	Liné Schoeman	11	FISH EDD	17/02/2024	EDEN 5th A-League Gala 2024
237*	56.06 L	F	Emily Van't Slot	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024
237*	56.06 L	F	Emily Van't Slot	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024
237*	56.06 L	F	Emily Van t Slot	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024
237*	56.06 L	F	Yu Xuan Jin	11	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
241	56.12 L	F	Emily Botha	11	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
242	56.24 L	F	Summer Fang	11	PEAS NMA	22/07/2023	1st A League Gala 2023
243	56.26 L	F	Jessieka Faul	11	ASAC CPT	10/02/2024	WCA-B Champs - 2024
244	56.40 L	P	Sienna Goedhals	11	SPS BUF	30/01/2024	Buffalo City Primary School Trials 2024
245	56.44 L	F	Cayla Fourie	11	NAE EZD	13/10/2023	MP AGE GROUP 2
246*	56.48 L	F	Mieke Jordaan	11	KTS	24/11/2023	AGE GROUP 2 KATHU 2023
246*	56.48 L	F	Lerina Thomas	11	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
248	56.64 L	F	Mienke Kok	11	INFA NMA	24/06/2023	PEA Winter Gala 2023
249	56.94 L	F	Devon Powell	11	BLMA CPT	21/01/2024	CTA BMEET 4
250	56.97 L	F	Maia Nel	11	LALE CED	11/11/2023	Winelands SL4

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
251	57.04 L	P Izeldi Van Niekerk	11 DOLFI MPD 24/03/2024 SA Level 2 Regional Age Group Champs
252	57.20 L	F Olivia Browne	11 MGSC UGD 24/11/2023 Westville-Seals LC Championships
253	57.28 L	P Abigail Phillips	11 SPS BUF 30/01/2024 Buffalo City Primary School Trials 2024
254	57.29 L	F Rifumo Mnisi	11 SWIFT EKV 02/03/2024 AG Level 1 Regional Age Group
255*	57.40 L	F Amelia Green	11 MAKO EKV 26/01/2024 EGA Last Chance 2024
255*	57.40 L	F Imke Swanepoel	11 FISH EDD 20/01/2024 EDEN 4th A-League Gala 2024
257	57.47 L	F Kenna Lilley	11 TYGE CPT 18/11/2023 CTA QUALIFYING MEET 2
258	57.48 L	F Khanya Ramone	11 CKDP KK 23/02/2024 NW School Championships 2024
259	57.52 L	F Gia Botoulas	11 AFIN JHB 17/02/2024 CGA Level 2+ Gala 17 Feb 2024
260	57.60 L	F Esme Bowes	11 RFA TSH 01/12/2023 2023 The Tshwane Mayor's Gala
261	57.71 L	F Janli Bester	11 LSBOS WB 04/11/2023 Limpopo LS - Top 8 skole 2023
262*	57.72 L	F Kaitlyn Haynes-Smart	11 VINE CPT 11/11/2023 Swartland Prestige Gala 2023
262*	57.72 L	F Amy Erasmus	11 PELIC MAN 02/03/2024 FSA Level 1 2024
264	57.74 L	P Sofia O'Leary	11 BON EKV 24/03/2024 SA Level 2 Regional Age Group Champs
265	57.95 L	F Emihle Mnumu	11 FRA KCD 21/10/2023 Froggies Championships 2023
266	57.98 L	P Malin Swart	11 GPS EDD 30/01/2024 Buffalo City Primary School Trials 2024
267	58.07 L	P Leila Nell	11 SPS BUF 30/01/2024 Buffalo City Primary School Trials 2024
268	58.27 L	F Ella Myburg	11 COLJ NMA 03/02/2024 Nelson Mandela Bay Schools Trials & 1st
269	58.43 L	F Beersheba Negash	11 BARA EKV 02/03/2024 AG Level 1 Regional Age Group
270	58.50 L	F Rebecca Osler	11 VINE CPT 21/01/2024 CTA BMEET 4
271	58.54 L	F Paballo Nkosi	11 FAC EKV 11/11/2023 EGA Summer 3
272*	58.58 L	F Kayla-Anne Walker	11 CYBE CPT 24/11/2023 CTA A & B CHAMPS 2023
272*	58.58 L	F Paige Oliphant	11 PAC TSH 03/11/2023 NTS Level 1+2 November Age Group
274	58.65 L	F Nokutenda Tembo	11 KNYA EDD 18/11/2023 Eden LC Champs 2023
275	58.75 L	F Dominic De Jager	11 USH KCD 27/01/2024 Ushaka Champs 2024
276	58.79 L	F Ruvarashe Mendu	11 INFA NMA 24/06/2023 PEA Winter Gala 2023
277	58.85 L	F Ava Tyson	11 CAMBP BUF 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
278	58.94 L	F Marizelle Vermaak	11 HREF BP 21/10/2023 NWS Age Group 1 & 2 2023
279	59.00 L	F Rebecca Joubert	11 COLJ NMA 03/02/2024 Nelson Mandela Bay Schools Trials & 1st
280	59.30 L	F Anika Bester	11 STGR XRD 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
281	59.41 L	F Livia Vancoillie	11 QUIC CPT 21/01/2024 CTA BMEET 4
282	59.44 L	P Liane Muller	11 INFA NMA 09/02/2024 Infinity Gala 2024
283	59.47 L	F Skyla Gaudin	11 FRA KCD 02/12/2023 Stingrays Swim Champs 2023
284	59.67 L	F Amogelang Kutu	11 SS MPD 11/11/2023 Limpopo Age Group 5
285	59.74 L	F Ilandri Meiring	11 LSJM SKD 04/11/2023 Limpopo LS - Top 8 skole 2023
286	59.75 L	F Lana Du Toit	11 LSJM SKD 04/11/2023 Limpopo LS - Top 8 skole 2023
287	59.91 L	F Ndimenhle Bhengu	11 PSCP UMD 24/11/2023 Westville-Seals LC Championships
288	1:00.20 L	F Roaluswa Monezhze	11 CKDP KK 23/02/2024 NW School Championships 2024
289	1:00.21 L	F Alexa Steenkamp	11 CPSC TSH 01/12/2023 2023 The Tshwane Mayor's Gala
290	1:00.22 L	F Willow Makwakwa	11 WWOL TSH 01/12/2023 2023 The Tshwane Mayor's Gala
291	1:00.44 L	F Amelie Polson	11 BEARS TSH 01/12/2023 2023 The Tshwane Mayor's Gala
292	1:00.53 L	P Ava van der Mescht	11 DESA NMA 09/02/2024 Infinity Gala 2024
293	1:00.77 L	F Karla Kriek	11 QSAW CED 21/01/2024 CTA BMEET 4
294	1:00.86 L	F Kaylee Scheepers	11 LSWBA WB 27/01/2024 Limpopo School Champs
295	1:00.93 L	F Nellamari Fourie	11 AGAQ OBD 05/10/2023 42nd Freda Barnard Invitational Gala
296	1:00.99 L	F Wyllow Halse	11 CAMBP BUF 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
297	1:01.02 L	F Bonaventure Makore	11 ASAC CPT 24/11/2023 CTA A & B CHAMPS 2023
298	1:01.11 L	F Addison Bender	11 PSA ZLD 02/12/2023 Stingrays Swim Champs 2023
299	1:01.35 L S	P Mudiwa Murangandi	11 TCA EKV 07/12/2023 EGA Summer Championships
300	1:01.60 L	P Grizelda Janse van Rensburg	11 NWUC KKD 06/12/2023 NWS Championships 2023/24
301	1:01.64 L	F Liané Stoltz	11 UPL EZD 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
302	1:01.66 L	F Murendwa Tshikota	11 LSWBA WB 27/01/2024 Limpopo School Champs
303	1:01.68 L	F Luka Oosthuizen	11 STAQ CED 03/02/2024 Winelands SL final
304	1:01.99 L	F Leah Wentzel	11 MARL CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
305	1:02.14 L	F Emma Grobler	11 KZNA ETH 09/12/2023 Uthukela District Age group Gala
306	1:02.28 L	F Johané Burger	11 ROA EDD 05/10/2023 42nd Freda Barnard Invitational Gala
307	1:02.38 L	F Carly Dickinson	11 HHPS NMA 03/02/2024 Nelson Mandela Bay Schools Trials & 1st
308	1:02.42 L	F Basse Molai	11 BULS MAN 02/03/2024 FSA Level 1 2024
309	1:02.56 L	F Rebekah Johnson	11 AQDO CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
310	1:02.75	L	F	Emma du Toit	11	BULS MAN	19/08/2023	Super Seals Prestige Gala
311*	1:03.12	L	F	Mieke Stoltz	11	WRP EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
311*	1:03.12	L	P	Larique Pretorius	11	KALA	26/03/2024	SA Level 2 Regional Age Group Champs
313	1:03.20	L	P	Lika Baird	11	HREF BP	06/12/2023	NWS Championships 2023/24
314*	1:03.25	L	F	Caitlin De Wet	11	PAHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
314*	1:03.25	L	F	Anja Arizon	11	UWCA CPT	10/02/2024	WCA-B Champs - 2024
316	1:03.32	L	F	Lenè Mulder	11	HPS FSH	03/11/2023	NTS Level 1+2 November Age Group
317	1:03.77	L	P	Retshepile Phalafala	11	MDOL JHB	24/03/2024	SA Level 2 Regional Age Group Champs
318	1:03.95	L	F	Aneeqah Engelbrecht	11	PAQU CED	05/10/2023	42nd Freda Barnard Invitational Gala
319	1:03.96	L	F	Lacey-May Higgs	11	CPPS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
320	1:04.25	L	F	Ikageng Moloko	11	TUKS FSH	02/03/2024	AG Level 1 Regional Age Group
321	1:04.48	L	F	Miyanke Landmann	11	BETH FDD	02/03/2024	FSA Level 1 2024
322	1:04.78	L	F	Ratang Tebeila	11	POLSC CCD	01/12/2023	Limpopo Champs
323	1:04.82	L	F	Simingaye Shwababa	11	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
324	1:04.89	L	F	Zizipho Ginindza	11	WWOL FSH	01/12/2023	2023 The Tshwane Mayor's Gala
325	1:04.90	L	F	Taila Erasmus	11	PELIC MAN	02/03/2024	FSA Level 1 2024
326	1:05.20	L	F	Elihle Ntaka	11	UMSH ETH	03/11/2023	EDA Age Group Gala 4 2023
327	1:05.22	L	F	Elri de Wet	11	STGR XRD	20/01/2024	AGE GROUP 5 KBY 2024
328	1:05.41	L	F	Madison Thiaradt	11	EVO CPT	11/11/2023	Swartland Prestige Gala 2023
329	1:05.61	L	F	Eryn Botwood	11	CA EKU	26/01/2024	EGA Last Chance 2024
330	1:06.13	L	F	Amelia Birch	11	KBPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
331	1:06.27	L	F	Thatohatsi Masomba	11	THOK EKU	02/03/2024	AG Level 1 Regional Age Group
332	1:06.29	L S	P	Nyandano Madaba	11	FAC EKU	07/12/2023	EGA Summer Championships
333	1:06.53	L	F	Annemi Loots	11	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
334	1:06.56	L	F	Elizabeth Willemse	11	VHD ZLD	09/12/2023	Uthukela District Age group Gala
335	1:07.31	L	F	Sia Broncho	11	PER JHB	02/03/2024	AG Level 1 Regional Age Group
336	1:07.33	L	F	Carli Puth	11	LSB BP	23/02/2024	NW School Championships 2024
337	1:07.47	L	F	Dané Schoeman	11	FISH EDD	21/10/2023	EDEN 2nd A-League Gala 2023
338	1:07.53	L	F	Nicolene Filo	11	RFA FSH	03/11/2023	NTS Level 1+2 November Age Group
339	1:07.61	L	P	Boikgantsho Mwase	11	RBOT BPD	06/12/2023	NWS Championships 2023/24
340	1:08.14	L	F	Penelope Mullineux	11	AASC EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
341	1:08.65	L	F	Karla Wolmarans	11	UPSK ZMD	13/01/2024	AGE GROUP 4 UPT 2024
342	1:08.94	L	F	Nobuhle Hlophe	11	POLSC CCD	01/12/2023	Limpopo Champs
343	1:09.04	L	F	Lethabo Maleté	11	MATL KKD	11/11/2023	NWS Age Group 3 + 4
344	1:09.09	L	P	Noluthando Nkosi	11	NSAD EZD	01/12/2023	Mpumalanga Championships 2023
345	1:10.07	L	F	Cara van Wyk	11	BARR CPT	21/01/2024	CTA BMEET 4
346	1:10.85	L	F	Tshiamo Mlangeni	11	MPS NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
347	1:11.20	L	F	Daniella Gatang'i	11	CPPS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
348	1:11.23	L	F	Alissa Nyambuki	11	BARR CPT	17/09/2023	CTA BMEET 3
349	1:12.05	L	F	Khanyisa Mqeke	11	WELA LLD	03/02/2024	Heidedal Welkom Gala 2
350	1:12.06	L	F	Mokgabo Monnana	11	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023
351	1:12.10	L	F	Ella Adams	11	TYGE CPT	11/11/2023	Winelands SL4
352	1:12.54	L	F	Skye Mabie	11	PEAS NMA	24/06/2023	PEA Winter Gala 2023
353	1:12.76	L	F	Ameah Mitchell	11	KHAY CPT	21/01/2024	CTA BMEET 4
354	1:13.11	L	F	Roxanne Coetzee	11	GHS BP	23/02/2024	NW School Championships 2024
355	1:13.38	L	F	Khumo Goeieman	11	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
356	1:14.06	L	F	Emma Kennedy	11	FISH EDD	21/10/2023	EDEN 2nd A-League Gala 2023
357	1:15.24	L	F	Machayda Titus	11	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
358	1:15.51	L	F	Relebohile Maduna	11	PELIC MAN	16/02/2024	Neptunes Last chance Gala
359	1:15.60	L	F	Tshegofa Tau	11	CPSC FSH	02/03/2024	AG Level 1 Regional Age Group
360	1:15.73	L	F	Lienke Mulke	11	FAAC	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
361	1:18.45	L	F	Alexis Visagie	11	PEAS NMA	22/07/2023	1st A League Gala 2023
362	1:18.69	L	F	Bea Koch	11	AGAQ OBD	05/10/2023	42nd Freda Barnard Invitational Gala
363	1:21.05	L	F	Zarah Matthee	11	KHAY CPT	21/01/2024	CTA BMEET 4
364	1:21.96	L	F	Jemma Lotter	11	TYGE CPT	17/09/2023	CTA BMEET 3
365	1:24.54	L	F	Harley Knudsen	11	CA EKU	15/09/2023	EGA Summer 1
366	1:24.96	L	F	Nyiko Chauke	11	SOSH FSH	01/12/2023	2023 The Tshwane Mayor's Gala
367	1:25.44	L	F	Nande Mtambeka	11	BHURS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
368	1:26.67	L	F	El dane Pretorius	11	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
369	1:32.06 L	F	Nandile Mtambeka	11	BHURS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct	
370	1:37.06 L	F	Nalin Pillay	11	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala	
371	1:37.26 L	F	Ava Koortzen	11	FAAC	10/02/2024	AGE GROUP 6 UPT - 2024	
372	1:44.25 L	F	Elethu Maqabangqa	11	KHAY CPT	05/10/2023	42nd Freda Barnard Invitational Gala	
<b>Women 11-11 100 Breast</b>								
1	1:24.23 L	F	Anna Horn	11	XCEL CPT	21/03/2024	SA Level 3 Regional Age Group	
2	1:26.95 L	F	Megan Jacobs	11	WSTV ETH	24/11/2023	Westville-Seals LC Championships	
3	1:28.88 L	F	Evie du Plessis	11	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group	
4	1:29.04 L	F	Barcelona Xaba	11	SASE JHB	30/11/2023	CGA Championships 2023	
5	1:29.13 L	F	Taylor Ten Napel	11	BEAV ETH	21/03/2024	SA Level 3 Regional Age Group	
6	1:30.32 L	F	Alexis De Witt	11	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group	
7	1:31.02 L	F	Shalea Hamilton	11	BEST NMA	21/03/2024	SA Level 3 Regional Age Group	
8	1:31.14 L	F	Ava Bosch	11	BAS EKU	07/12/2023	EGA Summer Championships	
9	1:31.35 L	F	Roze Van Wyk	11	NSFED	21/03/2024	SA Level 3 Regional Age Group	
10	1:31.48 L	P	Grace Julies	11	XCEL CPT	21/03/2024	SA Level 3 Regional Age Group	
11	1:31.65 L	F	Aqeelah Williams	11	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group	
12	1:31.66 L	F	Sophia Winterbach	11	ASA ILD	21/03/2024	SA Level 3 Regional Age Group	
13	1:32.18 L	F	Erin Neumann	11	GSA CPT	24/06/2023	PEA Winter Gala 2023	
14	1:33.40 L	F	Jessica Jansen van Vuuren	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group	
15	1:33.49 L	F	Mackenzie Raffle	11	CA EKU	07/12/2023	EGA Summer Championships	
16	1:34.88 L	F	Sophia Hutchison	11	FAAC	21/03/2024	SA Level 3 Regional Age Group	
17*	1:35.07 L	F	Emma Van Deventer	11	SGUL ETH	21/03/2024	SA Level 3 Regional Age Group	
17*	1:35.07 L	F	Jua Jonker	11	POTC KKD	20/03/2024	SA Level 3 Regional Age Group	
19	1:35.71 L	P	Mila Hinteregger	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group	
20	1:35.84 L	F	Carinke Wessels	11	BLOT MAN	13/10/2023	Pelicans Gala	
21	1:36.20 L	P	Chloe Rautenbach	11	UNI EZD	01/12/2023	Mpumalanga Championships 2023	
22	1:36.88 L	F	Laura Muller	11	LINR JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
23	1:37.26 L	F	Ineke Van Maarleveld	11	ACAQ CCD	01/12/2023	Limpopo Champs	
24	1:37.41 L	P	Kathryn Nolan	11	MDOL JHB	30/11/2023	CGA Championships 2023	
25	1:37.65 L	F	Katherine Harrop-Allin	11	CSC TSH	16/02/2024	NTS February Open Age Group 2024	
26	1:37.67 L	P	Lara Van Veelen	11	TASC MPD	20/03/2024	SA Level 3 Regional Age Group	
27	1:37.77 L	F	Ava Grebe	11	CUHE OBD	21/03/2024	SA Level 3 Regional Age Group	
28	1:37.79 L	P	Kylie Pringle	11	AFIN JHB	30/11/2023	CGA Championships 2023	
29	1:37.86 L	F	Peighton Le Roux	11	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs	
30	1:38.00 L	P	Ruvarashe Chibharo	11	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group	
31	1:38.05 L	F	Sisanda Palframan	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group	
32	1:38.20 L	P	Gia Stedall	11	WWOL TSH	20/03/2024	SA Level 3 Regional Age Group	
33	1:38.63 L	F	Jazmin Anthony	11	PAQU CED	12/01/2024	2024 Grand Prix Invitation Swimming	
34	1:38.67 L	P	Xinyue Huang	11	NSFED	21/03/2024	SA Level 3 Regional Age Group	
35	1:38.75 L	F	Emilie Conradie	11	SAAW CPT	10/02/2024	WCA-B Champs - 2024	
36	1:38.78 L S	F	Chenique Kooi	11	TUKS TSH	12/12/2023	NTS Championships 2023	
37	1:39.77 L	P	Jasmine Woodburn	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group	
38	1:39.92 L	F	Zia Habib	11	MDOL JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
39	1:39.94 L	P	Alexis Kalapac	11	BLMA CPT	21/03/2024	SA Level 3 Regional Age Group	
40	1:39.97 L	P	Christie Snyders	11	VALS FDD	21/03/2024	SA Level 3 Regional Age Group	
41	1:40.42 L	P	Chisi Magubbwi	11	MDOL JHB	30/11/2023	CGA Championships 2023	
42	1:40.64 L	P	Mali Louw	11	WELL CED	21/03/2024	SA Level 3 Regional Age Group	
43	1:40.73 L	F	Madison Sanan	11	PER JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024	
44	1:40.83 L	P	Mieke Oosthuizen	11	HPS TSH	20/03/2024	SA Level 3 Regional Age Group	
45	1:41.07 L	F	Isabella Vreenegoor	11	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
46	1:41.12 L	F	Paige Jansen van Vuuren	11	SEAL UMD	24/11/2023	Westville-Seals LC Championships	
47	1:41.18 L	F	Taylor-Rose Botes	11	CA EKU	24/03/2024	SA Level 2 Regional Age Group Champs	
48	1:41.26 L	P	Laila van Antwerpen	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group	
49	1:41.27 L	F	Isabella Knight	11	WATR JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023	
50	1:41.35 L	F	Mawande Makumbe	11	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala	
51	1:41.50 L	F	Lize De Wet	11	LSPHA MP	27/01/2024	Limpopo School Champs	
52	1:41.73 L	P	Luah Theron	11	CSC TSH	20/03/2024	SA Level 3 Regional Age Group	
53	1:42.43 L	F	Laila Christie	11	USC BUF	09/02/2024	Infinity Gala 2024	
54	1:42.50 L	P	Ayvah Jacob	11	HASC JHB	20/03/2024	SA Level 3 Regional Age Group	

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
55	1:42.78	L	F	Tatum van Zijl	11	OHAN ILD	27/01/2024 Ushaka Champs 2024
56	1:42.94	L	F	Sophia Boustred	11	STAQ CED	10/02/2024 WCA-B Champs - 2024
57	1:43.01	L	F	Hope Churchman	11	SEAL UMD	05/04/2024 SA Level 2 Regional Age Group Champs
58	1:43.20	L	F	Holli Tait	11	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
59	1:43.48	L	P	Alexis Visser	11	MAKO EKU	20/03/2024 SA Level 3 Regional Age Group
60	1:43.51	L	P	Mattae Morel	11	SWIFT EKU	20/03/2024 SA Level 3 Regional Age Group
61	1:43.86	L	F	Lara Rosenstrauch	11	HTSA CPT	10/02/2024 WCA-B Champs - 2024
62	1:43.87	L	F	Isabelle Kent	11	BLMA CPT	10/02/2024 WCA-B Champs - 2024
63	1:44.50	L	F	Entle Lehabe	11	TRAZ TSH	24/03/2024 SA Level 2 Regional Age Group Champs
64	1:44.73	L	F	Lumka Zamisa	11	HREF BP	06/12/2023 NWS Championships 2023/24
65	1:45.01	L	P	Leandi Swarts	11	PSA ZLD	20/03/2024 SA Level 3 Regional Age Group
66	1:45.12	L	F	Arabella Symington	11	WSTV ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
67	1:45.25	L	F	Michaela Fourie	11	NSAD EZD	13/10/2023 MP AGE GROUP 2
68	1:45.63	L	P	Makayla Stoltz	11	PER JHB	24/03/2024 SA Level 2 Regional Age Group Champs
69	1:45.72	L	F	Lexi Torlutter	11	SFSC CPT	03/02/2024 Winelands SL final
70	1:45.81	L	P	Emma Ristow	11	USC BUF	21/03/2024 SA Level 3 Regional Age Group
71	1:45.82	L	P	Khalalelo Rathogo	11	ESP EKU	20/03/2024 SA Level 3 Regional Age Group
72	1:46.00	L	P	Alivia Nel	11	CRSC JHB	20/03/2024 SA Level 3 Regional Age Group
73	1:46.29	L	F	Nicolene Anderson	11	SEAL UMD	05/04/2024 SA Level 2 Regional Age Group Champs
74	1:46.30	L	F	Lia van Heerden	11	BS LLD	26/03/2024 SA Level 2 Regional Age Group Champs
75	1:46.52	L	F	Oyama Baqwa	11	SGUL ETH	27/01/2024 Ushaka Champs 2024
76	1:46.76	L	P	Elah-Mae Budram	11	PSCP UMD	05/04/2024 SA Level 2 Regional Age Group Champs
77	1:46.80	L	F	Wilhandi Meyer	11	BULS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
78	1:46.82	L	F	Arya De Sousa	11	TRAZ TSH	26/01/2024 NTS Level 3+ January Age Group 2024
79	1:46.97	L	F	Morgan Kaschula	11	SPS BUF	17/02/2024 Eastern Cape School Trials 2024
80	1:47.61	L	F	Rirhandzu Chauke	11	DORE JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
81	1:47.67	L	P	Katie Van den Heever	11	UNI EZD	01/12/2023 Mpumalanga Championships 2023
82	1:47.81	L	F	Rebecca Brauteseth	11	OHAN ILD	27/01/2024 Ushaka Champs 2024
83	1:47.85	L	P	Jamie Els	11	AQDO CPT	21/03/2024 SA Level 3 Regional Age Group
84	1:47.97	L	P	Lyla Delany	11	TRAZ TSH	24/03/2024 SA Level 2 Regional Age Group Champs
85	1:48.02	L	F	Ming-Xi Tsai	11	AA JHB	24/03/2024 SA Level 2 Regional Age Group Champs
86	1:48.03	L	F	Lienke Van Wyk	11	BULS MAN	27/10/2023 Neptune Prestige Gala
87	1:48.09	L	F	Inge Du Plessis	11	LSTZN CCD	27/01/2024 Limpopo School Champs
88	1:48.44	L	P	Areli Muyaka	11	HARB BPD	06/12/2023 NWS Championships 2023/24
89	1:48.59	L	F	Sophie Kretzmann	11	HPPS BUF	30/01/2024 Buffalo City Primary School Trials 2024
90	1:48.70	L	F	Nicoline Du Preez	11	NWUC KKD	06/12/2023 NWS Championships 2023/24
91	1:48.73	L	F	Mijone Beyers	11	SWIFT EKU	24/03/2024 SA Level 2 Regional Age Group Champs
92	1:48.75	L	F	Madison Wissekerke	11	FRA KCD	05/04/2024 SA Level 2 Regional Age Group Champs
93	1:48.85	L	P	Paula Ouko	11	DORE JHB	30/11/2023 CGA Championships 2023
94	1:48.86	L	P	Thalia Naidoo	11	SWIM1 JHB	24/03/2024 SA Level 2 Regional Age Group Champs
95	1:48.91	L	F	Lily Hoar	11	KLOO ETH	24/11/2023 Westville-Seals LC Championships
96	1:48.98	L	F	Lienke Bester	11	HREF BP	06/12/2023 NWS Championships 2023/24
97	1:49.11	L	F	Sloan Warner	11	INFA NMA	09/02/2024 Infinity Gala 2024
98	1:49.28	L	F	Kalica Cornelissen	11	KTS	03/02/2024 NCASA SPRINTS 2024
99	1:49.33	L	F	Reatile Ntidi	11	NWUC KKD	26/03/2024 SA Level 2 Regional Age Group Champs
100	1:49.34	L	P	Mikayla Coleman	11	TCA EKU	24/03/2024 SA Level 2 Regional Age Group Champs
101	1:49.55	L	F	Mikayla Wilensky	11	ASAC CPT	18/11/2023 CTA QUALIFYING MEET 2
102	1:49.56	L	F	Zethembiso Mbambo	11	PSCP UMD	24/11/2023 Westville-Seals LC Championships
103	1:49.87	L	F	Mene Muller	11	VASTR BP	23/02/2024 NW School Championships 2024
104	1:49.95	L	F	Racquelle Saporta	11	NMBA NM	13/01/2024 BCA Inter-District Championship Gala
105	1:49.97	L	P	Leandi Liebenberg	11	SS MPD	24/03/2024 SA Level 2 Regional Age Group Champs
106*	1:50.54	L	F	Sarah-Kate Odendaal	11	QUIC CPT	10/02/2024 WCA-B Champs - 2024
106*	1:50.54	L	P	Anastacia Coelho	11	CA EKU	24/03/2024 SA Level 2 Regional Age Group Champs
108	1:50.56	L	F	Hester Janse van Rensburg	11	BLS KK	23/02/2024 NW School Championships 2024
109	1:50.66	L	F	Elmane' de Wet	11	BULS MAN	27/10/2023 Neptune Prestige Gala
110	1:50.71	L	F	Sienna Syrett	11	QUES JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
111	1:50.87	L	F	Zanli Le Roux	11	AGAQ OBD	10/02/2024 WCA-B Champs - 2024
112	1:51.17	L	F	Hlumisa Mfabe	11	USC BUF	09/02/2024 Infinity Gala 2024
113	1:51.22	L	F	Nabeeha Raja	11	SPS BUF	30/01/2024 Buffalo City Primary School Trials 2024



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
114	1:51.24	L	F	Beate Van Niekerk	11	TUKS	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
115	1:51.32	L	F	Anye Brink	11	QSAW	GED	10/02/2024	WCA-B Champs - 2024
116	1:51.65	L	F	Anke Carstens	11	TUKS	FSH	22/09/2023	NTS Level 3+ September Age Group
117	1:51.78	L	F	Isabel Smith	11	HARL	BUF	24/11/2023	BCA Long Course Championships 2023
118	1:51.81	L	F	Ella Warren	11	SPS	BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
119	1:51.83	L S	F	Milani Butau	11	BEST	NMA	05/10/2023	42nd Freda Barnard Invitational Gala
120	1:51.91	L	P	Janel Van der Merwe	11	PRA	GSD	01/12/2023	Mpumalanga Championships 2023
121	1:52.10	L	P	Jadine Grobler	11	TKS	WBD	24/03/2024	SA Level 2 Regional Age Group Champs
122	1:52.29	L	F	Zoe Kruger	11	LALE	GED	11/11/2023	Winelands SL4
123	1:52.36	L	F	Caelyn Kempgem	11	CRSC	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
124	1:52.66	L	F	Ava Stevens	11	GPS	EDD	30/01/2024	Buffalo City Primary School Trials 2024
125	1:52.69	L	F	Gabrielle Brooks	11	INFA	NMA	15/12/2023	NMBA Championships 2023
126	1:52.75	L	P	Tshegofatso Moabelo	11	BAS	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
127	1:52.85	L	F	Emily Koegelenberg	11	XCEL	CPT	17/02/2024	Swartland Invitational Gala 2024
128	1:52.88	L	F	Annabella Venter	11	VRC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
129	1:52.92	L	F	Jada Hendricks	11	TYGE	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
130	1:52.95	L	F	Miané Logan	11	TUKS	FSH	03/11/2023	NTS Level 1+2 November Age Group
131	1:53.11	L	F	Charné De Bruin	11	TUKS	FSH	03/11/2023	NTS Level 1+2 November Age Group
132	1:53.26	L	F	Jaimey Shaw	11	PEAS	NMA	23/09/2023	3rd A League Gala 2023
133	1:53.41	L	F	Alize Engelbrecht	11	CSA	EZD	02/02/2024	MP AGE GROUP 5 GALA
134	1:53.48	L	F	Marni Snyman	11	ELRAS	WBD	01/12/2023	Limpopo Champs
135	1:53.55	L	P	Kate Chesire	11	MDOL	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
136	1:53.79	L	P	Alyssa Coetzer	11	AZON	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
137	1:54.13	L	F	Katelyn Naidoo	11	BON	EKU	26/01/2024	EGA Last Chance 2024
138	1:54.16	L	F	Jessica Caldeira	11	CRSC	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
139	1:54.44	L	F	Ziyada Tekle	11	HARL	BUF	27/01/2024	BCA January Age Group Gala 2024
140	1:55.04	L	F	Sophia Duggan	11	PEAS	NMA	23/09/2023	3rd A League Gala 2023
141	1:55.27	L S	F	Zia-Bella Engelbrecht	11	HTSA	CPT	24/11/2023	CTA A & B CHAMPS 2023
142	1:55.39	L	F	Mia Tyson	11	CAMB	BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
143	1:55.91	L	F	Hiranya Moodley	11	USH	KCD	18/11/2023	KCDA November Age Group Gala 2023
144	1:55.93	L	F	Saffiya Emjedi	11	SAAW	CPT	10/02/2024	WCA-B Champs - 2024
145	1:56.14	L	P	Phillipa Williams	11	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
146	1:56.21	L	F	Alexia Dippenaar	11	BS	LLD	06/10/2023	Super Seals & Sentraal Aquatics Gala
147	1:56.34	L	F	Amelie Billson	11	CASC	CPT	24/06/2023	PEA Winter Gala 2023
148	1:56.48	L	F	Menieke Rowe-Rowe	11	BULS	MAN	06/12/2023	Free State Champs 2023
149	1:56.50	L	F	Juno Bouwer	11	TYGE	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
150	1:56.57	L	P	Azania Mabaso	11	SOUL	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
151	1:56.59	L	P	Olivia Renaud	11	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
152	1:56.63	L	F	Clara Duvenage	11	CA	EKU	02/03/2024	AG Level 1 Regional Age Group
153	1:56.64	L	P	Andisani Ratshisusu	11	AA	JHB	30/11/2023	CGA Championships 2023
154	1:56.65	L	F	Noko Phalafala	11	HPS	FSH	02/03/2024	AG Level 1 Regional Age Group
155	1:56.87	L	F	Tayla Scheepers	11	RFA	FSH	03/11/2023	NTS Level 1+2 November Age Group
156*	1:57.08	L	F	Rorisang Monareng	11	BLNE	MAN	03/02/2024	Heidedal Welkom Gala 2
156*	1:57.08	L	F	Summer Fang	11	PRIO	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
158	1:57.19	L	F	Zoe Katiyo	11	AAS	JHB	02/03/2024	AG Level 1 Regional Age Group
159	1:57.30	L	P	Ilè Ferreira	11	ZASC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
160	1:57.53	L	P	Le-May Van Zyl	11	ELRAS	WBD	24/03/2024	SA Level 2 Regional Age Group Champs
161	1:57.54	L	F	Bukata Mwanza	11	ESP	EKU	26/01/2024	EGA Last Chance 2024
162	1:58.09	L	F	Brooklyn Terwin	11	CPRIM	BUF	30/01/2024	Buffalo City Primary School Trials 2024
163	1:58.21	L	F	Kensi-Anne Missing	11	AFIN	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
164	1:58.24	L	P	Liane Van Zyl	11	UPSK	ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
165	1:58.37	L	F	Helene de Bruyn	11	BULS	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
166	1:58.38	L	F	Amelia-Rose Schutlzler	11	USC	BUF	15/12/2023	NMBA Championships 2023
167	1:58.46	L	F	Lheané Du Plessis	11	FISH	EDD	18/11/2023	Eden LC Champs 2023
168	1:58.54	L	F	Karusha Gounder	11	LEGC	ETH	24/11/2023	Westville-Seals LC Championships
169	1:58.88	L	F	Emma Gibson-Taylor	11	AZON	ETH	24/11/2023	Westville-Seals LC Championships
170	1:58.98	L	F	Mia (B) Venter	11	AWIN	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
171	1:59.07	L	F	Tamika Abbey	11	PER	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
172*	1:59.31	L	F	Nelda Strijdom	11	SS	MPD	01/12/2023	Limpopo Champs

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
172*	1:59.31 L S	F Mia Witbooi	11 RETR CPT 24/11/2023 CTA A & B CHAMPS 2023
174	1:59.36 L	F Destheonique Julius	11 KALA 11/11/2023 AGE GROUP 1 KATHU
175	1:59.44 L	F Bailey Maralik	11 AFIN JHB 17/02/2024 CGA Level 2+ Gala 17 Feb 2024
176	1:59.52 L	F Isabella Haldane	11 FISH EDD 20/01/2024 EDEN 4th A-League Gala 2024
177	1:59.64 L	F Emily Botha	11 ASAC CPT 17/02/2024 Swartland Invitational Gala 2024
178	1:59.71 L	F Dané de Kock	11 POTC KKD 21/10/2023 NWS Age Group 1 & 2 2023
179	1:59.96 L	P Grace Johns	11 OHAN ILD 05/04/2024 SA Level 2 Regional Age Group Champs
180	2:00.29 L	F Dominique Birkenstock	11 JAQ EKU 02/03/2024 AG Level 1 Regional Age Group
181	2:00.35 L	F Lisasa Faltein	11 PEAS NMA 09/02/2024 Infinity Gala 2024
182	2:00.41 L	P Wangai Githiri	11 ONYX EKU 24/03/2024 SA Level 2 Regional Age Group Champs
183	2:00.51 L	F Emily Green	11 UPL EZD 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
184	2:00.52 L	F Madeleine de Villiers	11 EXP TSH 02/02/2024 NTS Level 1+2 February Age Group
185	2:00.84 L	P Oyama Tuta	11 PELIC MAN 26/03/2024 SA Level 2 Regional Age Group Champs
186	2:01.28 L	F Helena Calitz	11 LALE CED 03/02/2024 Winelands SL final
187	2:01.53 L	F Cayla Fourie	11 NAE EZD 13/10/2023 MP AGE GROUP 2
188	2:01.54 L	F Zoe Andrews	11 CA EKU 02/03/2024 AG Level 1 Regional Age Group
189	2:01.70 L	P Kyla Short	11 ESP EKU 24/03/2024 SA Level 2 Regional Age Group Champs
190	2:02.07 L	F Lerina Thomas	11 SWAR WCD 17/02/2024 Swartland Invitational Gala 2024
191	2:02.29 L S	F Hanaan Hendricks	11 TYGE CPT 24/11/2023 CTA A & B CHAMPS 2023
192	2:02.56 L	P Anathi Qamba	11 FAC EKU 24/03/2024 SA Level 2 Regional Age Group Champs
193	2:02.63 L	F Liné Schoeman	11 FISH EDD 17/02/2024 EDEN 5th A-League Gala 2024
194	2:02.68 L	F Tahlia Roelofsz	11 VHD ZLD 09/12/2023 Uthukela District Age group Gala
195	2:02.79 L	F Paige Oliphant	11 PAC TSH 16/02/2024 NTS February Open Age Group 2024
196	2:02.81 L	F Gianna Onkruid	11 UWCA CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
197	2:02.83 L	F Nandile Shabalala	11 AQUA BUF 09/12/2023 Uthukela District Age group Gala
198	2:03.16 L	F Madyson Botha	11 BLSS MAN 16/02/2024 Neptunes Last chance Gala
199	2:03.46 L	F Lume Fourie	11 TINC TSH 03/11/2023 NTS Level 1+2 November Age Group
200	2:03.63 L	F Olivia Meyburgh	11 CA EKU 28/10/2023 EGA Summer 2 2023
201	2:03.65 L	F Wilmie Fourie	11 UPSK ZMD 20/01/2024 AGE GROUP 5 UPT 2024
202	2:03.75 L	F Kirsten Cupido	11 VINE CPT 11/11/2023 Swartland Prestige Gala 2023
203	2:03.88 L	F Marizelle Vermaak	11 HREF BP 21/10/2023 NWS Age Group 1 & 2 2023
204	2:04.03 L	F Kayla Kleynhans	11 ROA EDD 04/11/2023 EDEN 3rd A-League School Trials Gala
205	2:04.09 L	F Lene Klopper	11 QUIC CPT 11/11/2023 Swartland Prestige Gala 2023
206	2:04.33 L	F Sydney Howes	11 GHS BP 23/02/2024 NW School Championships 2024
207	2:04.40 L	F Zoe Lambropoulos	11 TRAZ TSH 03/11/2023 NTS Level 1+2 November Age Group
208	2:04.63 L	F Livia Vancoillie	11 QUIC CPT 11/11/2023 Swartland Prestige Gala 2023
209	2:04.78 L	F Abigail Paice	11 SOUL EKU 28/10/2023 EGA Summer 2 2023
210	2:04.79 L	F Zahraa Essack	11 ATLA JHB 02/03/2024 AG Level 1 Regional Age Group
211	2:04.85 L	F Kayla-Anne Walker	11 CYBE CPT 18/11/2023 CTA QUALIFYING MEET 2
212	2:04.87 L	F Michaela Hirst	11 MCS BP 23/02/2024 NW School Championships 2024
213	2:04.88 L	F Mieke Jordaan	11 KTS 17/02/2024 KATHU T&S CLUB GALA 2024
214	2:05.15 L S	F Nellamari Fourie	11 AGAQ OBD 05/10/2023 42nd Freda Barnard Invitational Gala
215	2:05.16 L	F Mosa Seboko	11 WSS LLD 03/02/2024 Heidedal Welkom Gala 2
216	2:05.79 L	F Annabel Van Reenen	11 ACSA ETH 24/11/2023 Westville-Seals LC Championships
217	2:06.04 L	F Heili Vorster	11 WATR JHB 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
218	2:06.81 L	F Kayleigh Brophy	11 AAS JHB 02/03/2024 AG Level 1 Regional Age Group
219	2:07.02 L	F Emihle Mnuu	11 FRA KCD 02/12/2023 Stingrays Swim Champs 2023
220	2:07.54 L	F Lienke Nauhaus	11 QSAW CED 11/11/2023 Swartland Prestige Gala 2023
221	2:08.33 L	F Devon Powell	11 BLMA CPT 17/02/2024 Swartland Invitational Gala 2024
222	2:08.35 L	F Anika Bester	11 STGR XRD 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
223	2:08.44 L	F Anmari Du Toit	11 QSAW CED 11/11/2023 Swartland Prestige Gala 2023
224	2:08.53 L	F Gia Botoulas	11 AFIN JHB 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
225	2:08.75 L	F Beersheba Negash	11 BARA EKU 02/03/2024 AG Level 1 Regional Age Group
226	2:08.82 L	F Skylia de Lange	11 HPPS BUF 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
227	2:08.90 L	F Kenna Lilley	11 TYGE CPT 18/11/2023 CTA QUALIFYING MEET 2
228	2:11.08 L	F Larike Pretorius	11 KALA 03/11/2023 UPINGTON 2023
229	2:11.21 L	F Victoria Meyburgh	11 CA EKU 28/10/2023 EGA Summer 2 2023
230	2:11.38 L	F Holly-Rae Ayerst	11 BEST NMA 23/09/2023 3rd A League Gala 2023
231	2:11.50 L	F Amelia Green	11 MAKO EKU 26/01/2024 EGA Last Chance 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
232	2:11.72	L	F	Ava van der Mescht	11	DESA NMA	11/11/2023 5th A League Gala 2023
233	2:11.98	L S	F	Imke Swanepoel	11	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
234	2:13.24	L	F	Taliyah Eveleigh	11	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
235	2:14.96	L	F	Roaluswa Monenzhe	11	CKDP KK	23/02/2024 NW School Championships 2024
236	2:15.54	L	F	Elihle Ntaka	11	UMSH ETH	16/02/2024 EDA Age Group Gala 6 2024
237	2:16.22	L	F	Ratang Tebeila	11	POLSC CCD	01/12/2023 Limpopo Champs
238	2:16.35	L	F	Basse Molai	11	BULS MAN	02/03/2024 FSA Level 1 2024
239	2:17.00	L	F	Nyandano Madaba	11	FAC EKU	02/03/2024 AG Level 1 Regional Age Group
240	2:17.13	L	P	Paballo Nkosi	11	FAC EKU	07/12/2023 EGA Summer Championships
241	2:17.37	L	F	Dominic De Jager	11	USH KCD	27/01/2024 Ushaka Champs 2024
242	2:18.30	L	P	Mudiwa Murangandi	11	TCA EKU	07/12/2023 EGA Summer Championships
243	2:19.46	L	F	Rebekah Johnson	11	AQDO CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
244	2:19.47	L	F	Izeldi Van Niekerk	11	DOLFI MPD	21/10/2023 Limpopo Age Group 4
245	2:20.14	L	F	Miyanke Landmann	11	BETH FDD	02/03/2024 FSA Level 1 2024
246	2:20.24	L	F	Taila Erasmus	11	PELIC MAN	02/03/2024 FSA Level 1 2024
247	2:21.30	L	F	Lenè Mulder	11	HPS TSH	03/11/2023 NTS Level 1+2 November Age Group
248	2:22.32	L	F	Dané Schoeman	11	FISH EDD	20/01/2024 EDEN 4th A-League Gala 2024
249	2:23.28	L	F	Khanya Ramone	11	MATL KKD	21/10/2023 NWS Age Group 1 & 2 2023
250	2:25.22	L	F	Madison Thiaradt	11	EVO CPT	11/11/2023 Swartland Prestige Gala 2023
251	2:25.63	L	F	Karla Wolmarans	11	UPSK ZMD	10/02/2024 AGE GROUP 6 UPT - 2024
252	2:26.09	L	F	Kaylee Scheepers	11	LSWBA WB	27/01/2024 Limpopo School Champs
253	2:26.38	L	F	Annemi Loots	11	SWAR WCD	17/02/2024 Swartland Invitational Gala 2024
254	2:26.79	L	F	Ikageng Moloko	11	TUKS TSH	02/03/2024 AG Level 1 Regional Age Group
255	2:28.87	L	P	Lika Baird	11	HREF BP	06/12/2023 NWS Championships 2023/24
256	2:29.04	L	F	Amy Erasmus	11	PELIC MAN	13/10/2023 Pelicans Gala
257	2:31.14	L	F	Nobuhle Hlophe	11	POLSC CCD	01/12/2023 Limpopo Champs
258	2:32.68	L	F	Carli Puth	11	LSB BP	23/02/2024 NW School Championships 2024
259	2:36.23	L S	F	Cara van Wyk	11	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
260	2:41.78	L	F	Ann Bency	11	NDLTS EZD	02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
261	2:47.16	L	F	Mokgabo Monnana	11	LEBII BP	23/02/2024 NW School Championships 2024
262	2:48.61	L	F	El dane Pretorius	11	KALA	27/10/2023 KALAHARI CLASSIC GALA 2023
263	2:48.89	L S	F	Machayda Titus	11	WEST CPT	05/10/2023 42nd Freda Barnard Invitational Gala
264	2:53.12	L	F	Tshiamo Mlangeni	11	MPS NGD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
265	3:02.86	L	F	Khumo Goeieman	11	KALA	02/12/2023 AGE GROUP 3 KATHU - 2023
<b>Women 11-11 200 Breast</b>							
1	3:01.11	L	F	Anna Horn	11	XCEL CPT	21/03/2024 SA Level 3 Regional Age Group
2	3:05.29	L S	P	Ava Bosch	11	BAS EKU	15/03/2024 SA National Junior Age Group
3	3:07.58	L	F	Evie du Plessis	11	BLOT MAN	19/04/2024 SA Schools Swimming Championship
4	3:10.30	L S	P	Megan Jacobs	11	WSTV ETH	15/03/2024 SA National Junior Age Group
5	3:12.20	L	F	Grace Julies	11	XCEL CPT	21/03/2024 SA Level 3 Regional Age Group
6	3:17.75	L	F	Jazmin Anthony	11	PAQU CED	21/03/2024 SA Level 3 Regional Age Group
7	3:17.83	L	F	Roze Van Wyk	11	NSFED	21/03/2024 SA Level 3 Regional Age Group
8	3:18.01	L	F	Erin Neumann	11	GSA CPT	24/06/2023 PEA Winter Gala 2023
9	3:19.04	L	F	Taylor Ten Napel	11	BEAV ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
10	3:19.96	L	F	Alexis De Witt	11	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
11	3:22.36	L	F	Barcelona Xaba	11	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
12	3:22.79	L	F	Kathryn Nolan	11	MDOL JHB	20/03/2024 SA Level 3 Regional Age Group
13	3:23.86	L	F	Sophia Winterbach	11	ASA ILD	21/03/2024 SA Level 3 Regional Age Group
14	3:24.76	L	F	Shalea Hamilton	11	BEST NMA	09/02/2024 Infinity Gala 2024
15	3:24.85	L	F	Jua Jonker	11	POTC KKD	20/03/2024 SA Level 3 Regional Age Group
16	3:25.11	L	P	Ava Grebe	11	CUHE OBD	21/03/2024 SA Level 3 Regional Age Group
17	3:25.33	L	F	Mackenzie Raffle	11	CA EKU	07/12/2023 EGA Summer Championships
18	3:26.05	L	F	Jessica Jansen van Vuuren	11	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
19	3:26.08	L	F	Lara Van Veelen	11	TASC MPD	01/12/2023 Limpopo Champs
20	3:26.13	L	F	Ineke Van Maarleveld	11	ACAQ CCD	01/12/2023 Limpopo Champs
21	3:27.10	L	F	Mila Hinteregger	11	CA EKU	20/03/2024 SA Level 3 Regional Age Group
22	3:27.78	L	F	Emilie Conradie	11	SAAW CPT	10/02/2024 WCA-B Champs - 2024
23	3:28.40	L	F	Chenique Kooi	11	TUKS TSH	16/02/2024 NTS February Open Age Group 2024
24	3:29.20	L	P	Chisi Magubbwi	11	MDOL JHB	30/11/2023 CGA Championships 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
25	3:29.68	L	P	Katherine Harrop-Allin	11	CSC	FSH	20/03/2024	SA Level 3 Regional Age Group
26	3:29.84	L	P	Jasmine Woodburn	11	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
27	3:30.61	L	F	Ruvarashe Chibharo	11	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
28	3:32.28	L S	F	Carinke Wessels	11	BLOT	MAN	06/12/2023	Free State Champs 2023
29	3:33.44	L	P	Luah Theron	11	CSC	FSH	20/03/2024	SA Level 3 Regional Age Group
30	3:33.56	L	P	Kylie Pringle	11	AFIN	JHB	30/11/2023	CGA Championships 2023
31	3:34.24	L	P	Peighton Le Roux	11	SOUL	EKU	07/12/2023	EGA Summer Championships
32	3:35.02	L	P	Isabella Knight	11	WATR	JHB	30/11/2023	CGA Championships 2023
33	3:35.40	L	F	Laura Muller	11	LINR	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
34	3:35.74	L	P	Laila van Antwerpen	11	PAC	FSH	20/03/2024	SA Level 3 Regional Age Group
35	3:36.36	L	P	Alexis Kalapac	11	BLMA	CPT	21/03/2024	SA Level 3 Regional Age Group
36*	3:36.50	L	P	Gia Stedall	11	WWOL	FSH	20/03/2024	SA Level 3 Regional Age Group
36*	3:36.50	L	P	Mieke Oosthuizen	11	HPS	FSH	20/03/2024	SA Level 3 Regional Age Group
38	3:36.78	L	P	Emma Ristow	11	USC	BUF	21/03/2024	SA Level 3 Regional Age Group
39	3:37.02	L	F	Isabella Vreenegoor	11	CRSC	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
40	3:37.55	L	P	Noa Sebastiao	11	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
41	3:38.33	L	F	Lize De Wet	11	SS	MPD	01/12/2023	Limpopo Champs
42	3:38.46	L	F	Holli Tait	11	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
43	3:40.18	L	F	Paige Jansen van Vuuren	11	SEAL	UMD	21/03/2024	SA Level 3 Regional Age Group
44	3:40.27	L	F	Isabelle Kent	11	BLMA	CPT	10/02/2024	WCA-B Champs - 2024
45	3:40.43	L	F	Alexis Visser	11	MAKO	EKU	26/01/2024	EGA Last Chance 2024
46	3:40.49	L	F	Chloe Rautenbach	11	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
47	3:40.60	L	P	Madison Sanan	11	PER	JHB	30/11/2023	CGA Championships 2023
48	3:40.82	L	F	Tatum van Zijl	11	OHAN	ILD	27/01/2024	Ushaka Champs 2024
49	3:43.48	L	F	Zia Habib	11	MDOL	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
50	3:43.55	L	F	Wilhandi Meyer	11	BULS	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
51	3:44.39	L	F	Hope Churchman	11	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
52	3:45.28	L	P	Lara Rosenstrauch	11	HTSA	CPT	21/03/2024	SA Level 3 Regional Age Group
53	3:45.37	L	F	Sophia Hutchison	11	FAAC		24/06/2023	PEA Winter Gala 2023
54	3:45.51	L	P	Xinyue Huang	11	NSFED		21/03/2024	SA Level 3 Regional Age Group
55	3:45.77	L	F	Entle Lehabe	11	TRAZ	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
56	3:46.03	L	P	Khalalelo Ratlhogo	11	ESP	EKU	20/03/2024	SA Level 3 Regional Age Group
57	3:47.07	L	P	Ayvah Jacob	11	HASC	JHB	30/11/2023	CGA Championships 2023
58	3:47.14	L	F	Mikayla Coleman	11	TCA	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
59	3:47.57	L	P	Mattae Morel	11	SWIFT	EKU	20/03/2024	SA Level 3 Regional Age Group
60	3:47.66	L	F	Lia van Heerden	11	BS	LLD	26/03/2024	SA Level 2 Regional Age Group Champs
61	3:47.68	L	P	Olivia Nel	11	CLSC	WCD	21/03/2024	SA Level 3 Regional Age Group
62	3:48.26	L	F	Christie Snyders	11	VALS	FDD	18/11/2023	Valsrivier Gala
63	3:48.68	L	P	Sarah-Kate Odendaal	11	QUIC	CPT	21/03/2024	SA Level 3 Regional Age Group
64	3:48.77	L S	F	Nicoline Du Preez	11	NWUC	KKD	06/12/2023	NWS Championships 2023/24
65	3:48.95	L	F	Lienke Bester	11	GHS	BP	23/02/2024	NW School Championships 2024
66	3:49.37	L	F	Sloan Warner	11	INFA	NMA	23/09/2023	3rd A League Gala 2023
67	3:50.11	L	P	Areli Muyaka	11	MP	EZD	19/04/2024	SA Schools Swimming Championship
68	3:51.04	L	F	Reatile Ntidi	11	NWUC	KKD	26/03/2024	SA Level 2 Regional Age Group Champs
69	3:51.82	L	F	Madison Wissekerke	11	FRA	KCD	05/04/2024	SA Level 2 Regional Age Group Champs
70	3:52.93	L	F	Makayla Stoltz	11	PER	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
71	3:53.12	L	F	Racquelle Saporta	11	INFA	NMA	15/12/2023	NMBA Championships 2023
72	3:53.80	L	F	Katie Van den Heever	11	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
73	3:54.43	L	F	Hester Janse van Rensburg	11	NWUC	KKD	26/03/2024	SA Level 2 Regional Age Group Champs
74	3:54.74	L	F	Tshegofatso Moabelo	11	BAS	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
75	3:54.75	L	F	Elmane' de Wet	11	BULS	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
76	3:55.50	L	F	Thalia Naidoo	11	SWIM1	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
77	3:55.83	L	F	Kate Chesire	11	MDOL	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
78	3:56.00	L	F	Saffiya Emjedi	11	SAAW	CPT	24/11/2023	CTA A & B CHAMPS 2023
79	3:56.04	L	P	Paula Ouko	11	DORE	JHB	30/11/2023	CGA Championships 2023
80	3:56.26	L	F	Emily Koegelenberg	11	XCEL	CPT	10/02/2024	WCA-B Champs - 2024
81	3:56.40	L	F	Jaimey Shaw	11	PEAS	NMA	09/02/2024	Infinity Gala 2024
82	3:56.42	L	F	Anke Carstens	11	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
83	3:56.48	L	F	Alexia Dippenaar	11	BS	LLD	26/03/2024	SA Level 2 Regional Age Group Champs

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
84	3:56.70	L	F	Janel Van der Merwe	11	PRA	GSD 24/03/2024 SA Level 2 Regional Age Group Champs
85	3:56.85	L	P	Alivia Nel	11	CRSC	JHB 20/03/2024 SA Level 3 Regional Age Group
86	3:57.13	L	F	Oyama Baqwa	11	SGUL	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
87	3:57.90	L	F	Zia-Bella Engelbrecht	11	HTSA	CPT 24/11/2023 CTA A & B CHAMPS 2023
88	3:58.35	L	P	Mijone Beyers	11	SWIFT	EKU 07/12/2023 EGA Summer Championships
89	3:58.74	L	F	Jada Hendricks	11	TYGE	CPT 10/02/2024 WCA-B Champs - 2024
90	3:59.04	L	F	Charné De Bruin	11	TUKS	FSH 01/12/2023 2023 The Tshwane Mayor's Gala
91	3:59.18	L	F	Anye Brink	11	QSAW	CED 10/02/2024 WCA-B Champs - 2024
92	3:59.29	L	F	Jamie Els	11	AQDO	CPT 24/11/2023 CTA A & B CHAMPS 2023
93	4:00.02	L	F	Isabel Smith	11	HARL	BUF 10/02/2024 BCA Feb Age Group Gala 2024
94	4:00.43	L	F	Hlumisa Mfabe	11	USC	BUF 24/11/2023 BCA Long Course Championships 2023
95	4:00.96	L	F	Lienke Van Wyk	11	BULS	MAN 11/11/2023 Bull Sharks Gala
96	4:02.38	L	F	Michaela Fourie	11	NSAD	EZD 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
97	4:02.64	L	F	Nandile Shabalala	11	AQUA	BUF 05/04/2024 SA Level 2 Regional Age Group Champs
98	4:04.22	L	F	Bukata Mwanza	11	ESP	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
99	4:04.78	L	F	Katelyn Naidoo	11	BON	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
100	4:06.10	L	F	Emma Gibson-Taylor	11	AZON	ETH 24/11/2023 Westville-Seals LC Championships
101	4:06.88	L	F	Ziyada Tekle	11	HARL	BUF 27/01/2024 BCA January Age Group Gala 2024
102	4:06.90	L	F	Kalica Cornelissen	11	KTS	24/11/2023 AGE GROUP 2 KATHU 2023
103	4:08.11	L	F	Milani Butau	11	BEST	NMA 11/11/2023 5th A League Gala 2023
104	4:09.46	L	F	Jadine Grobler	11	TKS	WBD 01/12/2023 Limpopo Champs
105	4:09.70	L	F	Destheonique Julius	11	KALA	26/03/2024 SA Level 2 Regional Age Group Champs
106	4:10.01	L S	F	Oyama Tuta	11	PELIC	MAN 06/12/2023 Free State Champs 2023
107	4:12.07	L	P	Azania Mabaso	11	SOUL	EKU 07/12/2023 EGA Summer Championships
108	4:12.21	L	F	Mia Witbooi	11	RETR	CPT 17/02/2024 Swartland Invitational Gala 2024
109	4:13.12	L	P	Phillipa Williams	11	SOUL	EKU 20/03/2024 SA Level 3 Regional Age Group
110	4:13.24	L	F	Menieke Rowe-Rowe	11	BULS	MAN 16/02/2024 Neptunes Last chance Gala
111	4:14.25	L	F	Tamika Abbey	11	PER	JHB 24/03/2024 SA Level 2 Regional Age Group Champs
112	4:14.46	L	F	Le-May Van Zyl	11	ELRAS	WBD 24/03/2024 SA Level 2 Regional Age Group Champs
113	4:14.74	L	F	Amelia-Rose Schutlzler	11	USC	BUF 24/11/2023 BCA Long Course Championships 2023
114	4:14.99	L	F	Gianna Onkruid	11	UWCA	CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
115	4:15.20	L	F	Jessica Arenz	11	MANT	CPT 05/10/2023 42nd Freda Barnard Invitational Gala
116	4:15.38	L	F	Juno Bouwer	11	TYGE	CPT 05/10/2023 42nd Freda Barnard Invitational Gala
117	4:15.61	L	F	Anathi Qamba	11	FAC	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
118	4:15.89	L	F	Liane Van Zyl	11	UPSK	ZMD 03/02/2024 NCASA SPRINTS 2024
119	4:16.66	L	F	Kyla Short	11	ESP	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
120	4:16.79	L	F	Lheané Du Plessis	11	FISH	EDD 20/01/2024 EDEN 4th A-League Gala 2024
121	4:17.02	L	F	Hanaan Hendricks	11	TYGE	CPT 18/11/2023 CTA QUALIFYING MEET 2
122	4:17.19	L	F	Summer Fang	11	PEAS	NMA 26/08/2023 2nd A League Gala 2023
123	4:17.53	L	F	Anastacia Coelho	11	CA	EKU 11/11/2023 EGA Summer 3
124	4:17.96	L	F	Lene Klopper	11	QUIC	CPT 10/02/2024 WCA-B Champs - 2024
125	4:18.69	L	F	Lisasa Faltein	11	PEAS	NMA 09/02/2024 Infinity Gala 2024
126	4:18.78	L	F	Sydney Howes	11	GHS	BP 23/02/2024 NW School Championships 2024
127	4:18.86	L	F	Nellamari Fourie	11	AGAQ	QBD 10/02/2024 WCA-B Champs - 2024
128	4:19.51	L	F	Livia Vancoillie	11	QUIC	CPT 05/10/2023 42nd Freda Barnard Invitational Gala
129	4:22.16	L	F	Marizelle Vermaak	11	HREF	BP 21/10/2023 NWS Age Group 1 & 2 2023
130	4:23.99	L	F	Leandi Liebenberg	11	LSTZN	CCD 27/01/2024 Limpopo School Champs
131	4:24.17	L	F	Zethembiso Mbambo	11	PSCP	UMD 14/12/2023 KZNA 2023 Championships Incorp SSA
132	4:24.89	L	F	Yu Xuan Jin	11	TYGE	CPT 24/11/2023 CTA A & B CHAMPS 2023
133	4:26.94	L	F	Wilmie Fourie	11	UPSK	ZMD 03/02/2024 NCASA SPRINTS 2024
134	4:27.04	L	P	Dominique Birkenstock	11	JAQ	EKU 07/12/2023 EGA Summer Championships
135	4:28.89	L	F	Michaela Hirst	11	MCS	BP 23/02/2024 NW School Championships 2024
136	4:30.79	L	F	Anika Bester	11	STGR	XRD 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
137	4:33.27	L	F	Emihle Mnunu	11	FRA	KCD 02/12/2023 Stingrays Swim Champs 2023
138	4:39.19	L	F	Amogelang Kutu	11	SS	MPD 01/12/2023 Limpopo Champs
139	4:39.76	L	F	Izeldi Van Niekerk	11	DOLFI	MPD 21/10/2023 Limpopo Age Group 4
140	4:41.25	L	F	Zoe Andrews	11	CA	EKU 11/11/2023 EGA Summer 3
141	4:46.33	L	F	Beersheba Negash	11	BARA	EKU 26/01/2024 EGA Last Chance 2024
142	4:47.68	L	F	Ratang Tebeila	11	POLSC	CCD 01/12/2023 Limpopo Champs

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
143	4:48.25 L	F	Larike Pretorius	11	KALA	03/11/2023	UPINGTON 2023
144	4:49.41 L	F	Mosa Seboko	11	WSS LLD	03/11/2023	Heidedal Welkom Gala
145	4:59.82 L	F	Dané Schoeman	11	FISH EDD	20/01/2024	EDEN 4th A-League Gala 2024
146	5:09.40 L	F	Paballo Nkosi	11	FAC EKV	26/01/2024	EGA Last Chance 2024
147	5:16.71 L	F	Liné Schoeman	11	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
148	5:24.24 L	F	Karla Wolmarans	11	UPSK ZMD	25/11/2023	UPT AGE GROUP 2 2023
149	5:25.42 L	F	Cara van Wyk	11	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
<b>Women 11-11 50 Fly</b>							
1	33.14 L	F	Shalea Hamilton	11	BEST NMA	15/12/2023	NMBA Championships 2023
2	33.38 L	F	Aqeelah Williams	11	WCA CPT	19/04/2024	SA Schools Swimming Championship
3	33.55 L	F	Arya De Sousa	11	TRAZ TSH	20/03/2024	SA Level 3 Regional Age Group
4	33.93 L	F	Emma Van Deventer	11	KZNA ETH	19/04/2024	SA Schools Swimming Championship
5	34.17 L	F	Wilhelmina Erasmus	11	LP CCD	19/04/2024	SA Schools Swimming Championship
6	34.19 L	F	Carinke Wessels	11	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
7	34.95 L	F	Chisi Magubbwi	11	MDOL JHB	30/11/2023	CGA Championships 2023
8	35.18 L	F	Xinyue Huang	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
9	35.21 L	F	Riley Haupt	11	CA EKV	20/03/2024	SA Level 3 Regional Age Group
10	35.25 L	F	Shiloh Cruywagen	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
11	35.50 L	F	Roze Van Wyk	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
12	35.66 L	F	Barcelona Xaba	11	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
13	36.14 L	P	Anna Horn	11	WCA CPT	19/04/2024	SA Schools Swimming Championship
14	36.43 L	P	Ava Bosch	11	BAS EKV	15/03/2024	SA National Junior Age Group
15	36.45 L	F	Christie Snyders	11	VALS FDD	06/12/2023	Free State Champs 2023
16	36.46 L	F	Zoe Lambropoulos	11	TRAZ TSH	03/11/2023	NTS Level 1+2 November Age Group
17	36.58 L	F	Sisanda Palframan	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
18	36.65 L	F	Jadine Grobler	11	TKS WBD	24/03/2024	SA Level 2 Regional Age Group Champs
19	37.00 L	F	Olivia Meyburgh	11	CA EKV	28/10/2023	EGA Summer 2 2023
20	37.04 L	F	Erin Neumann	11	GSA CPT	24/06/2023	PEA Winter Gala 2023
21	37.06 L	P	Alexis De Witt	11	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
22	37.27 L	F	Grace Julies	11	XCEL CPT	21/03/2024	SA Level 3 Regional Age Group
23	37.61 L	P	Lily Hoar	11	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
24	37.83 L	F	Khalalelo Rathogo	11	ESP EKV	07/12/2023	EGA Summer Championships
25	38.03 L	F	Arabella Symington	11	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
26	38.29 L	F	Annabel Van Reenen	11	ACSA ETH	05/04/2024	SA Level 2 Regional Age Group Champs
27	38.52 L	P	Alize Engelbrecht	11	CSA EZD	01/12/2023	Mpumalanga Championships 2023
28	38.53 L	P	Alexis Visser	11	MAKO EKV	20/03/2024	SA Level 3 Regional Age Group
29*	38.60 L	P	Sophia Winterbach	11	ASA HLD	21/03/2024	SA Level 3 Regional Age Group
29*	38.60 L	F	Mienke Kok	11	CPPS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
29*	38.60 L	P	Nabeeha Raja	11	SPS BUF	19/04/2024	SA Schools Swimming Championship
32	38.87 L	F	Nicolene Anderson	11	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
33	39.30 L	F	Liane Van Zyl	11	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
34	39.34 L	P	Jazmin Anthony	11	PAQU CED	21/03/2024	SA Level 3 Regional Age Group
35*	39.40 L	P	Mikayla Oliver	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
35*	39.40 L	F	Gabrielle Brooks	11	NMBA NM	13/01/2024	BCA Inter-District Championship Gala
37	39.47 L	P	Georgia Sabbagha	11	PAQU CED	14/12/2023	Western Cape LC-A Championship 2023
38	39.58 L	P	Anja Boshoff	11	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
39	39.84 L	F	Lumka Zamisa	11	HREF BP	06/12/2023	NWS Championships 2023/24
40	40.06 L	P	Chloe Rautenbach	11	UNI EZD	20/03/2024	SA Level 3 Regional Age Group
41	40.13 L	P	Oyama Baqwa	11	SGUL ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
42	40.21 L	F	Sage Lindsay	11	CA EKV	26/01/2024	EGA Last Chance 2024
43	40.39 L	F	Ayvah Jacob	11	HASC JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
44	40.46 L	F	Mienke Kok	11	INFA NMA	12/08/2023	Madibaz Swim Meet 2023
45	40.50 L	P	Johané Burger	11	ROA EDD	21/03/2024	SA Level 3 Regional Age Group
46	40.51 L	F	Sienna Goedhals	11	SPS BUF	30/01/2024	Buffalo City Primary School Trials 2024
47	40.55 L	P	Amelie Billson	11	CASC CPT	21/03/2024	SA Level 3 Regional Age Group
48	40.63 L	P	Shelby Schoeman	11	SOUL EKV	24/03/2024	SA Level 2 Regional Age Group Champs
49	40.71 L	F	Hope Churchman	11	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
50*	40.74 L	P	Jasmine Woodburn	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
50*	40.74 L	P	Alivia Nel	11	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
52	40.76 L	F	Lara Rosenstrauch	11	HTSA CPT	10/02/2024	WCA-B Champs - 2024	
53	40.81 L	P	Kylie Pringle	11	AFIN JHB	30/11/2023	CGA Championships 2023	
54	40.88 L	F	Elah-Mae Budram	11	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs	
55	40.90 L	F	Uma Pearson-Adams	11	SAAW CPT	17/02/2024	Swartland Invitational Gala 2024	
56	40.93 L	F	Hlumisa Mfabe	11	CPRIM BUF	30/01/2024	Buffalo City Primary School Trials 2024	
57	41.00 L	P	Mackenzie Raffle	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group	
58	41.02 L	P	Taylor Ten Napel	11	BEAV ETH	21/03/2024	SA Level 3 Regional Age Group	
59	41.03 L	P	Mali Louw	11	WELL CED	21/03/2024	SA Level 3 Regional Age Group	
60	41.31 L	P	Kathryn Nolan	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group	
61*	41.36 L	P	Danika Steyn	11	KSC EZD	01/12/2023	Mpumalanga Championships 2023	
61*	41.36 L	F	Mikayla Wilensky	11	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2	
63	41.43 L	P	Victoria Meyburgh	11	CA EKU	07/12/2023	EGA Summer Championships	
64	41.56 L	F	Lia van Heerden	11	BS LLD	06/12/2023	Free State Champs 2023	
65	41.81 L	F	Kirsten Cupido	11	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023	
66	41.84 L	F	Megan Jacobs	11	WSTV ETH	24/11/2023	Westville-Seals LC Championships	
67	41.89 L	F	Morgan Kaschula	11	SPS BUF	17/02/2024	Eastern Cape School Trials 2024	
68	42.16 L	F	Sarah-Kate Odendaal	11	QUIC CPT	10/02/2024	WCA-B Champs - 2024	
69	42.20 L	F	Lea du Plooy	11	PSA ZLD	02/12/2023	Stingrays Swim Champs 2023	
70	42.24 L	P	Ruvarashe Chibharo	11	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group	
71	42.26 L	F	Inge Du Plessis	11	LSTZN CCD	27/01/2024	Limpopo School Champs	
72	42.38 L	P	Jessica Jansen van Vuuren	11	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorporate SSA	
73	42.40 L	F	Lize De Wet	11	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023	
74	42.41 L	P	Milani Butau	11	BEST NMA	09/02/2024	Infinity Gala 2024	
75	42.44 L	F	Janel Van der Merwe	11	PRA GSD	24/03/2024	SA Level 2 Regional Age Group Champs	
76	42.46 L	P	Kate Chesire	11	MDOL JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
77	42.60 L	F	Helene de Bruyn	11	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs	
78	42.62 L	F	Oyama Tuta	11	PELIC MAN	26/03/2024	SA Level 2 Regional Age Group Champs	
79	42.90 L	F	Zethembiso Mbambo	11	PSCP UMD	24/11/2023	Westville-Seals LC Championships	
80	42.97 L	F	Rorisang Monareng	11	BLNE MAN	26/03/2024	SA Level 2 Regional Age Group Champs	
81	43.07 L	P	Mikaela Van Heerden	11	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs	
82	43.09 L	F	Mia Vorster	11	WELA LLD	06/12/2023	Free State Champs 2023	
83	43.10 L	F	Mikayla Jordaan	11	GREY CPT	11/11/2023	Winelands SL4	
84	43.50 L	F	Evie du Plessis	11	BLOT MAN	15/09/2023	Bull Sharks Annual Gala	
85	43.51 L	P	Sophia Hutchison	11	FAAC	21/03/2024	SA Level 3 Regional Age Group	
86	43.59 L	F	Nelda Strijdom	11	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023	
87	43.73 L	P	Laila Christie	11	CPRIM BUF	30/01/2024	Buffalo City Primary School Trials 2024	
88	43.74 L	F	Alexis Kalapac	11	BLMA CPT	10/02/2024	WCA-B Champs - 2024	
89	43.82 L S	P	Chenique Kooi	11	TUKS TSH	12/12/2023	NTS Championships 2023	
90	43.86 L	F	Lika Baird	11	GHS BP	23/02/2024	NW School Championships 2024	
91	43.99 L	P	Phillipa Williams	11	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group	
92	44.07 L	P	Luah Theron	11	CSC TSH	20/03/2024	SA Level 3 Regional Age Group	
93	44.21 L	F	Jessica Arenz	11	MANT CPT	10/02/2024	WCA-B Champs - 2024	
94	44.22 L	F	Tatum van Zijl	11	OHAN ILD	27/01/2024	Ushaka Champs 2024	
95	44.27 L	P	Esme Bowes	11	RFA TSH	24/03/2024	SA Level 2 Regional Age Group Champs	
96*	44.34 L	F	Jaimey Shaw	11	PEAS NMA	17/02/2024	Eastern Cape School Trials 2024	
96*	44.34 L	P	Brooklyn Terwin	11	USC BUF	21/03/2024	SA Level 3 Regional Age Group	
98	44.42 L	P	Katryn Landsberg	11	INFA NMA	09/02/2024	Infinity Gala 2024	
99	44.54 L	P	Destheonique Julius	11	KALA	26/03/2024	SA Level 2 Regional Age Group Champs	
100	44.59 L	F	Sloan Warner	11	INFA NMA	24/06/2023	PEA Winter Gala 2023	
101	44.71 L	F	Mia Witbooi	11	RETR CPT	24/11/2023	CTA A & B CHAMPS 2023	
102	44.73 L	P	Megan Palmer	11	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
103*	44.82 L	F	Clara Duvenage	11	CA EKU	02/03/2024	AG Level 1 Regional Age Group	
103*	44.82 L	P	Areli Muyaka	11	HARB BPD	06/12/2023	NWS Championships 2023/24	
105	44.85 L	P	Jessica Caldeira	11	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
106	44.88 L	P	Thalia Naidoo	11	SWIM1 JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
107	44.90 L	P	Mattae Morel	11	SWIFT EKU	07/12/2023	EGA Summer Championships	
108	44.94 L	F	Charlotte Hofinger	11	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023	
109	45.12 L	F	Gia Newkirk	11	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2	
110*	45.14 L	F	Ivy Johnston	11	OHAN ILD	27/01/2024	Ushaka Champs 2024	

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
110*	45.14 L	P	Willow Makwakwa	11	WWOL	FSH	24/03/2024 SA Level 2 Regional Age Group Champs
112	45.15 L	P	Rirhandzu Chauke	11	DORE	JHB	30/11/2023 CGA Championships 2023
113	45.17 L	F	Isabella Haldane	11	FISH	EDD	24/06/2023 PEA Winter Gala 2023
114	45.19 L	F	Gia Collen	11	RFA	FSH	03/11/2023 NTS Level 1+2 November Age Group
115	45.21 L	P	Paula Ouko	11	DORE	JHB	30/11/2023 CGA Championships 2023
116	45.39 L	F	Harley Knudsen	11	CA	EKU	28/10/2023 EGA Summer 2 2023
117	45.50 L	F	Jada Hendricks	11	TYGE	CPT	10/02/2024 WCA-B Champs - 2024
118	45.62 L	P	Elizabeth Willemse	11	VHD	ZLD	05/04/2024 SA Level 2 Regional Age Group Champs
119	45.71 L	P	Mikayla Coleman	11	TCA	EKU	07/12/2023 EGA Summer Championships
120	45.80 L	P	Abigail Paice	11	SOUL	EKU	24/03/2024 SA Level 2 Regional Age Group Champs
121	45.82 L	F	Rebecca Brauteseth	11	OHAN	ILD	27/01/2024 Ushaka Champs 2024
122*	45.84 L	F	Annabella Venter	11	VRC	FSH	01/12/2023 2023 The Tshwane Mayor's Gala
122*	45.84 L	F	Leane Nel	11	EXP	FSH	01/12/2023 2023 The Tshwane Mayor's Gala
124	45.86 L	F	Zoe Kruger	11	LALE	GED	03/02/2024 Winelands SL final
125	45.89 L	P	Suhanna White	11	AQUA	BUF	05/04/2024 SA Level 2 Regional Age Group Champs
126	45.91 L	F	Charlotte Jones	11	SFSC	CPT	10/02/2024 WCA-B Champs - 2024
127	45.95 L	F	Nicoline Du Preez	11	NWUC	KKD	06/12/2023 NWS Championships 2023/24
128*	46.02 L	F	Sophia Duggan	11	PEAS	NMA	23/09/2023 3rd A League Gala 2023
128*	46.02 L	P	Nee'lah Steyn	11	UWCA	CPT	21/03/2024 SA Level 3 Regional Age Group
130	46.08 L	F	Zahraa Essack	11	ATLA	JHB	02/03/2024 AG Level 1 Regional Age Group
131	46.13 L	P	Emma Ristow	11	USC	BUF	21/03/2024 SA Level 3 Regional Age Group
132	46.22 L	F	Isabella Vreenegoor	11	CRSC	JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
133	46.26 L	F	Lerina Thomas	11	SWAR	WCD	10/02/2024 WCA-B Champs - 2024
134	46.27 L	P	Summer Moonsamy	11	BEAV	ETH	05/04/2024 SA Level 2 Regional Age Group Champs
135	46.30 L	F	Hester Janse van Rensburg	11	BLS	KK	23/02/2024 NW School Championships 2024
136	46.40 L	P	Tayla Scheepers	11	RFA	FSH	24/03/2024 SA Level 2 Regional Age Group Champs
137	46.43 L	P	Anastacia Coelho	11	CA	EKU	24/03/2024 SA Level 2 Regional Age Group Champs
138	46.44 L	F	Jaime Sprong	11	ASAC	CPT	18/11/2023 CTA QUALIFYING MEET 2
139	46.46 L	F	Dané de Kock	11	LSM	EZD	23/02/2024 NW School Championships 2024
140*	46.56 L	P	Charné De Bruin	11	TUKS	FSH	24/03/2024 SA Level 2 Regional Age Group Champs
140*	46.56 L	F	Lene Klopper	11	QUIC	CPT	11/11/2023 Swartland Prestige Gala 2023
142	46.65 L	P	Gia Stedall	11	WWOL	FSH	20/03/2024 SA Level 3 Regional Age Group
143*	46.97 L	F	Kalica Cornelissen	11	KTS		03/02/2024 NCASA SPRINTS 2024
143*	46.97 L	F	Marni Snyman	11	ELRAS	WBD	01/12/2023 Limpopo Champs
145	47.00 L	F	Lara Van Veelen	11	LSDW	CCD	27/01/2024 Limpopo School Champs
146	47.03 L	F	Anye Brink	11	QSAW	GED	10/02/2024 WCA-B Champs - 2024
147	47.20 L S	F	Isabelle Kent	11	BLMA	CPT	05/10/2023 42nd Freda Barnard Invitational Gala
148	47.24 L	P	Zia Habib	11	MDOL	JHB	24/03/2024 SA Level 2 Regional Age Group Champs
149	47.40 L	P	Katelyn Naidoo	11	BON	EKU	24/03/2024 SA Level 2 Regional Age Group Champs
150	47.55 L S	F	Aneeqah Engelbrecht	11	PAQU	GED	05/10/2023 42nd Freda Barnard Invitational Gala
151	47.64 L	F	Wilmie Fourie	11	UPSK	ZMD	20/01/2024 AGE GROUP 5 UPT 2024
152	47.66 L	F	Leila Nell	11	SPS	BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
153	47.68 L	F	Kyla Short	11	ESP	EKU	24/11/2023 EGA Summer 4
154	47.72 L	P	Katie Van den Heever	11	UNI	EZD	24/03/2024 SA Level 2 Regional Age Group Champs
155	47.95 L	F	Saffiya Emjedi	11	SAAW	CPT	24/11/2023 CTA A & B CHAMPS 2023
156	48.03 L	F	Emma du Toit	11	BULS	MAN	27/01/2024 Pelicans Gala 2024
157	48.41 L	F	Ella Adams	11	TYGE	CPT	10/02/2024 WCA-B Champs - 2024
158	48.75 L	P	Katelyn Ubogu	11	DORE	JHB	30/11/2023 CGA Championships 2023
159	48.80 L	F	Elmane' de Wet	11	BULS	MAN	06/12/2023 Free State Champs 2023
160	48.90 L	F	Naomi Pearson	11	VINE	CPT	18/11/2023 CTA QUALIFYING MEET 2
161	48.92 L	F	Sofia O'Leary	11	BON	EKU	24/11/2023 EGA Summer 4
162	49.06 L	P	Jenna Leppan	11	AZON	ETH	05/04/2024 SA Level 2 Regional Age Group Champs
163	49.07 L	F	Kensi-Anne Missing	11	AFIN	JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
164	49.12 L	F	Jessieka Faul	11	ASAC	CPT	10/02/2024 WCA-B Champs - 2024
165	49.16 L	F	Lize-Mari Vorster	11	WELL	GED	11/11/2023 Swartland Prestige Gala 2023
166	49.24 L	F	Kayla-Anne Walker	11	CYBE	CPT	10/02/2024 WCA-B Champs - 2024
167	49.38 L	F	Lienke Bester	11	HREF	BP	06/12/2023 NWS Championships 2023/24
168	49.39 L	F	Zia-Bella Engelbrecht	11	HTSA	CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
169	49.47 L	F	Mila Hinteregger	11	CA	EKU	26/01/2024 EGA Last Chance 2024



### Individual Top Times

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
170*	49.58	L	F	Grizelda Janse van Rensburg	11	NWUC	KKD	06/12/2023	NWS Championships 2023/24
170*	49.58	L	P	Tshegofatso Moabelo	11	BAS	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
172	49.73	L	P	Emma Gibson-Taylor	11	AZON	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
173	49.76	L	F	Dione Smit	11	ASAC	CPT	18/11/2023	CTA QUALIFYING MEET 2
174	49.90	L	F	Emma Grobler	11	KZNA	ETH	09/12/2023	Uthukela District Age group Gala
175	49.94	L	P	Andisani Ratshisusu	11	AA	JHB	30/11/2023	CGA Championships 2023
176	49.95	L	F	Mia (B) Venter	11	AWIN	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
177	49.96	L	F	Cayla Fourie	11	NAE	EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
178	50.05	L	P	Izeldi Van Niekerk	11	DOLFI	MPD	24/03/2024	SA Level 2 Regional Age Group Champs
179	50.06	L	P	Tamika Abbey	11	PER	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
180*	50.12	L	P	Bukata Mwanza	11	ESP	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
180*	50.12	L	P	Azania Mabaso	11	SOUL	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
180*	50.12	L	F	Nokutenda Tembo	11	KNYA	EDD	20/01/2024	EDEN 4th A-League Gala 2024
183	50.18	L	F	Lienke Van Wyk	11	BULS	MAN	13/10/2023	Pelicans Gala
184	50.21	L	F	Wilhandi Meyer	11	BULS	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
185	50.55	L	F	Sophie Kretzmann	11	HPPS	BUF	30/01/2024	Buffalo City Primary School Trials 2024
186	50.95	L	F	Hiranya Moodley	11	USH	KCD	02/12/2023	Stingrays Swim Champs 2023
187	51.25	L	F	Olwenvelo Ngema	11	FRA	KCD	27/01/2024	Ushaka Champs 2024
188	51.32	L	F	Mijone Beyers	11	SWIFT	EKU	28/10/2023	EGA Summer 2 2023
189	51.36	L	F	Lisasa Faltein	11	PEAS	NMA	15/12/2023	NMBA Championships 2023
190	51.58	L S	F	Jamie Els	11	AQDO	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
191	51.74	L	F	Amelia-Rose Schutlzler	11	USC	BUF	15/12/2023	NMBA Championships 2023
192	51.83	L	F	Alexia Dippenaar	11	BS	LLD	06/12/2023	Free State Champs 2023
193	51.97	L	F	Reatile Ntidi	11	PCS	KK	23/02/2024	NW School Championships 2024
194	52.12	L	F	Ndimenhle Bhengu	11	PSCP	UMD	24/11/2023	Westville-Seals LC Championships
195	52.34	L	F	Paige Oliphant	11	PAC	FSH	16/02/2024	NTS February Open Age Group 2024
196	52.43	L	F	Rachael Rodd	11	CASC	CPT	17/02/2024	Swartland Invitational Gala 2024
197	52.56	L	F	Mieke Jordaan	11	KTS		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
198*	52.60	L	F	Beate Van Niekerk	11	TUKS	FSH	02/02/2024	NTS Level 1+2 February Age Group
198*	52.60	L	F	Basse Molai	11	BULS	MAN	02/03/2024	FSA Level 1 2024
200	53.14	L	F	Leandi Liebenberg	11	SS	MPD	01/12/2023	Limpopo Champs
201	53.22	L	P	Racquelle Saporta	11	INFA	NMA	09/02/2024	Infinity Gala 2024
202	53.37	L	P	Le-May Van Zyl	11	ELRAS	WBD	24/03/2024	SA Level 2 Regional Age Group Champs
203	53.46	L	P	Paballo Nkosi	11	FAC	EKU	07/12/2023	EGA Summer Championships
204	53.58	L	F	Liane Muller	11	SUN	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
205	53.73	L	F	Sydney Howes	11	HREF	BP	21/10/2023	NWS Age Group 1 & 2 2023
206	54.25	L	F	Michaela Hirst	11	MCS	BP	23/02/2024	NW School Championships 2024
207	54.41	L	F	Makayla Stoltz	11	PER	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
208	54.62	L	F	Bonaventure Makore	11	ASAC	CPT	24/11/2023	CTA A & B CHAMPS 2023
209	54.72	L	F	Ming-Xi Tsai	11	AA	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
210	55.04	L S	F	Nellamari Fourie	11	AGAQ	QBD	05/10/2023	42nd Freda Barnard Invitational Gala
211	55.11	L	F	Leah Wentzel	11	MARL	CPT	17/02/2024	Swartland Invitational Gala 2024
212	55.18	L	F	Mia Smit	11	KSC	EZD	13/10/2023	MP AGE GROUP 2
213	55.22	L	F	Zizopho Ginindza	11	WWOL	FSH	02/03/2024	AG Level 1 Regional Age Group
214*	55.41	L	F	Retshepile Phalafala	11	MDOL	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
214*	55.41	L	F	Gianna Onkruid	11	UWCA	CPT	10/02/2024	WCA-B Champs - 2024
216	55.78	L	F	Emihle Mnuu	11	FRA	KCD	27/01/2024	Ushaka Champs 2024
217	56.09	L	F	Anja Arizon	11	UWCA	CPT	10/02/2024	WCA-B Champs - 2024
218	56.31	L	P	Olivia Renaud	11	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
219	56.45	L	F	Madeleine de Villiers	11	EXP	FSH	02/02/2024	NTS Level 1+2 February Age Group
220	56.90	L	F	Elihle Ntaka	11	UMSH	ETH	03/11/2023	EDA Age Group Gala 4 2023
221	57.00	L	F	Nicolene Filo	11	RFA	FSH	02/02/2024	NTS Level 1+2 February Age Group
222	57.29	L	P	Noluthando Nkosi	11	NSAD	EZD	01/12/2023	Mpumalanga Championships 2023
223	57.55	L	F	Taliyah Eveleigh	11	MCS	BP	23/02/2024	NW School Championships 2024
224	57.72	L	F	Larique Pretorius	11	KALA		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
225	58.00	L	F	Rifumo Mnisi	11	SWIFT	EKU	02/03/2024	AG Level 1 Regional Age Group
226	58.10	L	F	Erinn Mare	11	CPSC	FSH	19/01/2024	NTS Level 1+2 January Age Group 2024
227	58.32	L	F	Liné Schoeman	11	FISH	EDD	18/11/2023	Eden LC Champs 2023
228	58.48	L	F	Mosa Seboko	11	WSS	LLD	06/12/2023	Free State Champs 2023

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
229	58.78 L	F	Shayla Quin	11	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
230	58.82 L	F	Mabel Savage	11	GSA CPT	18/11/2023	CTA QUALIFYING MEET 2
231	58.93 L	F	Skyla Gaudin	11	FRA KCD	21/10/2023	Froggies Championships 2023
232	59.13 L	F	Khanyisa Mqeke	11	WELA LLD	02/03/2024	FSA Level 1 2024
233*	59.35 L	F	Kaylee Scheepers	11	LSWBA WB	27/01/2024	Limpopo School Champs
233*	59.35 L	F	Sanelisiwe Blose	11	FRA KCD	02/12/2023	Stingrays Swim Champs 2023
235	59.41 L	F	Machayda Titus	11	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
236	59.52 L	F	Miané Logan	11	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
237	59.56 L	F	Lana Du Toit	11	LSJM SKD	04/11/2023	Limpopo LS - Top 8 skole 2023
238	59.61 L	F	Karla Wolmarans	11	UPSK ZMD	13/01/2024	AGE GROUP 4 UPT 2024
239	59.64 L	F	Anathi Qamba	11	FAC EKU	24/11/2023	EGA Summer 4
240	59.86 L	F	Jessica Roets	11	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
241	59.92 L	F	Addison Bender	11	PSA ZLD	02/12/2023	Stingrays Swim Champs 2023
242	1:00.19 L	P	Wyllow Halse	11	CAMPB BUF	30/01/2024	Buffalo City Primary School Trials 2024
243	1:00.40 L	F	Elsa Massawe	11	BAS EKU	24/11/2023	EGA Summer 4
244	1:00.49 L	F	Menieke Rowe-Rowe	11	BULS MAN	16/02/2024	Neptunes Last chance Gala
245	1:00.58 L	F	Ava van der Mescht	11	DESA NMA	15/12/2023	NMBA Championships 2023
246	1:01.08 L	P	Marizelle Vermaak	11	HREF BP	06/12/2023	NWS Championships 2023/24
247	1:01.58 L S	F	Cara van Wyk	11	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
248	1:02.59 L	F	Boikgantsho Mwase	11	RBOT BPD	21/10/2023	NWS Age Group 1 & 2 2023
249	1:02.63 L	F	Ikageng Moloko	11	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
250	1:02.85 L	F	Ratang Tebeila	11	POLSC CCD	01/12/2023	Limpopo Champs
251	1:02.87 L	F	Entle Lehabe	11	TRAZ TSH	03/11/2023	NTS Level 1+2 November Age Group
252	1:03.26 L	F	Wangai Githiri	11	ONYX EKU	24/11/2023	EGA Summer 4
253	1:03.65 L	F	Amogelang Kutu	11	SS MPD	01/12/2023	Limpopo Champs
254	1:03.97 L	F	Liané Stoltz	11	UPL EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
255	1:07.16 L	F	Simingaye Shwababa	11	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
256	1:07.41 L	F	Imke Swanepoel	11	FISH EDD	17/02/2024	EDEN 5th A-League Gala 2024
257	1:07.60 L	P	Amelia Green	11	MAKO EKU	07/12/2023	EGA Summer Championships
258	1:07.73 L	F	Amy Cloete	11	UWCA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
259	1:08.16 L	F	Dominique Birkenstock	11	JAQ EKU	28/10/2023	EGA Summer 2 2023
260	1:08.48 L	F	Beersheba Negash	11	BARA EKU	02/03/2024	AG Level 1 Regional Age Group
261	1:08.72 L	F	Ruvarashe Mendu	11	INFA NMA	24/06/2023	PEA Winter Gala 2023
262	1:09.46 L	F	Carli Puth	11	LSB BP	23/02/2024	NW School Championships 2024
263	1:11.03 L	F	Khanya Ramone	11	CKDP KK	23/02/2024	NW School Championships 2024
264	1:13.11 L	F	Elri de Wet	11	STGR XRD	20/01/2024	AGE GROUP 5 KBY 2024
265	1:16.06 L	F	Nobuhle Hlophe	11	POLSC CCD	01/12/2023	Limpopo Champs
<b>Women 11-11 100 Fly</b>							
1	1:13.25 L	F	Shalea Hamilton	11	BEST NMA	19/04/2024	SA Schools Swimming Championship
2	1:14.96 L	F	Aqeelah Williams	11	WCA CPT	19/04/2024	SA Schools Swimming Championship
3	1:17.12 L	F	Chisi Magubbwi	11	MDOL JHB	30/11/2023	CGA Championships 2023
4	1:17.46 L	F	Xinyue Huang	11	NSFED	21/03/2024	SA Level 3 Regional Age Group
5	1:18.67 L	F	Arya De Sousa	11	TRAZ TSH	20/03/2024	SA Level 3 Regional Age Group
6	1:19.24 L	P	Emma Van Deventer	11	KZNA ETH	19/04/2024	SA Schools Swimming Championship
7	1:21.93 L	F	Shiloh Cruywagen	11	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
8	1:24.38 L	F	Carinke Wessels	11	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
9	1:26.01 L	F	Jazmin Anthony	11	PAQU CED	21/03/2024	SA Level 3 Regional Age Group
10	1:26.42 L	F	Wilhelmina Erasmus	11	LP CCD	19/04/2024	SA Schools Swimming Championship
11	1:26.68 L	P	Riley Haupt	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group
12	1:27.23 L	F	Christie Snyders	11	VALS FDD	21/03/2024	SA Level 3 Regional Age Group
13	1:27.80 L	F	Jadine Grobler	11	TKS WBD	24/03/2024	SA Level 2 Regional Age Group Champs
14	1:28.04 L S	P	Georgia Sabbagha	11	PAQU CED	14/12/2023	Western Cape LC-A Championship 2023
15	1:28.24 L	F	Olivia Meyburgh	11	CA EKU	07/12/2023	EGA Summer Championships
16	1:28.41 L	F	Erin Neumann	11	GSA CPT	24/06/2023	PEA Winter Gala 2023
17	1:29.12 L	F	Lily Hoar	11	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
18	1:29.26 L	P	Oyama Baqwa	11	SGUL ETH	21/03/2024	SA Level 3 Regional Age Group
19	1:29.55 L	F	Arabella Symington	11	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
20	1:29.62 L	F	Mikaela Lotz	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
21	1:30.13 L	F	Amelie Billson	11	CASC CPT	21/03/2024	SA Level 3 Regional Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
22	1:31.43 L	F	Alivia Nel	11	CRSC JHB	20/03/2024	SA Level 3 Regional	Age Group	
23	1:32.12 L	F	Mikayla Wilensky	11	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2		
24	1:32.30 L	P	Sisanda Palframan	11	SEAL UMD	21/03/2024	SA Level 3 Regional	Age Group	
25	1:32.66 L	F	Annabel Van Reenen	11	ACSA ETH	05/04/2024	SA Level 2 Regional	Age Group Champs	
26	1:33.54 L S	F	Anja Boshoff	11	TYGE CPT	14/12/2023	Western Cape LC-A	Championship 2023	
27	1:33.91 L	F	Mienke Kok	11	INFA NMA	09/02/2024	Infinity Gala 2024		
28	1:34.40 L	P	Nabeeha Raja	11	SPS BUF	19/04/2024	SA Schools Swimming	Championship	
29	1:34.94 L	F	Khalalelo Ratlhogo	11	ESP EKU	07/12/2023	EGA Summer	Championships	
30	1:37.33 L	F	Hope Churchman	11	SEAL UMD	16/02/2024	EDA Age Group	Gala 6 2024	
31	1:37.41 L	F	Liane Van Zyl	11	UPSK ZMD	26/03/2024	SA Level 2 Regional	Age Group Champs	
32	1:37.58 L	F	Oyama Tuta	11	PELIC MAN	26/03/2024	SA Level 2 Regional	Age Group Champs	
33	1:37.60 L	F	Taylor Ten Napel	11	BEAV ETH	27/01/2024	Ushaka Champs	2024	
34	1:38.07 L	P	Ruvarashe Chibharo	11	TYGE CPT	21/03/2024	SA Level 3 Regional	Age Group	
35	1:38.58 L	P	Ayvah Jacob	11	HASC JHB	20/03/2024	SA Level 3 Regional	Age Group	
36	1:38.78 L	F	Lumka Zamisa	11	PWC BP	23/02/2024	NW School	Championships 2024	
37	1:39.81 L	F	Jessica Jansen van Vuuren	11	SEAL UMD	24/11/2023	Westville-Seals	LC Championships	
38	1:39.95 L	F	Victoria Meyburgh	11	CA EKU	15/09/2023	EGA Summer	1	
39	1:40.19 L	F	Hlumisa Mfabe	11	CPRIM BUF	30/01/2024	Buffalo City Primary	School Trials 2024	
40	1:40.58 L	F	Danika Steyn	11	KSC EZD	01/12/2023	Mpumalanga	Championships 2023	
41	1:41.79 L	P	Inge Du Plessis	11	SS MPD	20/03/2024	SA Level 3 Regional	Age Group	
42	1:42.58 L	F	Kathryn Nolan	11	MDOL JHB	20/01/2024	CGA Level 2+	Gala 20 Jan 2024	
43	1:43.63 L	P	Brooklyn Terwin	11	USC BUF	21/03/2024	SA Level 3 Regional	Age Group	
44	1:44.64 L	F	Morgan Kaschula	11	SPS BUF	17/02/2024	Eastern Cape	School Trials 2024	
45	1:44.73 L	F	Helene de Bruyn	11	BULS MAN	03/02/2024	Heidedal Welkom	Gala 2	
46	1:45.74 L	F	Mienke Kok	11	INFA NMA	24/06/2023	PEA Winter	Gala 2023	
47	1:46.14 L S	F	Lia van Heerden	11	BS LLD	06/12/2023	Free State	Champs 2023	
48	1:47.27 L	F	Summer Moonsamy	11	BEAV ETH	05/04/2024	SA Level 2 Regional	Age Group Champs	
49	1:47.30 L S	F	Jaime Sprong	11	ASAC CPT	24/11/2023	CTA A & B	CHAMPS 2023	
50	1:48.67 L	F	Laila Christie	11	CPRIM BUF	30/01/2024	Buffalo City Primary	School Trials 2024	
51	1:48.76 L	F	Janel Van der Merwe	11	PRA GSD	24/03/2024	SA Level 2 Regional	Age Group Champs	
52	1:48.87 L	F	Rorisang Monareng	11	BLNE MAN	26/03/2024	SA Level 2 Regional	Age Group Champs	
53	1:49.57 L	F	Emma Ristow	11	USC BUF	17/02/2024	Eastern Cape	School Trials 2024	
54	1:49.96 L	F	Marni Snyman	11	ELRAS WBD	01/12/2023	Limpopo	Champs	
55	1:51.89 L	F	Mattae Morel	11	SWIFT EKU	15/09/2023	EGA Summer	1	
56	1:52.01 L	F	Lea du Plooy	11	PSA ZLD	02/12/2023	Stingrays Swim	Champs 2023	
57	1:52.78 L	F	Grizelda Janse van Rensburg	11	NWUC KKD	26/03/2024	SA Level 2 Regional	Age Group Champs	
58	1:53.01 L	F	Zahraa Essack	11	ATLA JHB	02/03/2024	AG Level 1	Regional Age Group	
59	1:53.76 L	F	Lika Baird	11	GHS BP	23/02/2024	NW School	Championships 2024	
60	1:54.27 L	F	Mia Witbooi	11	RETR CPT	17/02/2024	Swartland	Invitational Gala 2024	
61	1:54.72 L S	F	Areli Muyaka	11	HARB BPD	06/12/2023	NWS	Championships 2023/24	
62	1:55.08 L	F	Hester Janse van Rensburg	11	NWUC KKD	26/03/2024	SA Level 2 Regional	Age Group Champs	
63	1:55.99 L	P	Suhanna White	11	AQUA BUF	05/04/2024	SA Level 2 Regional	Age Group Champs	
64	1:56.17 L	F	Alexia Dippenaar	11	BS LLD	26/03/2024	SA Level 2 Regional	Age Group Champs	
65	1:56.52 L	F	Rirhandzu Chauke	11	DORE JHB	24/02/2024	CGA Level 2+	Last Chance Gala 24 Feb	
66	1:58.55 L	F	Andisani Ratshisusu	11	AA JHB	27/01/2024	CGA Level 2+	Gala 27 Jan 2024	
67	2:01.59 L	F	Izeldi Van Niekerk	11	DOLFI MPD	01/12/2023	Limpopo	Champs	
68	2:01.86 L	F	Sophie Kretzmann	11	HPPS BUF	30/01/2024	Buffalo City Primary	School Trials 2024	
69	2:03.62 L S	F	Livia Vancoillie	11	QUIC CPT	24/11/2023	CTA A & B	CHAMPS 2023	
70	2:09.87 L	F	Amelia-Rose Schutler	11	CPRIM BUF	30/01/2024	Buffalo City Primary	School Trials 2024	
71	2:14.31 L	F	Noluthando Nkosi	11	NSAD EZD	01/12/2023	Mpumalanga	Championships 2023	
72	2:21.14 L	F	Amogelang Kutu	11	SS MPD	01/12/2023	Limpopo	Champs	
73	2:26.36 L	F	Addison Bender	11	PSA ZLD	02/12/2023	Stingrays Swim	Champs 2023	
74	2:27.32 L	F	Boikgantsho Mwase	11	RBOT BPD	11/11/2023	NWS	Age Group 3 + 4	
<b>Women 11-11 200 Fly</b>									
1	2:57.54 L	F	Shalea Hamilton	11	BEST NMA	15/12/2023	NMBA	Championships 2023	
2	3:01.22 L	F	Aqeelah Williams	11	UWCA CPT	03/02/2024	CTA BRIAN	BUTTON Qualifying Meet	
<b>Women 11-11 100 IM</b>									
1	1:40.71 L	F	Sophie Kretzmann	11	HPPS BUF	28/10/2023	BCA 1st	Primary Schools Sprint Gala Oct	

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
2	1:42.90 L	F	Sienna Goedhals	11	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct	
3	1:43.98 L	F	Ella Warren	11	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct	
4	1:50.65 L	F	Leila Nell	11	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct	
5	2:01.77 L	F	Wyllow Halse	11	CAMBP BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct	
<b>Women 11-11 200 IM</b>								
1	2:42.86 L	F	Shalea Hamilton	11	BEST NMA	19/04/2024	SA Schools Swimming Championship	
2	2:48.59 L	P	Ava Bosch	11	BAS EKU	15/03/2024	SA National Junior Age Group	
3	2:50.27 L	F	Evie du Plessis	11	BLOT MAN	19/04/2024	SA Schools Swimming Championship	
4	2:51.59 L	F	Aqeelah Williams	11	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group	
5	2:53.45 L	F	Xinyue Huang	11	NSFED	21/03/2024	SA Level 3 Regional Age Group	
6	2:56.67 L	F	Carinke Wessels	11	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group	
7	2:58.27 L	F	Emma Van Deventer	11	KZNA ETH	19/04/2024	SA Schools Swimming Championship	
8	2:59.02 L	F	Erin Neumann	11	GSA CPT	24/06/2023	PEA Winter Gala 2023	
9	2:59.79 L	F	Roze Van Wyk	11	NSFED	21/03/2024	SA Level 3 Regional Age Group	
10	3:00.06 L	F	Mackenzie Raffle	11	CA EKU	20/03/2024	SA Level 3 Regional Age Group	
11	3:00.29 L	F	Alexis De Witt	11	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group	
12	3:01.47 L	F	Shiloh Cruywagen	11	SEAL UMD	24/11/2023	Westville-Seals LC Championships	
13	3:01.62 L	F	Jessica Jansen van Vuuren	11	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA	
14	3:02.26 L	P	Anna Horn	11	XCEL CPT	21/03/2024	SA Level 3 Regional Age Group	
15	3:02.82 L	F	Jasmine Woodburn	11	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group	
16	3:03.00 L	P	Georgia Sabbagha	11	PAQU CED	14/12/2023	Western Cape LC-A Championship 2023	
17	3:03.05 L	F	Grace Julies	11	XCEL CPT	21/03/2024	SA Level 3 Regional Age Group	
18	3:03.52 L	F	Megan Jacobs	11	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA	
19	3:03.96 L	F	Arya De Sousa	11	TRAZ TSH	22/09/2023	NTS Level 3+ September Age Group	
20	3:05.02 L	P	Chisi Magubbwi	11	MDOL JHB	30/11/2023	CGA Championships 2023	
21	3:05.15 L	P	Lumka Zamisa	11	MP EZD	19/04/2024	SA Schools Swimming Championship	
22	3:06.38 L	F	Christie Snyders	11	VALS FDD	21/03/2024	SA Level 3 Regional Age Group	
23	3:06.53 L	P	Oyama Baqwa	11	SGUL ETH	21/03/2024	SA Level 3 Regional Age Group	
24	3:06.78 L	F	Taylor Ten Napel	11	BEAV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA	
25	3:06.84 L	P	Barcelona Xaba	11	SASE JHB	20/03/2024	SA Level 3 Regional Age Group	
26	3:06.90 L	F	Mikaela Lotz	11	PAC TSH	20/03/2024	SA Level 3 Regional Age Group	
27	3:07.20 L	F	Arabella Symington	11	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs	
28	3:07.71 L	P	Anja Boshoff	11	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023	
29	3:07.79 L	P	Ruvarashe Chibharo	11	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group	
30	3:09.58 L	F	Alexis Visser	11	MAKO EKU	20/03/2024	SA Level 3 Regional Age Group	
31	3:09.65 L	P	Katherine Harrop-Allin	11	CSC TSH	20/03/2024	SA Level 3 Regional Age Group	
32	3:09.75 L	F	Wilhelmina Erasmus	11	ELRAS WBD	01/12/2023	Limpopo Champs	
33	3:09.97 L	P	Jazmin Anthony	11	PAQU CED	21/03/2024	SA Level 3 Regional Age Group	
34	3:10.86 L	P	Sophia Winterbach	11	ASA HLD	21/03/2024	SA Level 3 Regional Age Group	
35	3:10.89 L	P	Kathryn Nolan	11	MDOL JHB	30/11/2023	CGA Championships 2023	
36	3:12.42 L	F	Laila Christie	11	USC BUF	09/02/2024	Infinity Gala 2024	
37	3:12.91 L	P	Jua Jonker	11	POTC KKD	20/03/2024	SA Level 3 Regional Age Group	
38	3:13.38 L	P	Kylie Pringle	11	AFIN JHB	30/11/2023	CGA Championships 2023	
39	3:13.45 L	F	Milani Butau	11	BEST NMA	09/02/2024	Infinity Gala 2024	
40	3:13.65 L	F	Ineke Van Maarleveld	11	ACAQ CCD	01/12/2023	Limpopo Champs	
41	3:13.88 L	P	Olivia Nel	11	CLSC WCD	21/03/2024	SA Level 3 Regional Age Group	
42	3:14.07 L	P	Johané Burger	11	ROA EDD	21/03/2024	SA Level 3 Regional Age Group	
43	3:15.37 L	F	Amelie Billson	11	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023	
44	3:15.63 L	F	Nicolene Anderson	11	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs	
45	3:16.67 L S	P	Noa Sebastiao	11	TUKS TSH	12/12/2023	NTS Championships 2023	
46	3:17.67 L	F	Sisanda Palframan	11	SEAL UMD	24/11/2023	Westville-Seals LC Championships	
47	3:17.79 L	P	Khalalelo Ratlhogo	11	ESP EKU	20/03/2024	SA Level 3 Regional Age Group	
48	3:18.10 L	F	Annabel Van Reenen	11	ACSA ETH	05/04/2024	SA Level 2 Regional Age Group Champs	
49	3:18.19 L	F	Lily Hoar	11	KLOO ETH	21/01/2024	EDA Age Group Gala 5 2024	
50	3:18.20 L	P	Sarah-Kate Odendaal	11	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group	
51*	3:18.43 L	P	Rirhandzu Chauke	11	DORE JHB	30/11/2023	CGA Championships 2023	
51*	3:18.43 L	F	Alize Engelbrecht	11	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17	
53	3:18.54 L	P	Mikayla Jordaan	11	GREY CPT	21/03/2024	SA Level 3 Regional Age Group	
54	3:18.55 L	F	Emma Cullis	11	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023	

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
55	3:18.82	L	P	Victoria Meyburgh	11	CA EKU	20/03/2024	SA Level 3 Regional	Age Group
56	3:19.04	L S	F	Jadine Grobler	11	TKS WBD	24/03/2024	SA Level 2 Regional	Age Group Champs
57	3:19.42	L	P	Ayah Jacob	11	HASC JHB	30/11/2023	CGA Championships	2023
58	3:19.83	L	P	Jamie Els	11	AQDO CPT	21/03/2024	SA Level 3 Regional	Age Group
59	3:21.20	L	P	Sage Lindsay	11	CA EKU	07/12/2023	EGA Summer	Championships
60	3:21.66	L	P	Inge Du Plessis	11	SS MPD	20/03/2024	SA Level 3 Regional	Age Group
61	3:22.59	L S	F	Leane Nel	11	EXP TSH	24/03/2024	SA Level 2 Regional	Age Group Champs
62	3:23.16	L S	F	Isabella Vreenegoor	11	CRSC JHB	24/03/2024	SA Level 2 Regional	Age Group Champs
63	3:23.47	L S	F	Mikaela Van Heerden	11	TUKS TSH	24/03/2024	SA Level 2 Regional	Age Group Champs
64	3:24.18	L	F	Sophie Kretzmann	11	USC BUF	09/02/2024	Infinity Gala	2024
65	3:24.42	L	P	Mila Hinteregger	11	CA EKU	20/03/2024	SA Level 3 Regional	Age Group
66	3:25.14	L S	F	Zia Habib	11	MDOL JHB	24/03/2024	SA Level 2 Regional	Age Group Champs
67	3:25.26	L	P	Danika Steyn	11	KSC EZD	20/03/2024	SA Level 3 Regional	Age Group
68	3:25.27	L	P	Luah Theron	11	CSC TSH	20/03/2024	SA Level 3 Regional	Age Group
69	3:25.37	L	F	Nicoline Du Preez	11	NWUC KKD	06/12/2023	NWS Championships	2023/24
70	3:25.52	L	F	Hope Churchman	11	SEAL UMD	05/04/2024	SA Level 2 Regional	Age Group Champs
71	3:25.73	L	F	Lia van Heerden	11	BS LLD	26/03/2024	SA Level 2 Regional	Age Group Champs
72	3:25.87	L	F	Hlumisa Mfabe	11	USC BUF	24/11/2023	BCA Long Course	Championships 2023
73	3:26.25	L	P	Alivia Nel	11	CRSC JHB	20/03/2024	SA Level 3 Regional	Age Group
74	3:26.33	L S	F	Sophia Duggan	11	PEAS NMA	26/01/2024	6th A League	Gala 2024
75	3:26.52	L	F	Brooklyn Terwin	11	USC BUF	09/02/2024	Infinity Gala	2024
76	3:26.54	L	F	Sophia Hutchison	11	FAAC	13/01/2024	AGE GROUP 4	KBY 2024
77	3:26.80	L	P	Kate Chesire	11	MDOL JHB	30/11/2023	CGA Championships	2023
78	3:26.89	L	F	Morgan Kaschula	11	SPS BUF	17/02/2024	Eastern Cape School	Trials 2024
79	3:26.92	L	P	Emma Ristow	11	USC BUF	21/03/2024	SA Level 3 Regional	Age Group
80	3:27.04	L	F	Lara Ainslie	11	LINR JHB	17/02/2024	CGA Level 2+	Gala 17 Feb 2024
81	3:27.34	L S	F	Taylor-Rose Botes	11	CA EKU	24/03/2024	SA Level 2 Regional	Age Group Champs
82	3:28.45	L	F	Peighton Le Roux	11	SOUL EKU	24/11/2023	EGA Summer	4
83	3:28.65	L	P	Nee'lah Steyn	11	UWCA CPT	21/03/2024	SA Level 3 Regional	Age Group
84	3:28.75	L S	F	Mikayla Coleman	11	TCA EKU	24/03/2024	SA Level 2 Regional	Age Group Champs
85	3:29.15	L	F	Emilie Conradie	11	SAAW CPT	10/02/2024	WCA-B Champs	- 2024
86	3:29.18	L	F	Paige Jansen van Vuuren	11	SEAL UMD	24/11/2023	Westville-Seals	LC Championships
87	3:29.25	L	F	Tatum van Zijl	11	OHAN ILD	27/01/2024	Ushaka Champs	2024
88	3:29.57	L	F	Mienke Kok	11	INFA NMA	09/02/2024	Infinity Gala	2024
89	3:29.68	L	P	Destheonique Julius	11	KALA	26/03/2024	SA Level 2 Regional	Age Group Champs
90	3:30.02	L	F	Zethembiso Mbambo	11	PSCP UMD	24/11/2023	Westville-Seals	LC Championships
91	3:30.22	L	F	Mienke Kok	11	INFA NMA	24/06/2023	PEA Winter	Gala 2023
92	3:30.24	L	F	Gabrielle Brooks	11	INFA NMA	09/02/2024	Infinity Gala	2024
93	3:30.63	L	P	Phillipa Williams	11	SOUL EKU	20/03/2024	SA Level 3 Regional	Age Group
94	3:30.81	L S	F	Thalia Naidoo	11	SWIM1 JHB	24/03/2024	SA Level 2 Regional	Age Group Champs
95	3:31.42	L	F	Lara Rosenstrauch	11	HTSA CPT	10/02/2024	WCA-B Champs	- 2024
96	3:31.47	L	F	Jessica Arenz	11	MANT CPT	24/11/2023	CTA A & B	CHAMPS 2023
97	3:31.70	L	F	Nabeeha Raja	11	SPS BUF	17/02/2024	Eastern Cape School	Trials 2024
98	3:31.96	L	P	Chloe Rautenbach	11	UNI EZD	20/03/2024	SA Level 3 Regional	Age Group
99	3:32.15	L	F	Katryn Landsberg	11	INFA NMA	11/11/2023	5th A League	Gala 2023
100	3:32.44	L	F	Lienke Bester	11	HREF BP	06/12/2023	NWS Championships	2023/24
101	3:32.90	L	P	Olivia Meyburgh	11	CA EKU	20/03/2024	SA Level 3 Regional	Age Group
102	3:33.02	L	F	Saffiya Emjedi	11	SAAW CPT	10/02/2024	WCA-B Champs	- 2024
103	3:33.40	L	F	Jada Hendricks	11	TYGE CPT	10/02/2024	WCA-B Champs	- 2024
104	3:33.60	L	F	Sloan Warner	11	INFA NMA	21/10/2023	4th A League	Gala 2023
105*	3:33.72	L	F	Uma Pearson-Adams	11	SAAW CPT	21/01/2024	CTA BMEET	4
105*	3:33.72	L	F	Lara Van Veelen	11	TASC MPD	01/12/2023	Limpopo	Champs
107	3:33.98	L	F	Mattae Morel	11	SWIFT EKU	28/10/2023	EGA Summer	2 2023
108	3:34.19	L	F	Grace Johns	11	OHAN ILD	27/01/2024	Ushaka Champs	2024
109	3:34.21	L	P	Oyama Tuta	11	PELIC MAN	26/03/2024	SA Level 2 Regional	Age Group Champs
110	3:34.33	L S	F	Chamé De Bruin	11	TUKS TSH	24/03/2024	SA Level 2 Regional	Age Group Champs
111	3:34.62	L	F	Chenique Kooi	11	TUKS TSH	01/12/2023	2023 The Tshwane	Mayor's Gala
112	3:34.98	L	F	Isabelle Kent	11	BLMA CPT	10/02/2024	WCA-B Champs	- 2024
113	3:35.12	L S	F	Kyla Short	11	ESP EKU	24/03/2024	SA Level 2 Regional	Age Group Champs

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
114	3:35.14 L	F	Isabella Haldane	11	FISH EDD	18/11/2023	Eden LC Champs 2023
115	3:35.54 L	F	Tayla Scheepers	11	RFA TSH	03/11/2023	NTS Level 1+2 November Age Group
116	3:35.71 L	F	Gia Newkirk	11	TYGE CPT	21/01/2024	CTA BMEET 4
117	3:35.88 L	F	Mia Vorster	11	WELA LLD	27/10/2023	Neptune Prestige Gala
118	3:36.13 L	F	Rebecca Brauteseth	11	OHAN HLD	27/01/2024	Ushaka Champs 2024
119	3:36.26 L	P	Liane Van Zyl	11	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
120*	3:36.57 L S	F	Tshegofatso Moabelo	11	BAS EKU	24/03/2024	SA Level 2 Regional Age Group Champs
120*	3:36.57 L S	F	Makayla Stoltz	11	PER JHB	24/03/2024	SA Level 2 Regional Age Group Champs
122	3:37.27 L S	F	Isabella Knight	11	WATR JHB	24/03/2024	SA Level 2 Regional Age Group Champs
123	3:37.88 L	F	Charlotte Jones	11	SFSC CPT	03/02/2024	Winelands SL final
124	3:38.62 L	F	Annabella Venter	11	VRC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
125	3:38.65 L S	F	Riley Sanders	11	HPS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
126	3:38.93 L	F	Marni Snyman	11	ELRAS WBD	01/12/2023	Limpopo Champs
127	3:39.06 L	P	Hester Janse van Rensburg	11	NWUC KKD	26/03/2024	SA Level 2 Regional Age Group Champs
128	3:39.11 L	P	Jessica Caldeira	11	CRSC JHB	30/11/2023	CGA Championships 2023
129	3:39.41 L	F	Kirsten Cupido	11	VINE CPT	10/02/2024	WCA-B Champs - 2024
130	3:39.67 L	F	Olivia Kruger	11	QSAW CED	05/10/2023	42nd Freda Barnard Invitational Gala
131	3:39.91 L	F	Areli Muyaka	11	HARB BPD	06/12/2023	NWS Championships 2023/24
132	3:40.34 L	F	Elmane' de Wet	11	BULS MAN	06/12/2023	Free State Champs 2023
133	3:40.99 L	P	Helene de Bruyn	11	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
134	3:41.02 L	F	Kayla-Anne Walker	11	CYBE CPT	21/01/2024	CTA BMEET 4
135	3:41.04 L	F	Ivy Johnston	11	OHAN HLD	27/01/2024	Ushaka Champs 2024
136	3:41.21 L	F	Beate Van Niekerk	11	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
137	3:41.88 L	P	Abigail Paice	11	SOUL EKU	07/12/2023	EGA Summer Championships
138	3:42.16 L S	F	Janel Van der Merwe	11	PRA GSD	24/03/2024	SA Level 2 Regional Age Group Champs
139	3:42.38 L	F	Ava Grebe	11	CUHE OBD	21/01/2024	CTA BMEET 4
140	3:42.72 L	F	Clara Duvenage	11	CA EKU	02/03/2024	AG Level 1 Regional Age Group
141	3:42.77 L	F	Dané de Kock	11	LSM EZD	23/02/2024	NW School Championships 2024
142	3:43.36 L	F	Esme Bowes	11	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
143	3:44.83 L	F	Willow Makwakwa	11	WWOL TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
144	3:45.01 L	F	Anastacia Coelho	11	CA EKU	24/11/2023	EGA Summer 4
145	3:45.03 L	F	Racquelle Saporta	11	INFA NMA	05/10/2023	42nd Freda Barnard Invitational Gala
146	3:45.44 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023
147	3:45.47 L	F	Alexis Kalapac	11	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
148	3:47.23 L S	F	Bukata Mwanza	11	ESP EKU	24/03/2024	SA Level 2 Regional Age Group Champs
149	3:47.38 L	P	Elizabeth Willemse	11	VHD ZLD	05/04/2024	SA Level 2 Regional Age Group Champs
150	3:47.45 L	P	Rorisang Monareng	11	BLNE MAN	26/03/2024	SA Level 2 Regional Age Group Champs
151	3:47.65 L	F	Harley Knudsen	11	CA EKU	28/10/2023	EGA Summer 2 2023
152	3:47.96 L	F	Lika Baird	11	GHS BP	23/02/2024	NW School Championships 2024
153	3:48.35 L	F	Kensi-Anne Missing	11	AFIN JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
154	3:48.61 L	F	Ella Adams	11	TYGE CPT	10/02/2024	WCA-B Champs - 2024
155	3:48.84 L	F	Kalica Cornelissen	11	KTS	13/01/2024	AGE GROUP 4 KATHU 2024
156	3:48.94 L	P	Shelby Schoeman	11	SOUL EKU	07/12/2023	EGA Summer Championships
157	3:49.10 L S	F	Tamika Abbey	11	PER JHB	24/03/2024	SA Level 2 Regional Age Group Champs
158	3:49.47 L	F	Olivia Renaud	11	UNI EZD	02/02/2024	MP AGE GROUP 5 GALA
159	3:49.76 L	P	Summer Moonsamy	11	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
160	3:50.25 L	P	Grizelda Janse van Rensburg	11	NWUC KKD	26/03/2024	SA Level 2 Regional Age Group Champs
161	3:50.49 L	F	Anye Brink	11	QSAW CED	05/10/2023	42nd Freda Barnard Invitational Gala
162	3:50.70 L	F	Kayla Kleynhans	11	ROA EDD	18/11/2023	Eden LC Champs 2023
163	3:50.89 L	F	Megan Palmer	11	AFIN JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
164	3:50.91 L	F	Zoe Lambropoulos	11	TRAZ TSH	03/11/2023	NTS Level 1+2 November Age Group
165	3:51.00 L	F	Mali Louw	11	WELL CED	11/11/2023	Swartland Prestige Gala 2023
166	3:51.17 L	F	Jaime Sprong	11	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
167	3:51.51 L	F	Nelda Strijdom	11	SS MPD	01/12/2023	Limpopo Champs
168	3:51.98 L	F	Laura Muller	11	LINR JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
169*	3:52.32 L	F	Emily Van't Slot	11	BLMA CPT	21/01/2024	CTA BMEET 4
169*	3:52.32 L	F	Emily Van't Slot	11	BLMA CPT	21/01/2024	CTA BMEET 4
169*	3:52.32 L	F	Emily Van t Slot	11	BLMA CPT	21/01/2024	CTA BMEET 4
172	3:52.41 L	F	Paige Oliphant	11	PAC TSH	03/11/2023	NTS Level 1+2 November Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
173	3:52.92	L	F	Gia Stedall	11	WWOL	FSH 03/11/2023 NTS Level 1+2 November Age Group
174	3:53.39	L	F	Zanli Le Roux	11	AGAQ	QBD 05/10/2023 42nd Freda Barnard Invitational Gala
175	3:53.40	L	F	Lienke Van Wyk	11	BULS	MAN 27/01/2024 Pelicans Gala 2024
176	3:53.61	L S	F	Rebecca Sam	11	HPS	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
177	3:53.88	L	P	Sydney Howes	11	HREF	BP 06/12/2023 NWS Championships 2023/24
178*	3:53.97	L	F	Amelia-Rose Schutlzler	11	USC	BUF 09/02/2024 Infinity Gala 2024
178*	3:53.97	L	F	Juno Bouwer	11	TYGE	CPT 05/10/2023 42nd Freda Barnard Invitational Gala
180	3:54.53	L	F	Madeleine de Villiers	11	EXP	FSH 03/11/2023 NTS Level 1+2 November Age Group
181	3:54.55	L	F	Zoe Andrews	11	CA	EKU 02/03/2024 AG Level 1 Regional Age Group
182*	3:54.82	L	F	Mia Witbooi	11	RETR	CPT 18/11/2023 CTA QUALIFYING MEET 2
182*	3:54.82	L S	F	Anathi Qamba	11	FAC	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
184	3:54.90	L	F	Wilhandi Meyer	11	BULS	MAN 15/09/2023 Bull Sharks Annual Gala
185	3:54.92	L	F	Mijone Beyers	11	SWIFT	EKU 28/10/2023 EGA Summer 2 2023
186	3:55.03	L	F	Mia (B) Venter	11	AWIN	FSH 19/01/2024 NTS Level 1+2 January Age Group 2024
187	3:55.24	L	F	Summer Fang	11	PEAS	NMA 12/08/2023 Madibaz Swim Meet 2023
188	3:55.29	L S	F	Katelyn Naidoo	11	BON	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
189	3:55.41	L	F	Jaimey Shaw	11	PEAS	NMA 24/06/2023 PEA Winter Gala 2023
190	3:55.44	L	F	Bonaventure Makore	11	ASAC	CPT 21/01/2024 CTA BMEET 4
191	3:56.07	L	F	Wilmie Fourie	11	UPSK	ZMD 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
192	3:56.20	L	F	Emma du Toit	11	BULS	MAN 27/01/2024 Pelicans Gala 2024
193	3:56.38	L	F	Kenna Lilley	11	TYGE	CPT 18/11/2023 CTA QUALIFYING MEET 2
194	3:56.62	L S	F	Le-May Van Zyl	11	ELRAS	WBD 24/03/2024 SA Level 2 Regional Age Group Champs
195	3:56.93	L	F	Lexi Torlutter	11	SFSC	CPT 03/02/2024 Winelands SL final
196	3:57.06	L	F	Michaela Fourie	11	NSAD	EZD 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
197	3:57.20	L S	F	Liane Muller	11	INFA	NMA 26/01/2024 6th A League Gala 2024
198	3:57.70	L	F	Isabel Smith	11	HARL	BUF 10/02/2024 BCA Feb Age Group Gala 2024
199	3:57.71	L	F	Mia Smit	11	KSC	EZD 13/10/2023 MP AGE GROUP 2
200	3:57.94	L S	F	Alexa Steenkamp	11	CPSC	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
201	3:58.05	L	F	Lienka De Jager	11	BARR	CPT 17/09/2023 CTA BMEET 3
202	3:58.28	L	F	Lize-Mari Vorster	11	WELL	GED 11/11/2023 Swartland Prestige Gala 2023
203	3:58.35	L	F	Nellamari Fourie	11	AGAQ	QBD 05/10/2023 42nd Freda Barnard Invitational Gala
204	3:58.48	L	F	Nokutenda Tembo	11	KNYA	EDD 20/01/2024 EDEN 4th A-League Gala 2024
205	3:58.65	L	F	Cayla Fourie	11	NAE	EZD 01/12/2023 Mpumalanga Championships 2023
206	3:58.99	L	F	Qhanyiya Sizani	11	WWOL	FSH 03/11/2023 NTS Level 1+2 November Age Group
207	3:59.00	L	P	Mieke Jordaan	11	KTS	26/03/2024 SA Level 2 Regional Age Group Champs
208	3:59.23	L	F	Lisasa Faltein	11	PEAS	NMA 09/02/2024 Infinity Gala 2024
209	3:59.56	L	F	Livia Vancoillie	11	QUIC	CPT 24/11/2023 CTA A & B CHAMPS 2023
210	3:59.63	L	F	Emihle Mnunu	11	FRA	KCD 28/10/2023 KCDA October Age Group Gala 2023
211	3:59.73	L	F	Leandi Liebenberg	11	SS	MPD 21/10/2023 Limpopo Age Group 4
212	4:00.44	L	F	Dione Smit	11	GSA	CPT 17/09/2023 CTA BMEET 3
213	4:00.62	L	F	Entle Lehabe	11	TRAZ	FSH 02/02/2024 NTS Level 1+2 February Age Group
214	4:01.71	L	F	Reatile Ntidi	11	PCS	KK 23/02/2024 NW School Championships 2024
215	4:01.76	L	F	Alexia Dippenaar	11	BS	LLD 06/12/2023 Free State Champs 2023
216	4:02.13	L	F	Miané Logan	11	TUKS	FSH 29/09/2023 2023 OR Tambo Trials & NTS Oct AG
217	4:02.33	L	F	Michaela Hirst	11	MCS	BP 23/02/2024 NW School Championships 2024
218	4:02.56	L	F	Mila Barkhuysen	11	GREY	CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
219	4:02.98	L	F	Izeldi Van Niekerk	11	DOLFI	MPD 01/12/2023 Limpopo Champs
220	4:03.20	L	F	Aneeqah Engelbrecht	11	PAQU	GED 05/10/2023 42nd Freda Barnard Invitational Gala
221	4:03.38	L	F	Lene Klopfer	11	QUIC	CPT 11/11/2023 Swartland Prestige Gala 2023
222	4:03.78	L	F	Kaylee Scheepers	11	LSWBA	WB 27/01/2024 Limpopo School Champs
223	4:04.46	L	F	Karusha Gounder	11	LEGC	ETH 24/11/2023 Westville-Seals LC Championships
224	4:05.88	L	P	Emma Grobler	11	LAD	UTD 05/04/2024 SA Level 2 Regional Age Group Champs
225	4:05.91	L	F	Leah Wentzel	11	MARL	CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
226	4:08.25	L	F	Lerina Thomas	11	SWAR	WCD 17/02/2024 Swartland Invitational Gala 2024
227	4:08.61	L	F	Hiranya Moodley	11	USH	KCD 28/10/2023 KCDA October Age Group Gala 2023
228	4:10.48	L	F	Ming-Xi Tsai	11	AA	JHB 27/01/2024 CGA Level 2+ Gala 27 Jan 2024
229	4:10.78	L	F	Ziyada Tekle	11	HARL	BUF 24/11/2023 BCA Long Course Championships 2023
230	4:12.42	L	F	Emily Botha	11	ASAC	CPT 17/02/2024 Swartland Invitational Gala 2024
231	4:12.55	L	F	Ava van der Mescht	11	DESA	NMA 21/10/2023 4th A League Gala 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
232	4:12.66 L	F	Lheané Du Plessis	11	FISH EDD	20/01/2024	EDEN 4th A-League Gala 2024
233	4:12.96 L	F	Mabel Savage	11	GSA CPT	18/11/2023	CTA QUALIFYING MEET 2
234	4:14.26 L	F	Larike Pretorius	11	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
235	4:15.40 L	F	Paballo Nkosi	11	FAC EKV	02/03/2024	AG Level 1 Regional Age Group
236	4:16.82 L	F	Taliyah Eveleigh	11	MCS BP	23/02/2024	NW School Championships 2024
237	4:18.15 L	F	Hanaan Hendricks	11	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2
238	4:18.66 L	F	Dominique Birkenstock	11	JAQ EKV	02/03/2024	AG Level 1 Regional Age Group
239	4:19.35 L	F	Tahlia Roelofs	11	VHD ZLD	24/11/2023	Westville-Seals LC Championships
240	4:20.48 L	F	Erika Slabber	11	CASC CPT	17/02/2024	Swartland Invitational Gala 2024
241	4:22.21 L	F	Ratang Tebeila	11	POLSC CCD	01/12/2023	Limpopo Champs
242	4:23.66 L	F	Noluthando Nkosi	11	NSAD EZD	01/12/2023	Mpumalanga Championships 2023
243	4:28.02 L	F	Mosa Seboko	11	WSS LLD	18/11/2023	Valsrivier Gala
244	4:28.94 L	F	Suhanna White	11	AQUA BUF	09/12/2023	Uthukela District Age group Gala
245	4:29.26 L	F	Gianna Onkruid	11	UWCA CPT	21/01/2024	CTA BMEET 4
246	4:31.23 L	F	Wangai Githiri	11	ONYX EKV	24/11/2023	EGA Summer 4
247	4:32.54 L	F	Liné Schoeman	11	FISH EDD	21/10/2023	EDEN 2nd A-League Gala 2023
248	4:34.40 L	F	Nandile Shabalala	11	AQUA BUF	09/12/2023	Uthukela District Age group Gala
249	4:36.48 L	F	Cara van Wyk	11	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
250	4:37.44 L	F	Roaluswa Monenzhe	11	CKDP KK	23/02/2024	NW School Championships 2024
251	4:38.96 L	F	Azania Mabaso	11	SOUL EKV	26/01/2024	EGA Last Chance 2024
252	4:39.33 L	F	Dominic De Jager	11	USH KCD	28/10/2023	KCDA October Age Group Gala 2023
253	4:39.89 L	F	Karla Wolmarans	11	UPSK ZMD	10/02/2024	AGE GROUP 6 UPT - 2024
254	4:40.65 L	P	Retshepile Phalafala	11	MDOL JHB	30/11/2023	CGA Championships 2023
255	4:42.97 L	P	Amelia Green	11	MAKO EKV	07/12/2023	EGA Summer Championships
256	4:45.43 L	F	Zizopho Ginindza	11	WWOL FSH	03/11/2023	NTS Level 1+2 November Age Group
257	4:58.11 L	F	Dané Schoeman	11	FISH EDD	21/10/2023	EDEN 2nd A-League Gala 2023
258	5:00.87 L	F	Nobuhle Hlophe	11	POLSC CCD	01/12/2023	Limpopo Champs
259	5:08.21 L	F	Jessica Roets	11	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
260	5:09.70 L	F	Masego Monakedi	11	FISH EDD	17/02/2024	EDEN 5th A-League Gala 2024
261	6:23.37 L	F	Khumo Goeieman	11	KALA	02/12/2023	AGE GROUP 3 KATHU - 2023
<b>Women 11-11 400 IM</b>							
1	7:27.98 L	F	Nicoline Du Preez	11	LSM EZD	23/02/2024	NW School Championships 2024